Life&Style WEEKLY

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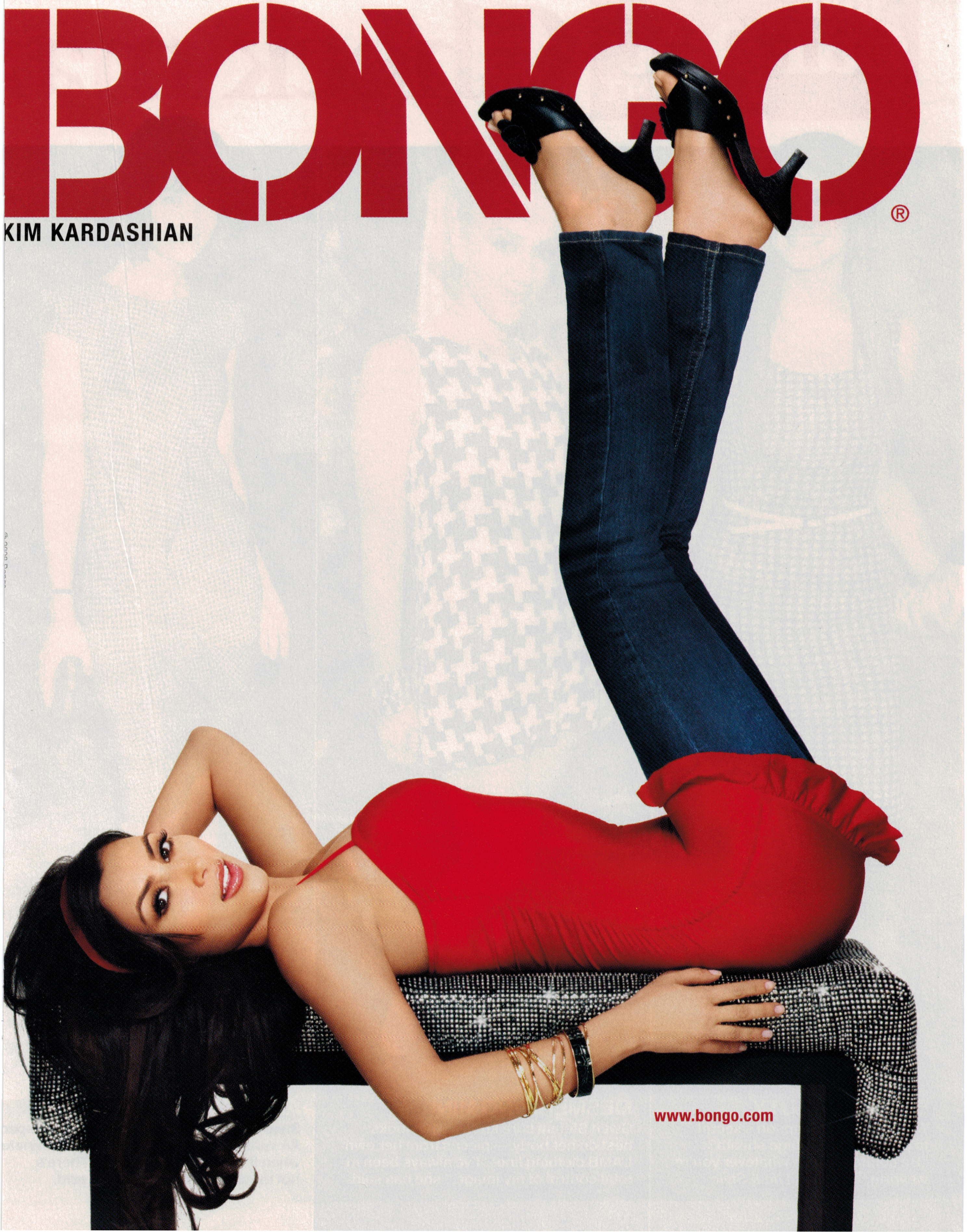
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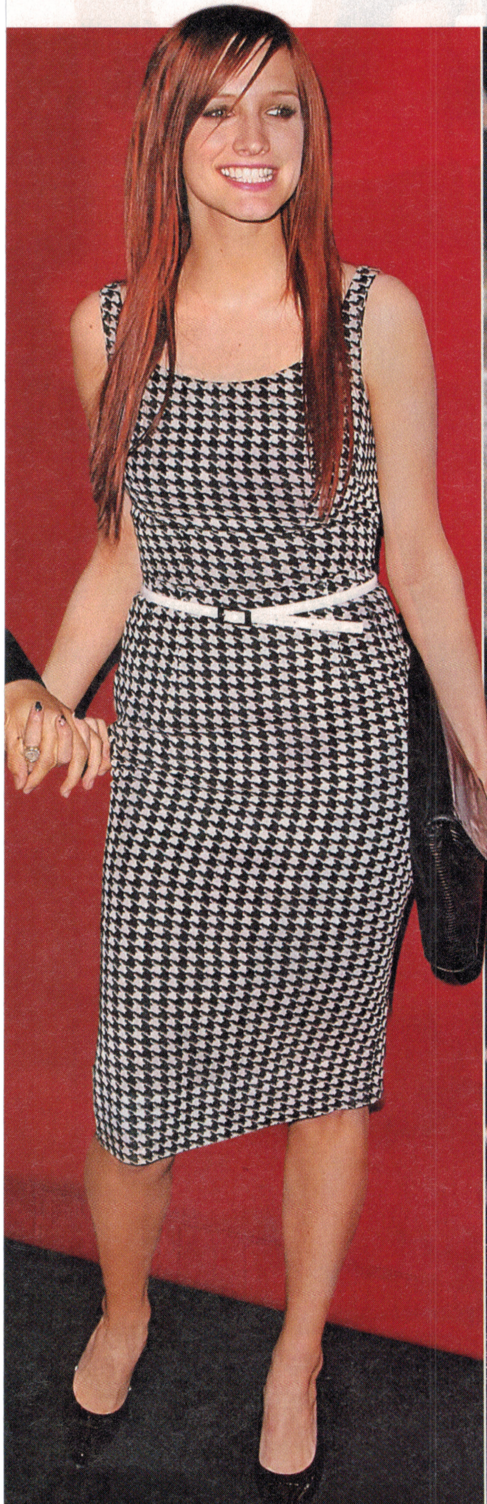
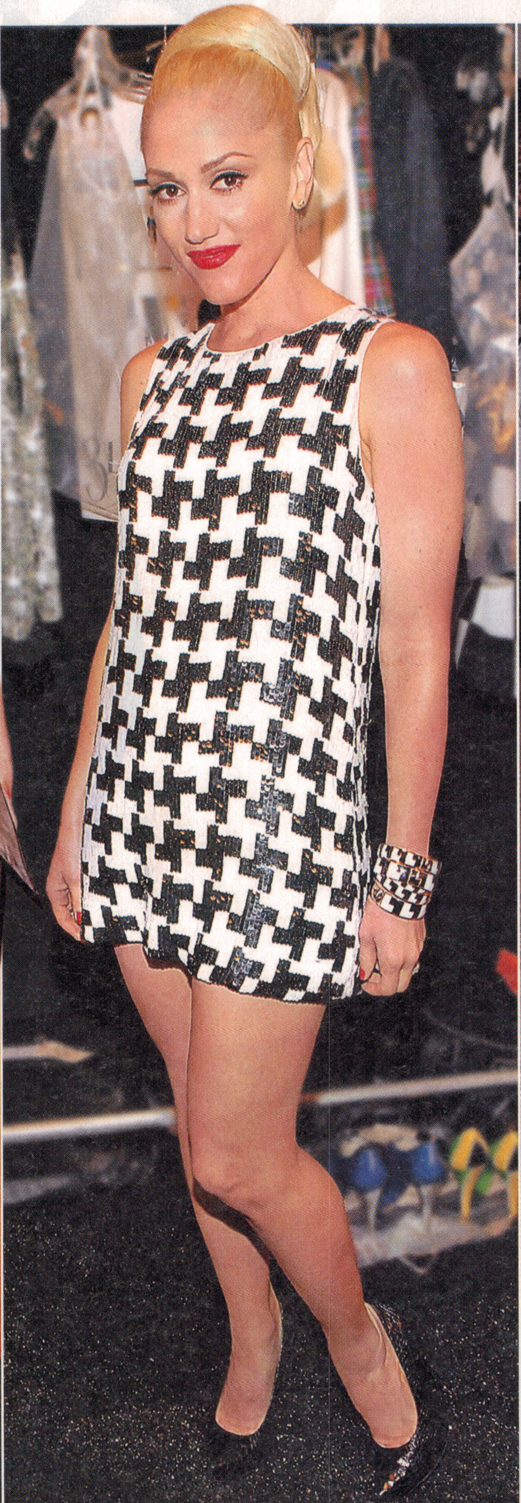


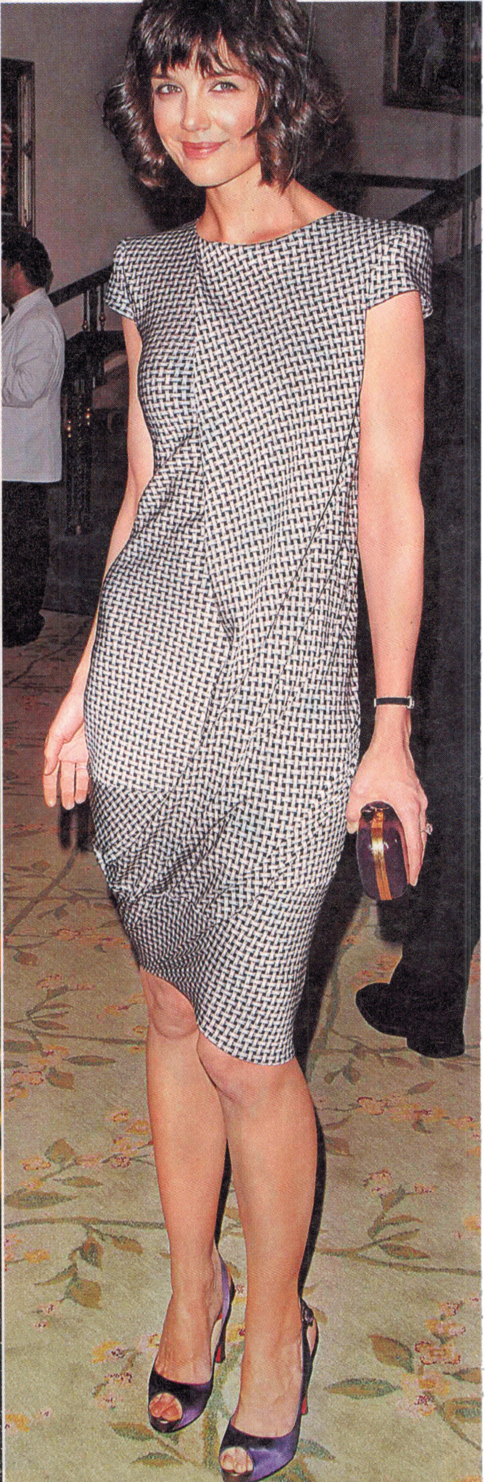
BELTED BEAUTY

What's Ashlee Simpson's secret to pulling off a vintage sheath? "Be comfortable in whatever you're wearing," she tells *Life & Style*.



MESMERIZING MINI

Gwen Stefani sure knows what looks best on her body — pieces from her own LAMB clothing line! "I've always been in total control of my image," she has said.



ASYMMETRICAL SWEETIE

Style maven Katie Holmes, here in a drape Alexander McQueen, doesn't discriminate when it comes to designers. "There's not much I don't enjoy," she's said.

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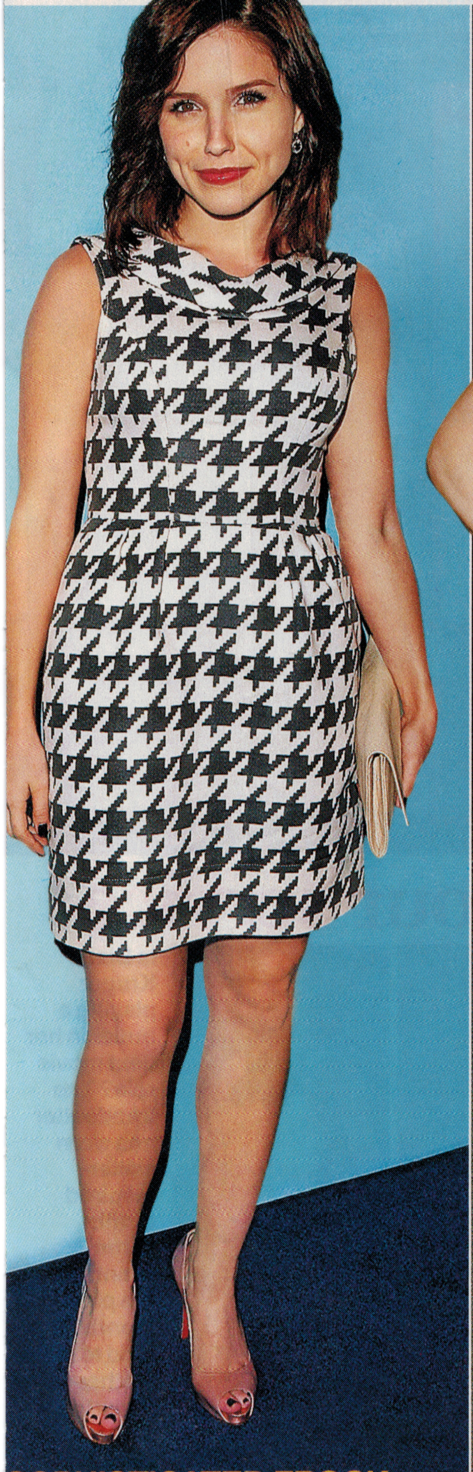
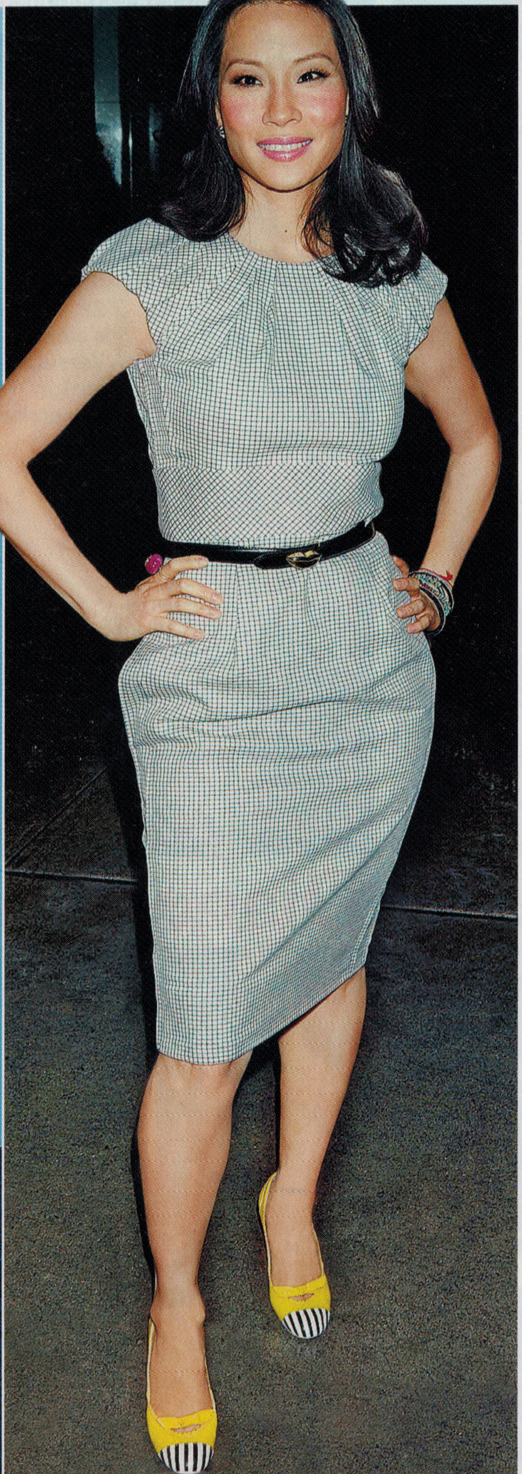


SOPHISTICATED FROCK

Putting on a trendy Thread Social dress is a treat for Sophia Bush. "I'm pretty casual during the day, so I like getting dressed up," she tells *Life & Style.*

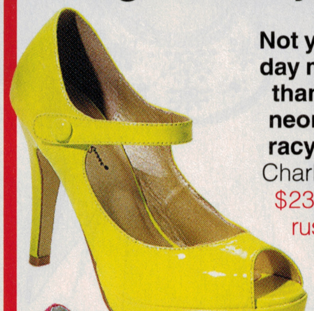


TIMELESS WITH A TWIST

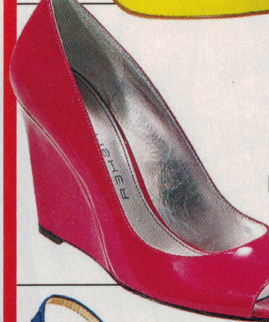
Lucy Liu showed her fashion prowess by jazzing up a sleek Gucci stunner with ultrafab Christian Lacroix pumps for an appearance on *Good Morning America.*

Finishing the look

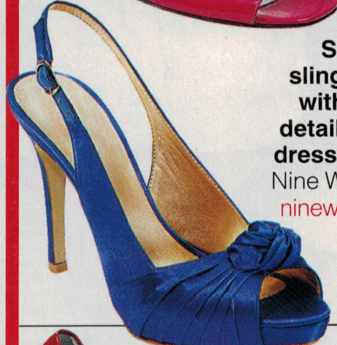
Crayola-color heels add a kick to classic black and white — and even look great with jeans



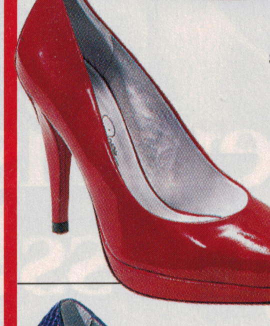
Not your every-day mary janes thanks to the neon hue and racy 4" heels! Charlotte Russe $23, charlotterusse.com



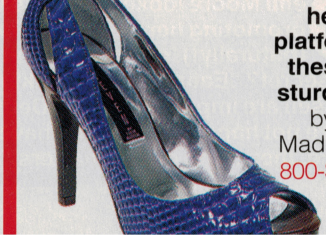
Wedge heels make these patent peep-toes almost as comfy as flats. Marc Fisher $79, macys.com



Satin slingbacks with knot details add a dressy touch. Nine West $89, ninewest.com



A roomy square toe box keeps feet happy — and fierce! Jessica Simpson $79, dillards.com



The stacked heel and platform make these super sturdy. Steven by Steve Madden $100, 800-SIRMADD

Demi is ageless!

Demi Moore looked flawless while promoting her new flick, *Flawless* (naturally!), on March 2 and 3 in Miami. Her secret? "Eating well and taking care of yourself are important," says Demi, 45. "But if you're not happy, if you don't have some inner peace, then none of that matters." Amen!

Jess copies J.Lo's pregnancy style

Mom-to-be Jessica Alba took a cue from another sexy mommy, Jennifer Lopez, at the French premiere of *The Eye* in Paris on March 4, choosing an ethereal Temperley London Empire-waist to mask her bump. "J.Lo is a huge star," she's said. Looks like Jess is following in her footsteps!

JESSICA'S INSPIRATION

Jennifer, who gave birth to twins Max and Emme on Feb. 22, wore a similar Versace look in December.

Diane at your service

Is Diane Kruger playing a butler in her next movie role? The trendsetter has worn waiter-inspired outfits to three events in the past month! "I tend to pick clothes I know work — classic pieces with a twist," says Diane. Talk about functional style.

In Chanel on Feb. 13, Diane gave new meaning to white-glove service.

What's missing from her Chanel look on Feb. 15? A tray of cocktails!

Diane — and her faux bow tie — were on hand at a Miami party on March 4.

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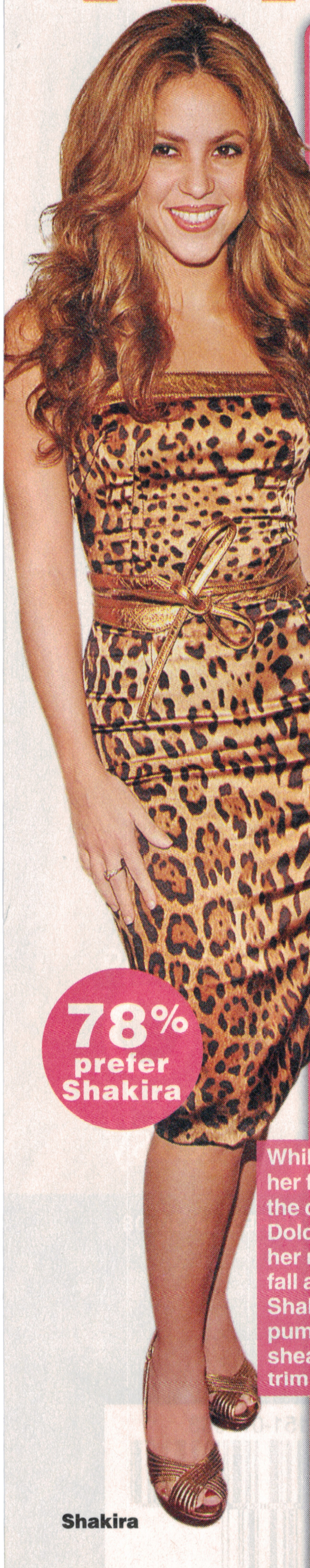
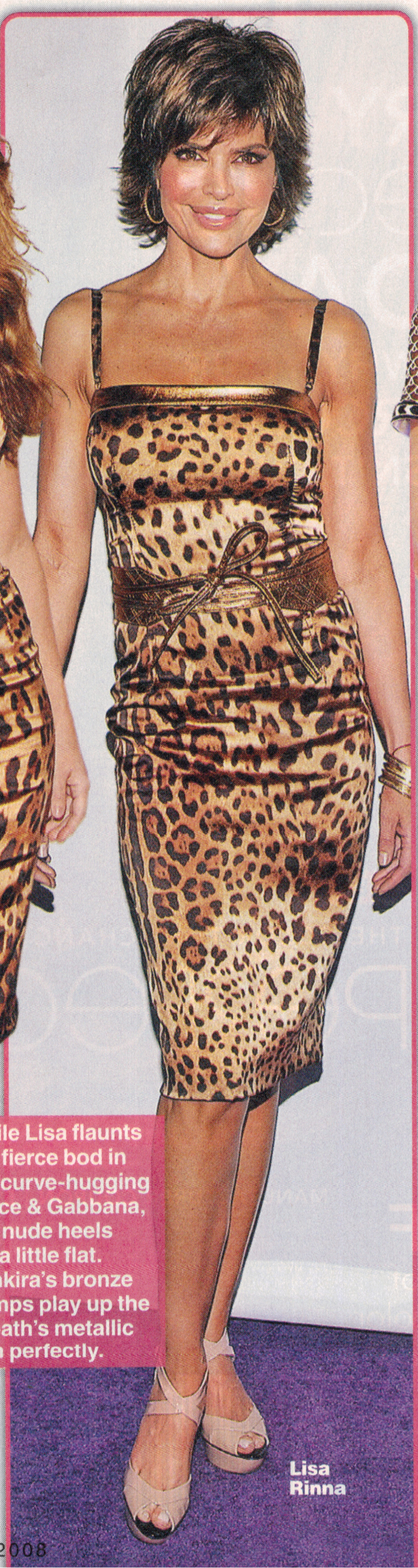
Stars caught wearing the same outfits!

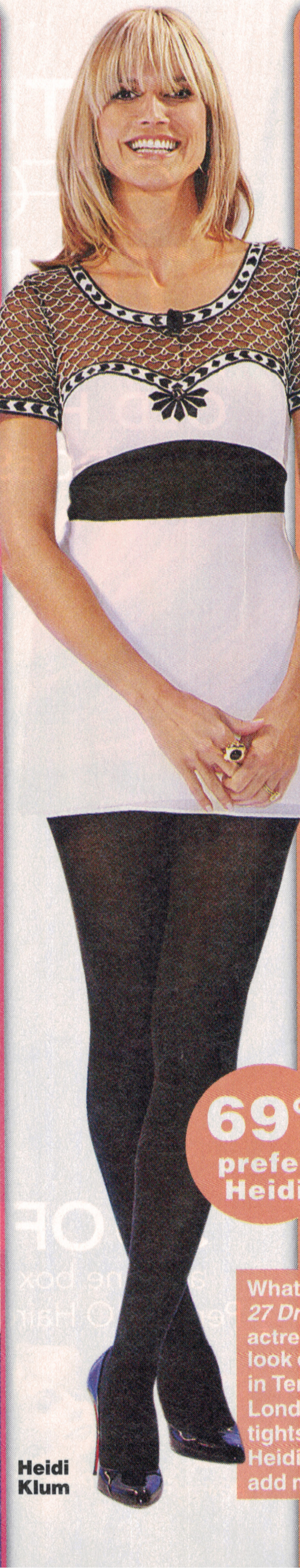
Who wears it


Shakira

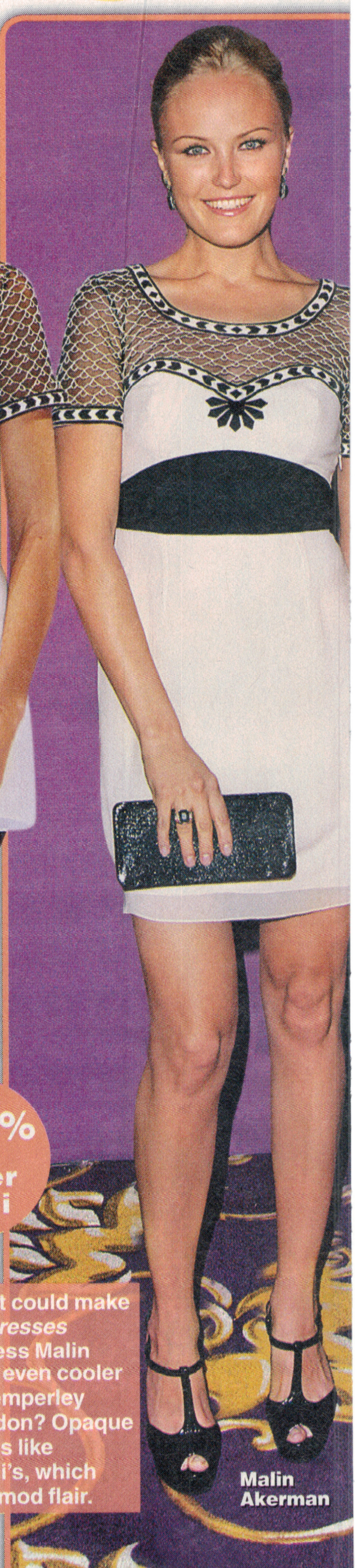
78% prefer Shakira


Lisa Rinna

While Lisa flaunts her fierce bod in the curve-hugging Dolce & Gabbana, her nude heels fall a little flat. Shakira's bronze pumps play up the sheath's metallic trim perfectly.

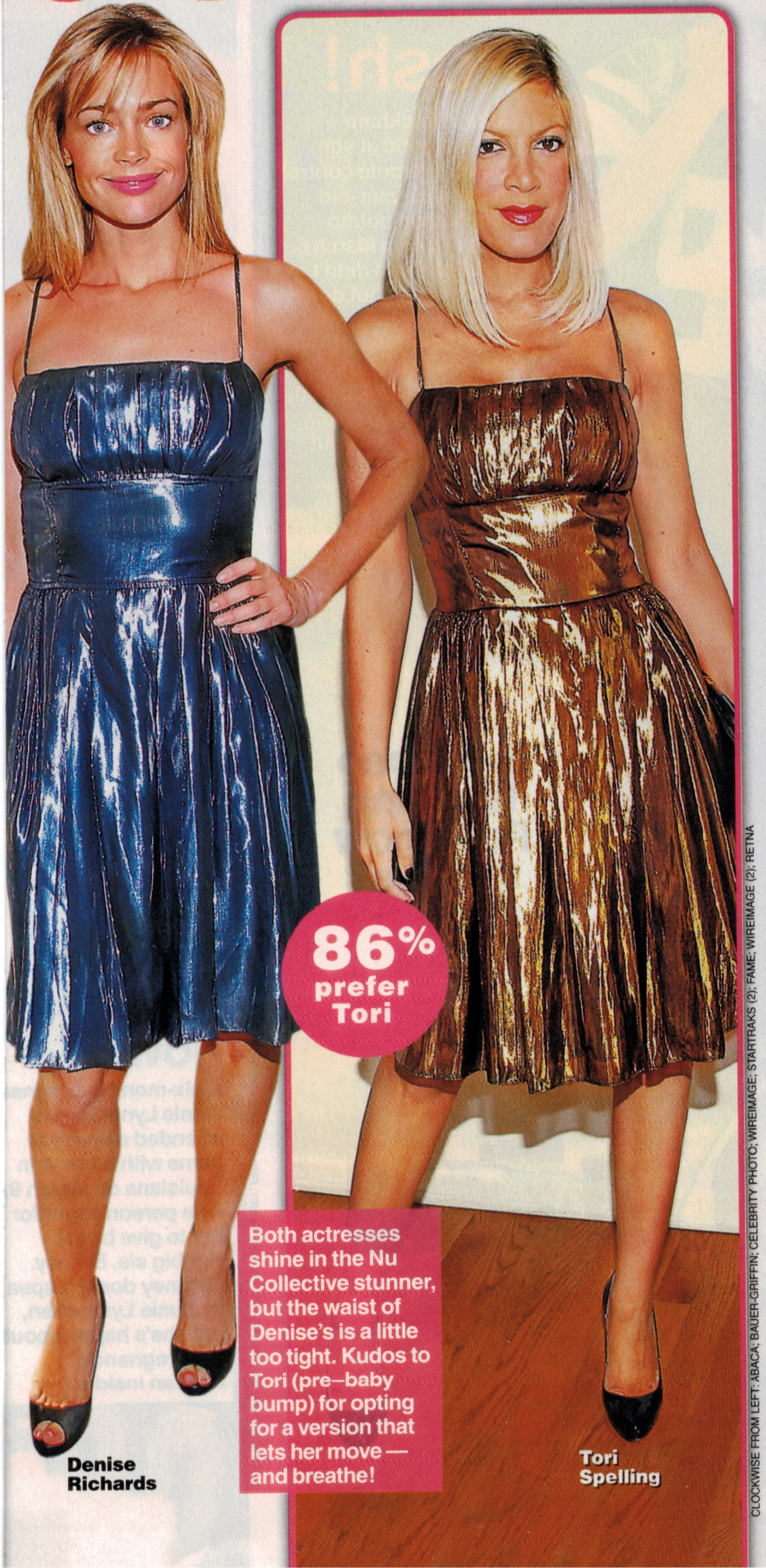

Heidi Klum

69% prefer Heidi


Malin Akerman

What could make *27 Dresses* actress Malin look even cooler in Temperley London? Opaque tights like Heidi's, which add mod flair.

best?

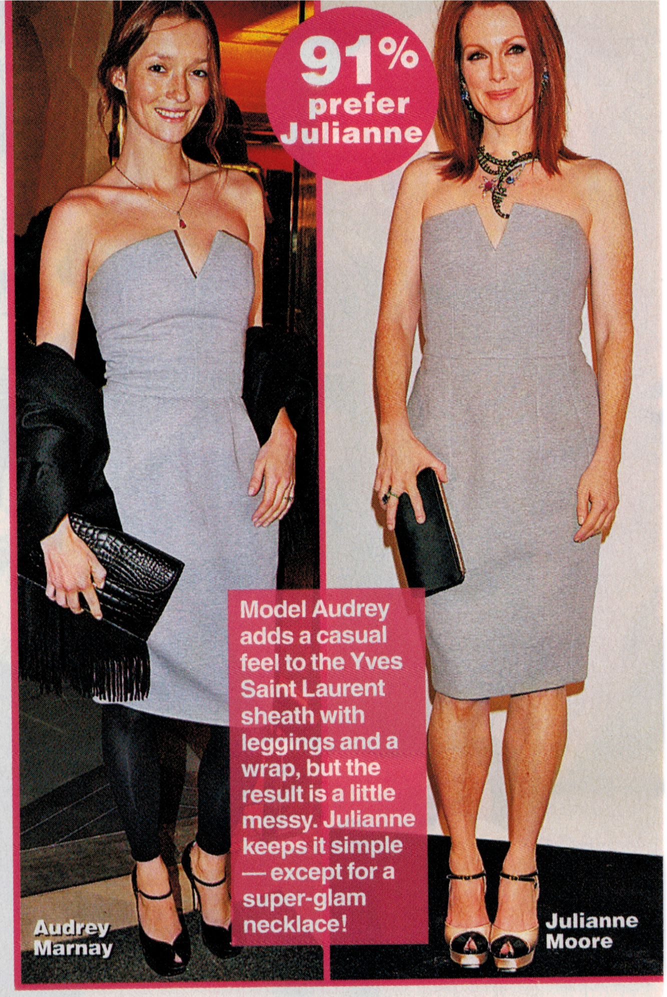


86% prefer Tori

Both actresses shine in the Nu Collective stunner, but the waist of Denise's is a little too tight. Kudos to Tori (pre–baby bump) for opting for a version that lets her move — and breathe!

Denise Richards

Tori Spelling

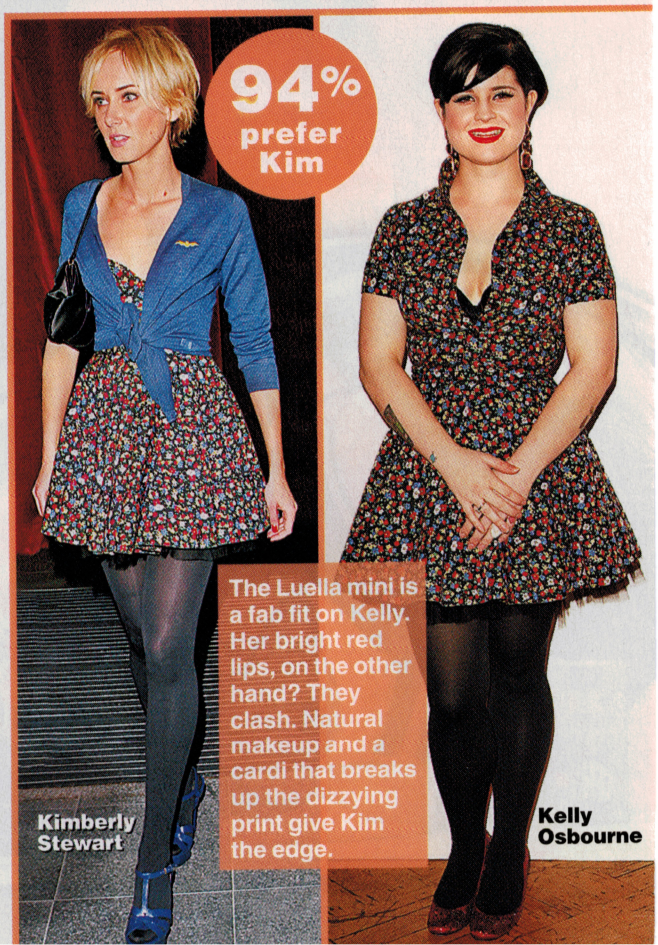


91% prefer Julianne

Model Audrey adds a casual feel to the Yves Saint Laurent sheath with leggings and a wrap, but the result is a little messy. Julianne keeps it simple — except for a super-glam necklace!

Audrey Marnay

Julianne Moore



94% prefer Kim

The Luella mini is a fab fit on Kelly. Her bright red lips, on the other hand? They clash. Natural makeup and a cardi that breaks up the dizzying print give Kim the edge.

Kimberly Stewart

Kelly Osbourne

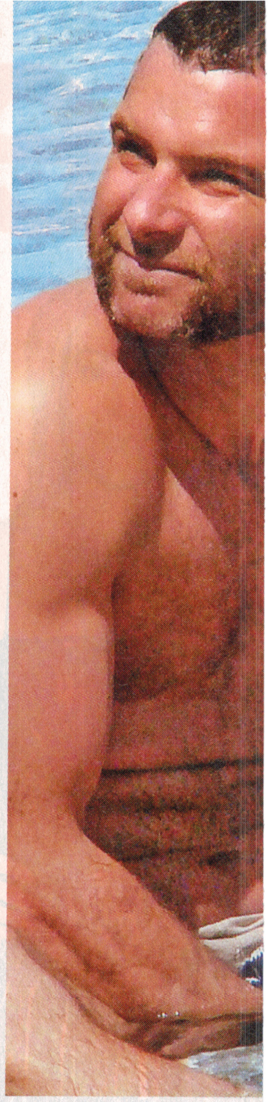
CLOCKWISE FROM LEFT: ABACA; BAUER-GRIFFIN; CELEBRITY PHOTO; WIREIMAGE; STARTRAKS (2); FAME; WIREIMAGE (2); RETNA

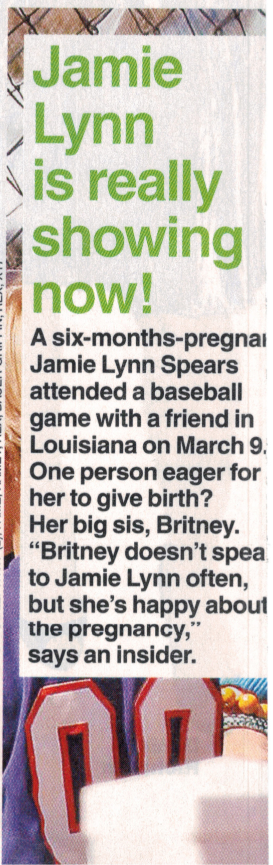
Don't break a nail, Posh!

Victoria Beckham tried her hand at son Romeo's remote control car as the 5-year-old munched on potato chips in LA on March 6. As usual, Posh didn't crack a smile, but don't be fooled by her serious demeanor. "I laugh a lot…even though people say I look bloody miserable," she says. Okay, we believe you!

Is Romeo teaching Posh how to drive?

Posh puckered up to 3-year-old Cruz.

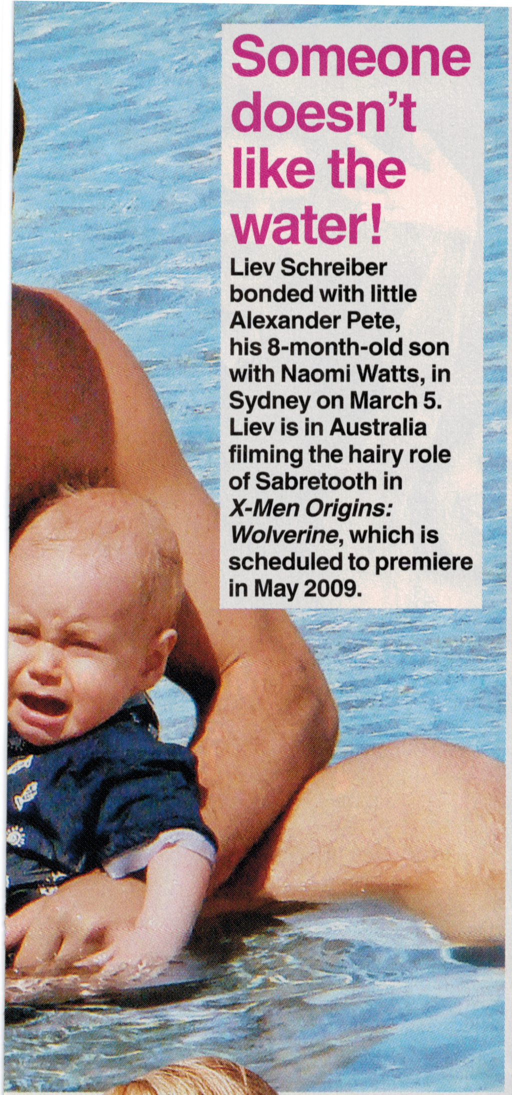




Jamie Lynn is really showing now!

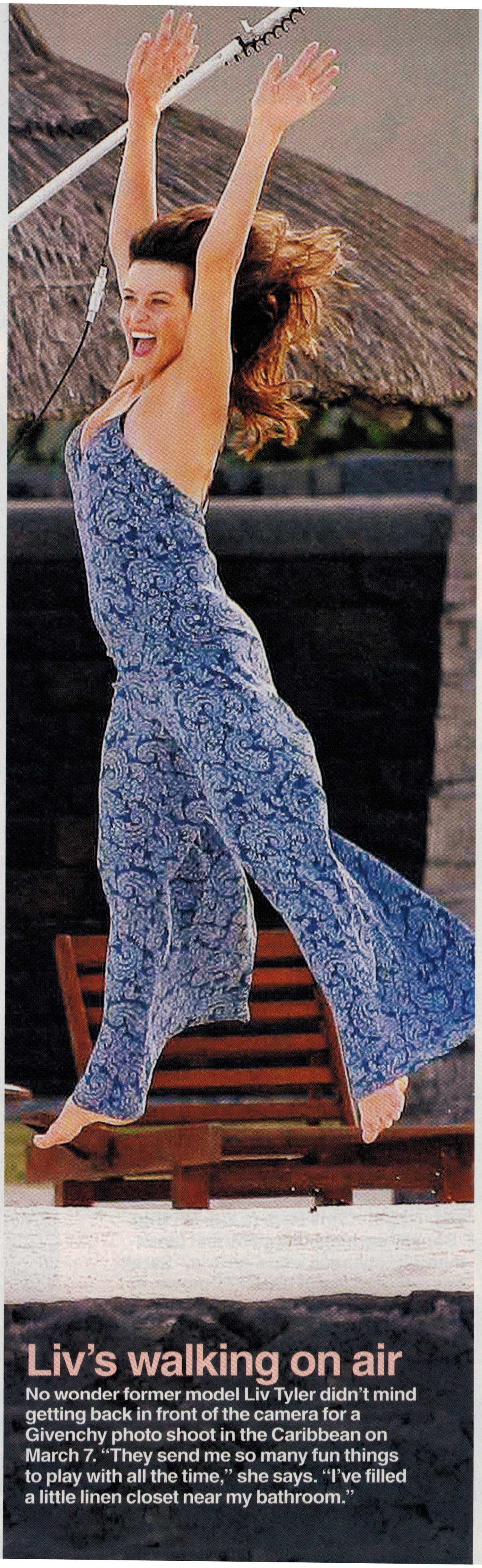
A six-months-pregna Jamie Lynn Spears attended a baseball game with a friend in Louisiana on March 9. One person eager for her to give birth? Her big sis, Britney. "Britney doesn't spea to Jamie Lynn often, but she's happy about the pregnancy," says an insider.

CLOCKWISE FROM BOTTOM LEFT: X17 (2); FAME; RAMEY; REX; BAUER-GRIFFIN; REX; X17



Someone doesn't like the water!

Liev Schreiber bonded with little Alexander Pete, his 8-month-old son with Naomi Watts, in Sydney on March 5. Liev is in Australia filming the hairy role of Sabretooth in *X-Men Origins: Wolverine*, which is scheduled to premiere in May 2009.



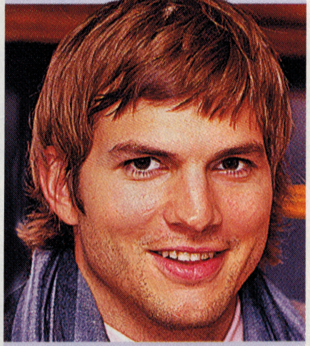
Liv's walking on air

No wonder former model Liv Tyler didn't mind getting back in front of the camera for a Givenchy photo shoot in the Caribbean on March 7. "They send me so many fun things to play with all the time," she says. "I've filled a little linen closet near my bathroom."

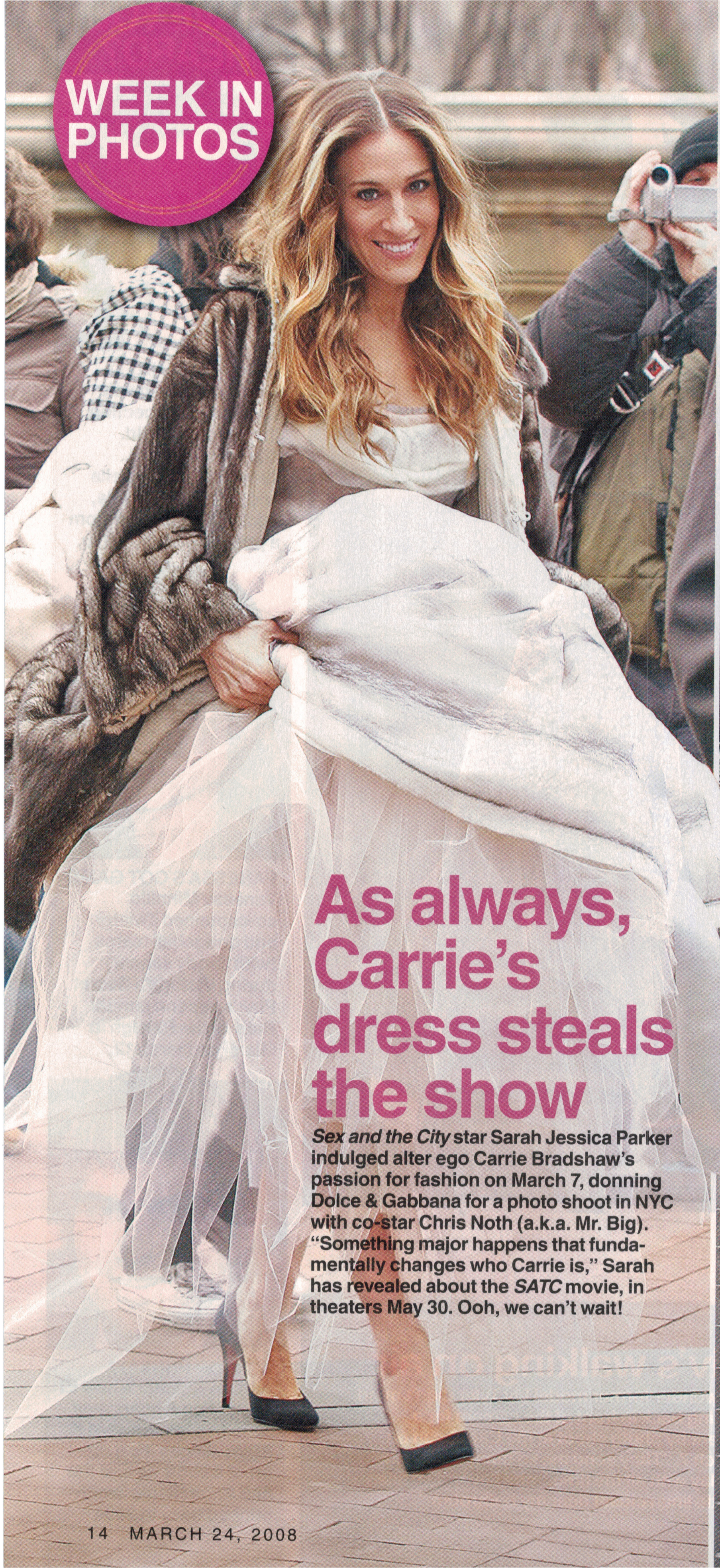
HAVE YOU HEARD?

CONGRATS, MATT!
Matt Damon and wife Luciana are expecting their second child. The baby will join 19-month-old Isabella and 9-year-old Alexia, Luciana's daughter from a previous relationship.

VANESSA'S GOT GAME
Vanessa Minnillo co-captained Twister and dodgeball teams (with Brody Jenner) during Victoria's Secret Pink's second annual Rally at the Raleigh in Miami on March 12.



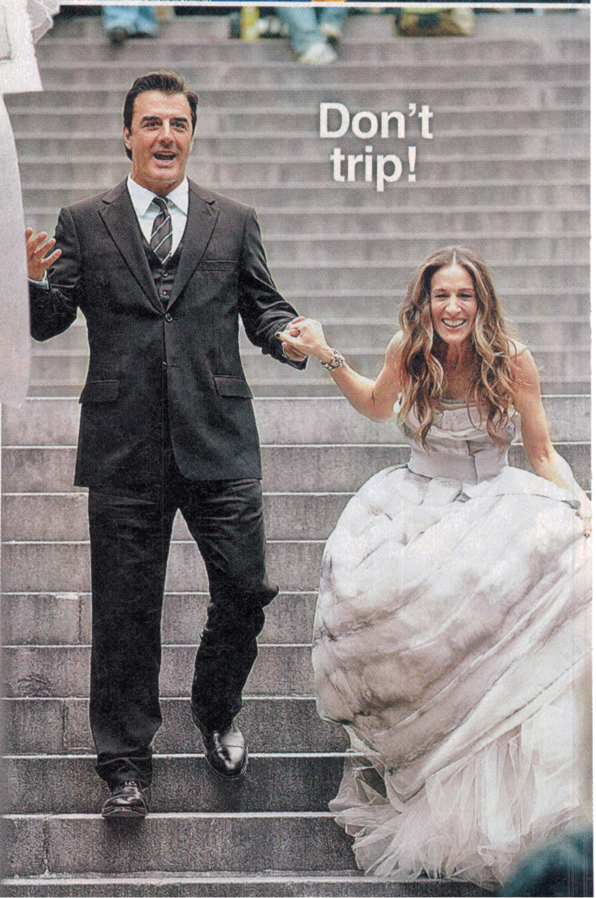
ASHTON PUNK'D?
Ashton Kutcher's new E! show, *Pop Fiction*, may be in trouble. Howard K. Stern alleges it's a rip-off of a show he and the late Anna Nicole Smith pitched back in 2004.



As always, Carrie's dress steals the show

Sex and the City **star Sarah Jessica Parker indulged alter ego Carrie Bradshaw's passion for fashion on March 7, donning Dolce & Gabbana for a photo shoot in NYC with co-star Chris Noth (a.k.a. Mr. Big). "Something major happens that fundamentally changes who Carrie is," Sarah has revealed about the *SATC* movie, in theaters May 30. Ooh, we can't wait!**

Mr. Big will always be her No. 1



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The Pill does not protect against HIV or other sexually transmitted diseases.

Some women should not use the Pill, including women who have blood clots; breast, uterine, or liver cancers; a history of heart attack, stroke, or breast cancer; and those who are or may be pregnant. Serious risks associated with the Pill which can be life threatening, include blood clots, stroke, and heart attacks.

Cigarette smoking increases the risk of serious adverse effects on the heart and blood vessels from oral contraceptive use, especially if you are over 35. Women who use the Pill are strongly advised not to smoke.

LYBREL provides more hormonal exposure per year than conventional cyclic oral contraceptives containing the same or similar strength of the hormones estrogen and progestin.

Because regular monthly bleeding does not occur on LYBREL, it may be difficult to recognize if you get pregnant. If you suspect pregnancy, or if you have symptoms such as nausea/vomiting or unusual breast tenderness, you should take a pregnancy test and contact your health care professional.

The most common side effects reported with LYBREL in a clinical trial were headaches, menstrual cramps, upper respiratory infection, vaginal bleeding, and nausea.

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This product (like all oral contraceptives) is intended to prevent pregnancy. Oral contraceptives do not protect against transmission of HIV (AIDS) and other sexually transmitted diseases (STDs) such as chlamydia, genital herpes, genital warts, gonorrhea, hepatitis B, and syphilis.

Oral contraceptives, also known as "birth-control pills" or "the pill," are taken to prevent pregnancy, and when taken correctly, have a failure rate of approximately 1-2% per year (1 to 2 pregnancies per 100 women per year of use) when used without missing any pills. The average failure rate of large numbers of pill users is approximately 5% per year (5 pregnancies per 100 women per year of use) when women who miss pills are included. However, forgetting to take pills considerably increases the chances of pregnancy.

Lybrel is a birth-control pill that is taken every day. When you take Lybrel, the lining of your uterus does not undergo the changes needed for menstruation, and therefore you do not have regular menstrual periods.

You are likely to have unscheduled or unplanned bleeding or spotting when you start to use Lybrel. The number of days each month with unscheduled bleeding and spotting usually decreases over time for the majority of women. When using Lybrel, the convenience of having no regular menstrual periods should be weighed against the inconvenience of unscheduled or unplanned breakthrough bleeding and spotting.

For the majority of women, oral contraceptives can be taken safely. However, there are some women who are at high risk of developing certain serious diseases that can be life-threatening or may cause temporary or permanent disability or death. The risks associated with taking oral contraceptives increase significantly if you:

- smoke
- have high blood pressure, diabetes, high cholesterol, or a tendency to form blood clots, or are obese
- have or have had clotting disorders, heart attack, stroke, angina pectoris, cancer of the breast or sex organs, jaundice, malignant or benign liver tumors, or major surgery with prolonged immobilization
- have headaches with neurological symptoms

You should not take the pill if you suspect you are pregnant or have unexplained vaginal bleeding.

Although cardiovascular disease risks may be increased with oral contraceptive use in healthy, non-smoking women over 40 (even with the newer low-dose formulations), there are also greater potential health risks associated with pregnancy in older women.

Cigarette smoking increases the risk of serious adverse effects on the heart and blood vessels from oral contraceptive use. This risk increases with age and with the amount of smoking (15 or more cigarettes per day has been associated with a significantly increased risk) and is quite marked in women over 35 years of age. Women who use oral contraceptives should not smoke.

Most side effects of the pill are not serious. The most common such effects are nausea, vomiting, unscheduled bleeding, weight gain, breast tenderness, and difficulty wearing contact lenses. These side effects, especially nausea and vomiting, may subside within the first three months of use.

The serious side effects of the pill occur very infrequently, especially if you are in good health and do not smoke. However, you should know that the following medical conditions have been associated with or made worse by the pill:

1. Blood clots in the legs (thrombophlebitis), lungs (pulmonary embolism), stoppage or rupture of a blood vessel in the brain (stroke), blockage of blood vessels in the heart (heart attack and angina pectoris) or other organs of the body. As mentioned above, smoking increases the risk of heart attacks and strokes and subsequent serious medical consequences. Women with migraine also may be at increased risk of stroke with pill use.
2. Liver tumors, which may rupture and cause severe bleeding. A possible, but not definite, association has been found with the pill and liver cancer. However, liver cancers are extremely rare. The chance of developing liver cancer from using the pill is thus even rarer.
3. High blood pressure, although blood pressure usually returns to normal when the pill is stopped.

The symptoms associated with these serious side effects are discussed in the detailed leaflet given to you with your supply of pills. Notify your health care provider if you notice any unusual physical disturbances while taking the pill.

In addition, drugs such as rifampin, as well as some anticonvulsants and some antibiotics, herbal preparations containing St. John's Wort (Hypericum perforatum), and HIV/AIDS drugs may decrease oral contraceptive effectiveness.

Various studies give conflicting reports on the relationship between breast cancer and oral contraceptive use.

Oral contraceptive use may slightly increase your chance of having breast cancer diagnosed, particularly if you started using hormonal contraceptives at a younger age.

After you stop using hormonal contraceptives, the chances of having breast cancer diagnosed begin to go down, and disappear 10 years after stopping use of the pill. It is not known whether this slightly increased risk of having breast cancer diagnosed is caused by the pill. It may be that women taking the pill were examined more often, so that breast cancer was more likely to be detected.

You should have regular breast examinations by a health care professional and examine your own breasts monthly. Tell your health care professional if you have a family history of breast cancer or if you have had breast nodules or an abnormal mammogram. Women who currently have or have had breast cancer should not use oral contraceptives because breast cancer is usually a hormone-sensitive tumor.

Some studies have found an increase in the incidence of cancer of the cervix in women who use oral contraceptives. However, this finding may be related to factors other than the use of oral contraceptives.

Taking the pill provides some important noncontraceptive benefits. These include less painful menstruation, fewer pelvic infections, and fewer cancers of the ovary and the lining of the uterus.

Be sure to discuss any medical condition you may have with your health care provider. Your health care provider will take a medical and family history before prescribing oral contraceptives and will examine you. The physical examination may be delayed to another time if you request it, and the health care provider believes that it is appropriate to postpone it. You should be reexamined at least once a year while taking oral contraceptives. The detailed patient information leaflet gives you further information which you should read and discuss with your health care provider.

What You Should Know About Your Menstrual Cycle When You Use Lybrel

You are likely to have unscheduled or unplanned bleeding or spotting when you start to use Lybrel. The number of days each month with bleeding or spotting usually decreases over time in the majority of women. In a study of Lybrel, about 5 out of 10 women had 7 or more days of bleeding or spotting while using their third 28-day pill pack of Lybrel. The number of women with 7 or more days of bleeding or spotting decreased to 3 out of 10 women during the use of their seventh pill pack. Among women who continued to use Lybrel for one year, about 6 out of 10 women had no bleeding or spotting during their last month of use. Do not stop taking Lybrel because of bleeding or spotting as this will increase your chance of getting pregnant. If the spotting or bleeding continues for more than 7 consecutive days or if the bleeding is heavy, call your health care provider.

Can I Get Pregnant While Taking Lybrel?

You are not likely to get pregnant if you take Lybrel at the same time everyday as directed by your health care provider. Because regular monthly bleeding does not occur on Lybrel, it may be difficult to recognize if you get pregnant. If you suspect that you may be pregnant, or if you have symptoms of pregnancy such as nausea/vomiting or unusual breast tenderness, you should have a pregnancy test and you should contact your health care professional. Stop taking Lybrel if you are pregnant.

PREGNANCY AFTER STOPPING THE PILL

If you do not desire pregnancy, you should use another method of birth control immediately after stopping Lybrel. You can get pregnant within days after stopping Lybrel.

For information on HOW TO TAKE Lybrel, including Important Points to Remember and WHAT TO DO IF YOU MISS PILLS, please see the Detailed Patient Labeling for Lybrel.

This product's label may have been updated. For current package insert and further product information, please visit www.wyeth.com or call our medical communications department toll-free at 1-800-934-5556.

Wyeth Pharmaceuticals Inc.
Philadelphia, PA 19101

This Brief Summary is based on LYBREL (90 mcg levonorgestrel and 20 mcg ethinyl estradiol) Tablets Prescribing Information.

W10523P002
ET02
Revised 05/07
216181-01

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WEEK IN PHOTOS

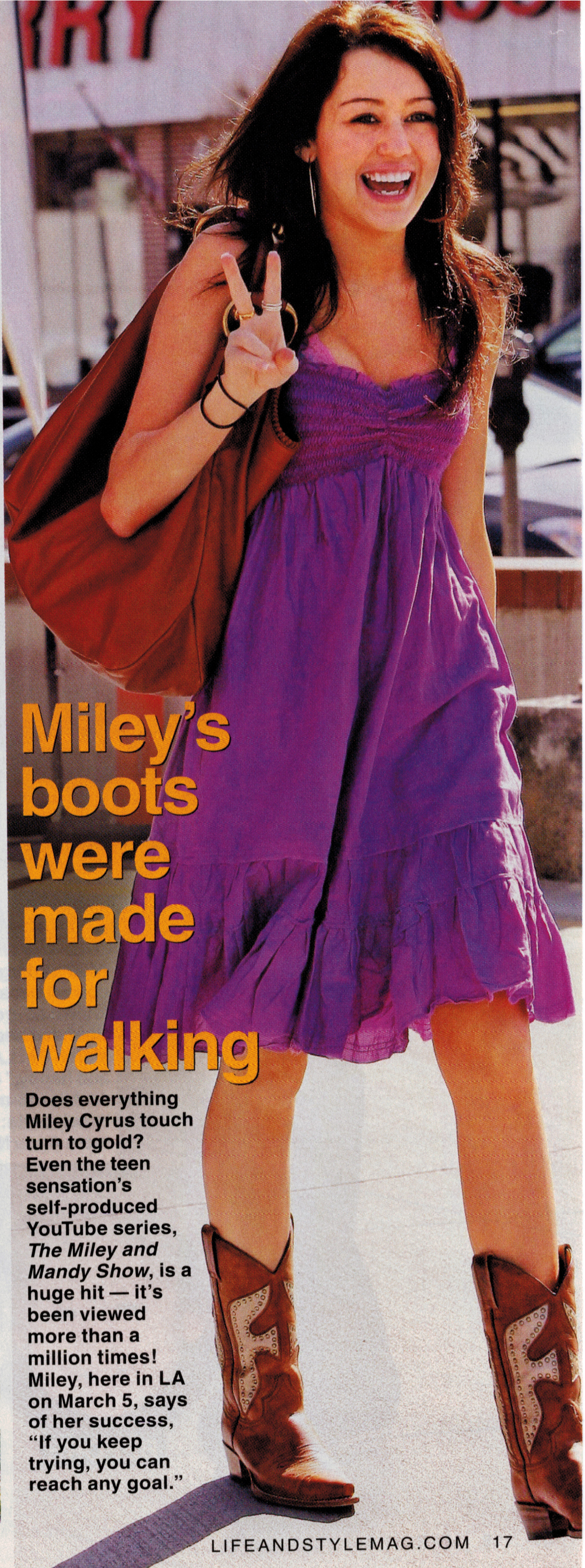
Are Kimora and Djimon expecting?

There may be a reason Kimora Lee Simmons and boyfriend Djimon Hounsou were beaming at the LA premiere of *Never Back Down* on March 4. Reports claim they have a baby on the way. It would be child No. 3 for Kimora, who has daughters Ming, 8, and Aoki, 5, with ex Russell Simmons.

Mischa channels Cher

Mischa Barton and her beau, Rooney guitarist Taylor Locke, went retro hippie in LA on March 6. But there's another look Mischa's dying to try: Supergirl's getup. "I'd love to wear the leotard," she has said of the upcoming movie role, for which she is said to be in the running.

It's Sonny and Cher!



Miley's boots were made for walking

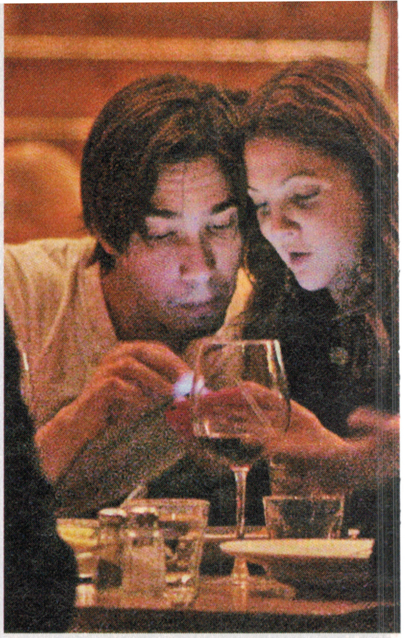
Does everything Miley Cyrus touch turn to gold? Even the teen sensation's self-produced YouTube series, *The Miley and Mandy Show*, is a huge hit — it's been viewed more than a million times! Miley, here in LA on March 5, says of her success, "If you keep trying, you can reach any goal."

CLOCKWISE FROM LEFT: INF; MIRRORPIX; WIREIMAGE; FAME

Dannielynn's new eyes

After undergoing surgery on Feb. 26 to correct her strabismus (commonly known as crossed eyes), Dannielynn Birkhead showed off her peeps on March 9 in LA. "She's really healthy and happy," dad Larry tells *Life & Style*. And the 16-month-old has even more to celebrate: She was recently named mom Anna Nicole Smith's sole heir.

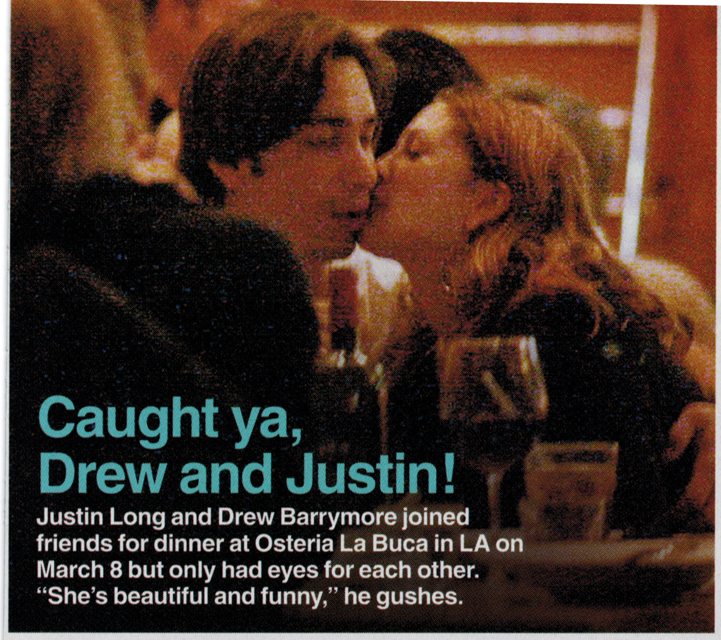
CLOCKWISE FROM BOTTOM LEFT: WENN; SPLASH; BAUER-GRIFFIN (2); FLYNET; WIREIMAGE; JFX; FAME; WENN



Tom and Katie also held hands awkwardly on Aug. 3, 2007.

Is that how Tom and Katie hold hands?

Date night for Katie Holmes and Tom Cruise consisted of dinner at Cut in LA on March 5, but it was their stiff exit that had people talking. "Tom's hold is aggressive and forceful," says body-language expert Patti Wood. "She depends on him, but she doesn't feel completely safe and relaxed."



Caught ya, Drew and Justin!

Justin Long and Drew Barrymore joined friends for dinner at Osteria La Buca in LA on March 8 but only had eyes for each other. "She's beautiful and funny," he gushes.

Ryan's tummy is so yummy

Talk about showing off a body of work! Ryan Phillippe sweat up a storm running up and down stairs at the UCLA sports center on March 5. "Ryan was there for about 45 minutes," says an eyewitness. "He didn't take a break — it was intense."

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WEEK IN PHOT

Friday, March
reality
HEIDI

As if one Heidi and Spencer weren't enough

Heidi Montag and Spencer Pratt only had eyes for, um, themselves, while hosting a party at Las Vegas nightclub LAX on March 7.

Kellogg's
Barbie
Cereal
Nutrition at a Glance

Who else would buy Barbie cereal?

Paris Hilton stocked up on groceries, including Barbie cereal, at an LA market on March 6. "She bought a ton of food, which she kept carrying to the check-out a few items at a time," says an onlooker.

FROM TOP: WIREIMAGE; SNAP-PIX

NEW!
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Swiss Formula
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Did Kingston eat that himself?

Gwen Stefani hit an LA farmers market with hubby Gavin Rossdale and 22-month-old Kingston on March 9. She chatted with other moms and treated Kingston to a pony ride. "It's such a miracle to have [a child]," the nearly five-months-pregnant singer has said.

Cute socks, Jim

Jim Carrey rocked his red socks, hamming it up with his favorite ladies, daughter Jane, 20, and girlfriend Jenny McCarthy, at the March 8 LA premiere of his film *Horton Hears a Who!*

CLOCKWISE FROM LEFT: PACIFIC COAST NEWS; WIREIMAGE; FAME; WIREIMAGE; AP; SPLASH; WIREIMAGE

Congrats, Madge!

Madonna was inducted into the Rock and Roll Hall of Fame by pal and collaborator Justin Timberlake in NYC on March 10. So what took so long? This was the first year she was eligible!

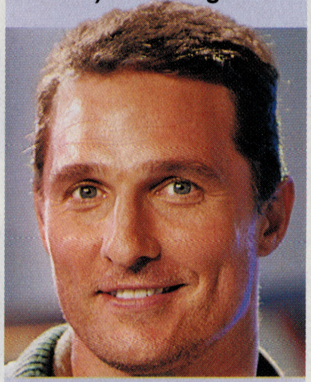
So *that's* what's under his scrubs!

Grey's Anatomy star Eric Dane and Owen Wilson cooled off in Miami on March 6 while filming a scene for their upcoming film, *Marley & Me*. No wonder they call him McSteamy!

HAVE YOU HEARD?

JESS' SIN CITY CONDO

Before heading off to serenade troops in Kuwait, Jessica Simpson bought a 1,200-square-foot condo at Palms Place residential resort (next to the Palms casino) in Las Vegas.



MATERIAL WORLD

Matthew McConaughey not only has a body for beachwear, he's selling it, too! His clothing line, J.K. Livin, features swim trunks and other beach apparel, available on his Web site this summer.

BROOKE'S BABY BOY

Brooke Burke finally added a boy to her brood of three girls. The star and her fiancé, David Charvet, welcomed a son on March 5.

HEATHER'S 911 DRAMA

Did Heather Locklear's doctor call 911 fearing for the actress' life?

Heather Locklear seems to have it all: a great career, a gorgeous home, a good-looking boyfriend. But her world became very scary on the night of March 8. The fire department and two paramedics raced to her house in Thousand Oaks, Calif., after her psychiatrist reportedly called 911 because he believed the former *Melrose Place* star might hurt herself. (Heather's rep denies that the psychiatrist made the call.)

"There were all these lights and sirens," Jen Hayes, a friend and neighbor of Heather's, tells *Life & Style*. "I hope if she needs help, she gets it."

When the medics arrived, Heather was awake and alert, so the incident was deemed a false alarm.

If Heather's psychiatrist did make the call, was he out of line? "It would be perfectly lawful for the psychiatrist to call the police to intervene," Dr. Thomas Rosko, director of psychiatry at Cedars-Sinai Medical Center in LA, tells *Life & Style*. "But there's no requirement to do so."

Police arrived at Heather's multimillion-dollar home around 8 p.m. "I spoke with Heather and she is fine," her rep said after the incident.

FROM LEFT: WIREIMAGE; ZUMA; RAMEY

Shortly after her difficult divorce from Richie Sambora in 2007, Heather started dating Jack Wagner (pictured).

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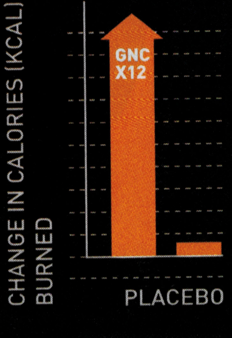

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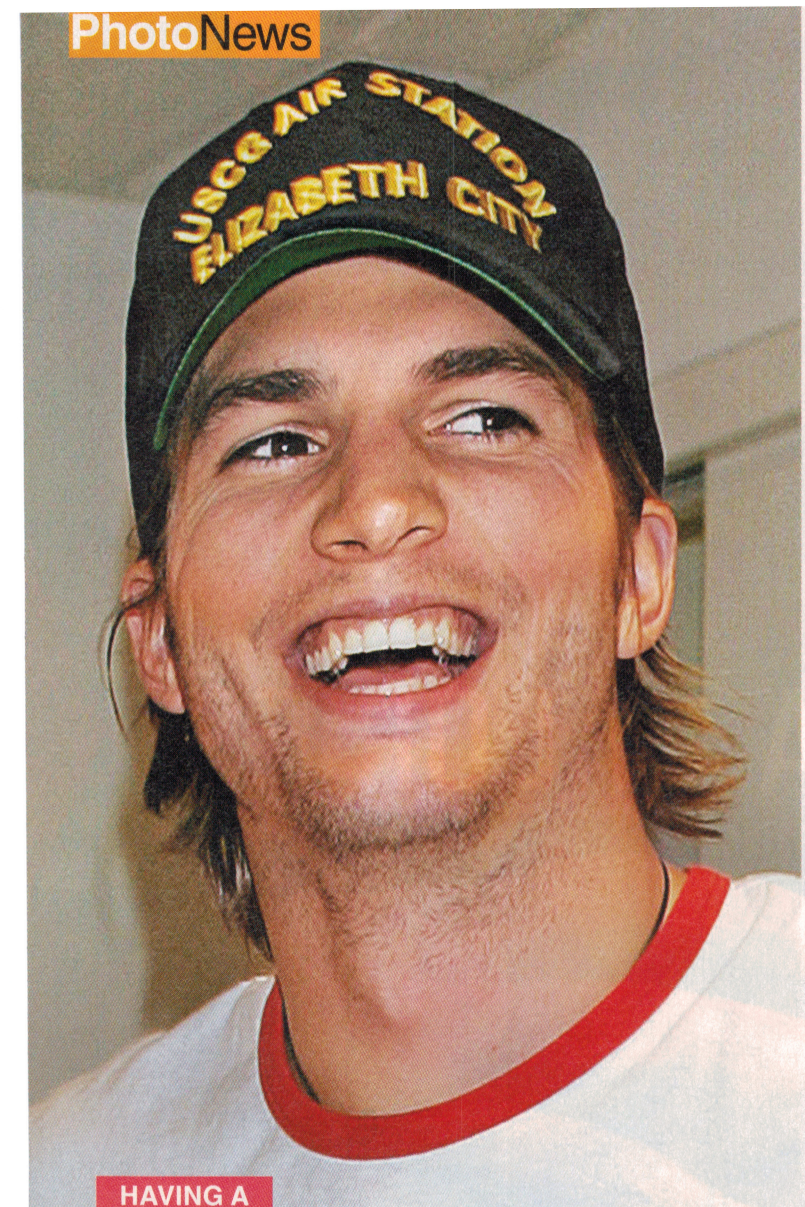
Ashton

FUN IN THE SUN

Ashton and his hot co-star Margarita "were really into each other," says an insider.



HAVING A GOOD TIME

Ashton and Margarita "were laughing together both before and after the shoot," says a witness.

WHO IS SHE?

Russian-born Margarita Levieva is reportedly a former gymnast who earned an economics degree from NYU. Her biggest role before this was on Fox's *Vanished* in 2006.

Watch out, Demi! Ashton Kutcher, 30, was caught with his pants down — literally! — while shooting a scene with stunning actress Margarita Levieva on the set of their new movie, *Spread*.

"The electricity between them was amazing," says a witness. "Ashton started the scene by removing her hat and loose-fitting beach dress, while she peeled off his red shirt and jeans." Before long, adds the witness, they were getting down and dirty — make that *pretending* to get down and dirty — in front of 30 crew members as the sun began to set.

The sizzling sex scenes took place on a secluded part of Dockweilier beach in LA's Playa del Rey on March 5. Both actors were half-naked, reports an insider who was on set: "She was topless, and he just had pants on. Ashton covered up between takes, but the actress didn't."

Demi's dilemma

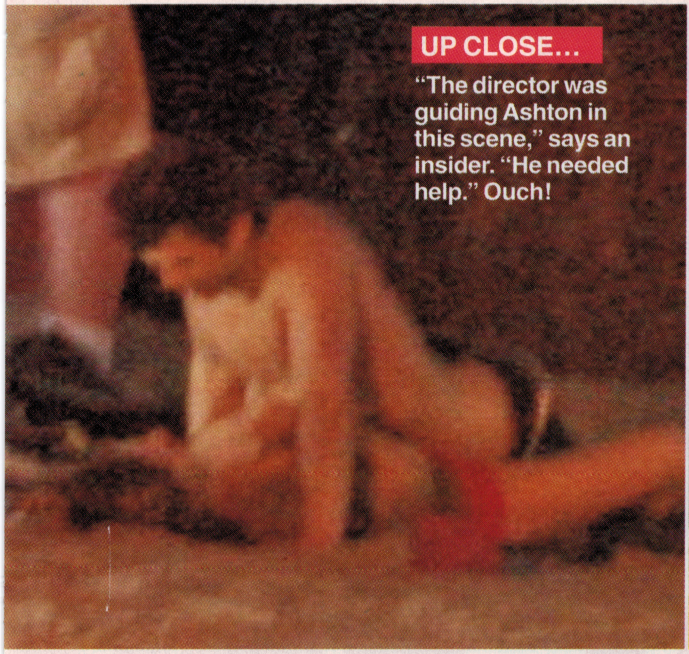
Luckily, Demi Moore, Ashton's wife of two years, wasn't around to witness the steamy coupling. Demi, 45, had been a constant presence on the film's set since the romantic comedy, about a serial womanizer, started filming in February. "It looked like she was there to keep an eye on her husband," says a second insider.

In fact, rumors spread last year that Demi was jealous of Ashton's friendship with co-star Cameron Diaz on the set of *What Happens in Vegas*. And while the couple worked out any issues, says an insider close to them, no wife would want to see her husband nearly naked in the arms of a younger woman.

So does Demi have cause for concern? Not according to the first insider: "Ashton and Margarita were both very

gets X-RATED!

Ashton Kutcher frolics in the sand with his sexy young co-star



UP CLOSE...

"The director was guiding Ashton in this scene," says an insider. "He needed help." Ouch!

...AND *VERY* PERSONAL!

A witness says the pair tried to make the scene appear "as real as possible." Mission accomplished!

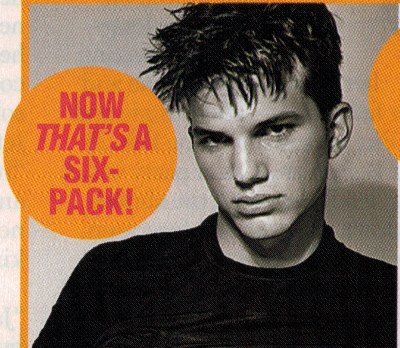
professional and serious. They executed the scenes quickly and did only two takes."

On the bright side, it's likely Ashton's being compensated *very* well for stripping down. His co-star Anne Heche recently revealed that she's set to flash her flesh in the sexy film, too. "They'll pay me a lot of money to do it," she says. "I told them they'd have to."

But even if Demi can live with Ashton's racy scenes, at least one of her three daughters may be mortified. "I find it weird that people think my stepdad is hot," Tallulah Belle, 14, Demi's youngest daughter with Bruce Willis, told *Harper's Bazaar*.

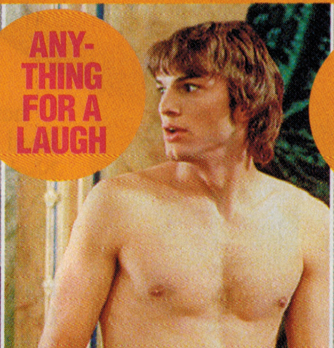
When he's not shooting, Ashton's been spending time with his offscreen love. On March 3, he and Demi spent more than five hours together on set. "The only time he was apart from her," says an insider, "was when he was filming his scenes."

HE'S NEVER BEEN SHY!



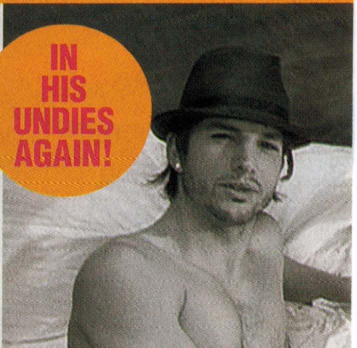
NOW *THAT'S* A SIX-PACK!

Ashton, born in Cedar Rapids, Iowa, got his start as a model in 1997.



ANY-THING FOR A LAUGH

He stripped down in 2003's *Just Married*, with then-girlfriend Brittany Murphy.



IN HIS UNDIES AGAIN!

Ashton mocked Kevin Federline in a 2005 *Saturday Night Live* sketch.

Under attack

Jen (here in Miami on March 6) is trying not to get drawn into a fight.

ANGELI SWIPE AT JEN

Jennifer Aniston had moved on. After the long-awaited meeting between Angelina Jolie and her fell apart — when Angie and Brad Pitt backed out of the Feb. 23 Night Before pre-Oscar party in LA — the headlines about the almost-showdown were quickly forgotten.

Until Angelina's brother, James Haven, opened his mouth, that is. In an interview with the U.K.'s *Grazia* magazine, James revealed the real reason the couple were no-shows (despite being listed, along with Jen, as co-hosts of the party).

"Angie is an incredibly strong but also incredibly sensitive woman, and she would always be careful when another woman's feelings are concerned," he said. "She'd go out of her way to make sure there was no situation that would hurt another woman because of her, and I'm talking about a situation [involving] one of Brad's ex-partners or his ex-wife."

While the oddly worded statement seemed sweet on the surface, it managed to paint Jen, 39, as a fragile, wounded woman who could never have handled a meeting with her ex-husband's lover. James' comments "put Jennifer in the role of the victim," psychologist Jeffrey Gardere tells *Life & Style*. "It comes off as if Jen is complaining and Angelina did not and would not do anything to hurt her. It's kind of disingenuous."

As a final slap, notes Gardere, "James doesn't refer to Jennifer by name, which would be the respectful thing to do."

Angelina's move

And James' statement — which contradicted the story Brad and Angie's rep gave out earlier, claiming the couple didn't attend the bash because they were busy packing for a trip — was no off-the-cuff remark. Angelina, who does not have her own publicist, "has given James her unspoken approval to be her mouthpiece on Jen matters," says a Brad and Angie insider.

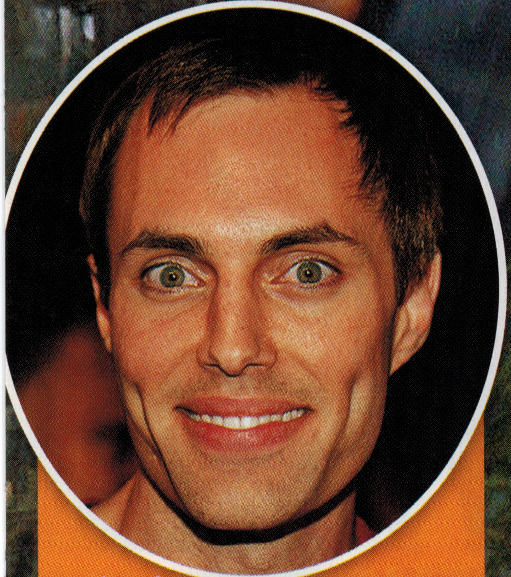
So what made Angie, 32, lash

NA'S

The feud's back on! Angelina Jolie and her brother unleash a new attack on Brad Pitt's ex, Jennifer Aniston

Family first

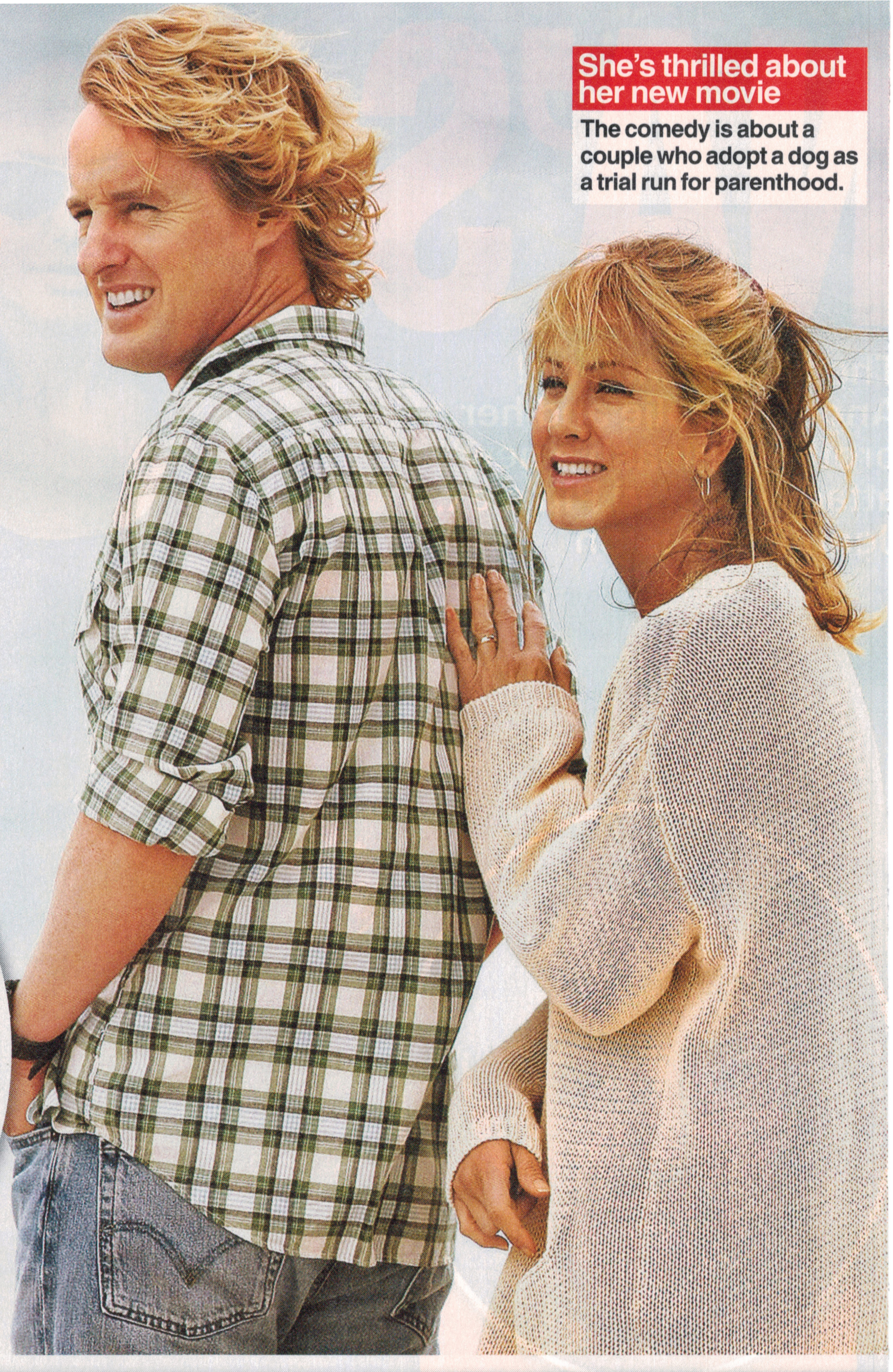
Angie, who's about five months pregnant (reportedly with twins), proudly showed off her bump after dropping Zahara and Pax at Bright Horizons day care center and buying a book on Maddox's native Cambodia at Barnes & Noble in Austin, Texas, on March 10.



> "[Angie] would always be careful when another woman's feelings are concerned."
>
> —James Haven

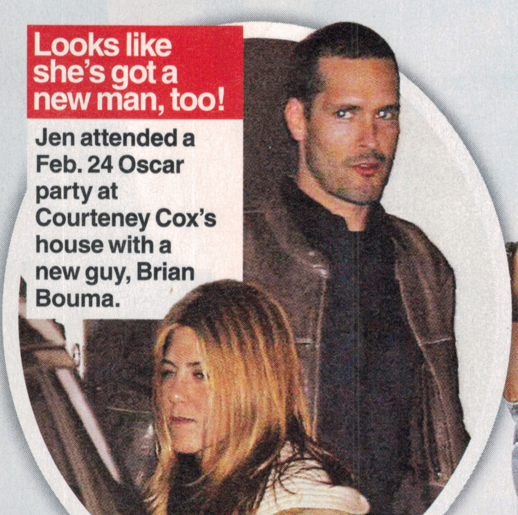
JEN'S TRYING TO MOVE ON

It certainly didn't look like James Haven's comments had upset Jen as she and Owen Wilson shot scenes on the Miami set of their new movie, *Marley & Me*, on March 10. Indeed, "Jen is confident the movie she's making will be a surefire hit this Christmas," says a friend. "And she feels good about herself physically right now, too. She's just trying to sit back and bask in her moment."



She's thrilled about her new movie

The comedy is about a couple who adopt a dog as a trial run for parenthood.

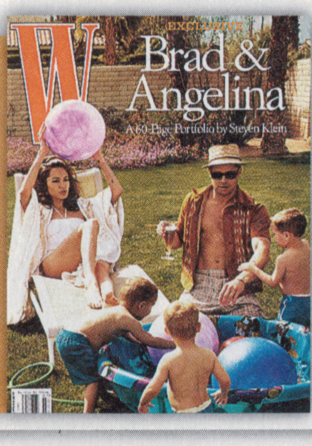


Looks like she's got a new man, too!

Jen attended a Feb. 24 Oscar party at Courteney Cox's house with a new guy, Brian Bouma.

Jen, Angie and Brad keep speaking out about each

After Brad and Angie posed together for the July 2005 issue of *W*, Jen said, "I know Brad.... There's a sensitivity chip that's missing."


EXCLUSIVE
W
Brad & Angelina
A 60-Page Portfolio by Steven Klein

Mocking Brad's then-bleached hair, Jen sniped to *Vanity Fair* in September 2005, "Billy Idol called — he wants his look back."

V.F.'S 50 GREATEST FILMS • ROVEGATE • PORN-STAR MEMOIRS
VANITY FAIR
"Am I lonely? Upset? Confused? Yes. But I'm a tough cookie.... I never said I didn't want to have children. I did and I do and I will!"
JEN FINALLY TALKS!
And talks and talks. And cries. And talks...
BY LESLIE BENNETTS
PHOTOS BY MARIO TESTINO

Asked if she would ever meet Jen, Angie told *Vogue* in January 2007, "That would be her decision, and I would welcome it." Hasn't happened yet!

VOGUE
75 LIFE-CHANGING IDEAS FOR 2007
ANGELINA JOLI
Why Her Real Life More Romantic th Any Mo
WHERE BEAUTY MEETS MEDICINE
Looking Good, No Longer an Art but a Science
COOK YOURSELF SLIM
Tips from a Master Chef
SPRING SNEAK PEEK
SUPERCHIC DAY DRESSES, SKINNY PANTS, ESSENTIAL JACKETS
50 BEST DRESSED
ORIGINAL Past & Prese

out at Jen via her brother? Angie (who has said she is willing to meet with Jen) was getting negative publicity for skipping the Night Before party, especially since she chose to publicly flaunt her baby bump that same day at the Independent Spirit Awards.

And Angie has always been sensitive about being perceived as the woman who broke up America's golden couple. "As much as she says she doesn't care, Angie hates that she's constantly portrayed as a home wrecker who wronged Jen," the insider says.

Despite her super-confident public image, Angelina's actually deeply insecure, says the insider. "She's convinced that Jen is still in love with Brad," the insider says.

At the same time, the insider says, "Angie wants to come off as if she doesn't care about Jen, so she has an unofficial policy of not talking about her. She wants the world to focus on her and Brad and their charity work. She trusts James to defend her honor while also being discreet."

The brother-sister bond

Indeed, James, 34, has a long history of speaking out on his younger sister's behalf. Last year, amid reports of problems, he told *Grazia* he had "never seen any sign of tension" between Brad, 44, and Angie, and informed Britain's *Daily Mail* that Angelina lost weight after the death of their mother, Marcheline Bertrand, "because she's grieving [and] it's even difficult for her to eat."

While his specific comments aren't always mandated by Angelina, "James is good at understanding his sister's mind-set," the insider says. "Even when they were younger, James defended Angie's wild behavior and personality to both of their parents."

Jen fights back

And if James and Angie were trying to get under Jen's skin, they knew exactly how to do it. Jen's tried to fight her portrayal as a tragic victim since she and Brad split in January 2005. "I would be a robot if I said I didn't feel moments of anger, of hurt, of embarrassment," she told *Vanity Fair* that September. "[But] I don't feel like a victim."

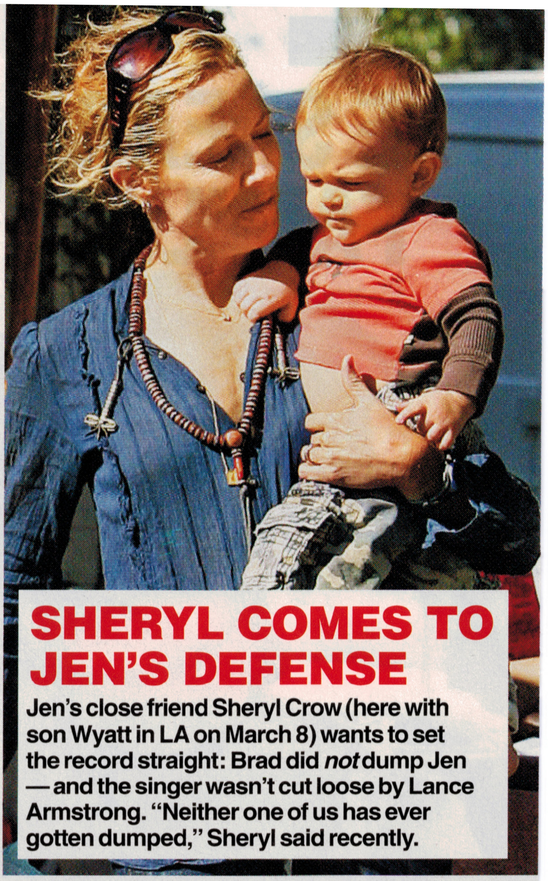
In April 2006, she told *Vogue*, "Don't feel sorry for me. Don't make me your victim.… I'm so tired of being part of this sick, twisted Bermuda Triangle."

As a result, says the insider, Brad is dismayed by James' comments about Jen but is afraid to say anything to Angelina. "He knows her knee-jerk reaction will be to accuse him of taking Jen's side," the insider says. "He just wants to keep the peace."

While the Jolie-Pitts were settling in around Austin, Texas, near where Brad's filming the movie *Tree of Life*, Jen seemed subdued during a March 8 dinner with three friends at Miami's Blue Door restaurant in the Delano hotel. Arriving at 9:45 p.m., she sat at an outside table under a heat lamp and had red wine, a salad and coffee. "She just sat quietly at her table," says a witness.

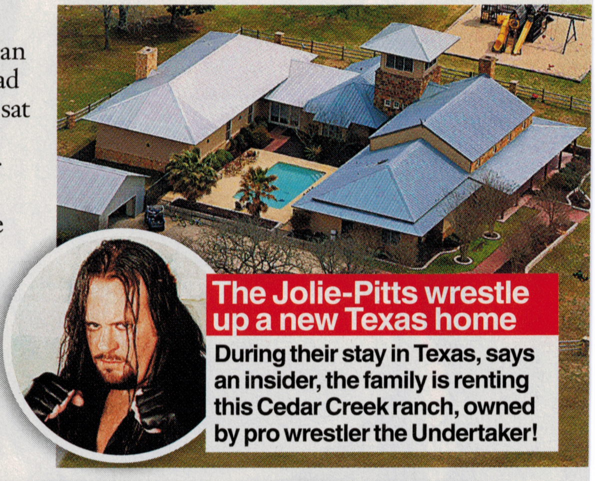
But a friend of Jen's insists the star hasn't let James' comments get her down. "She still feels like she's in the driver's seat," her pal says. "She's ready to meet Angie, and she's made that clear."

After all, as Jen herself put it in 2006, at difficult moments, "you can't ask, Why is this happening to me? It's happening to you! Life's tough. Get a helmet."



SHERYL COMES TO JEN'S DEFENSE

Jen's close friend Sheryl Crow (here with son Wyatt in LA on March 8) wants to set the record straight: Brad did *not* dump Jen — and the singer wasn't cut loose by Lance Armstrong. "Neither one of us has ever gotten dumped," Sheryl said recently.



The Jolie-Pitts wrestle up a new Texas home

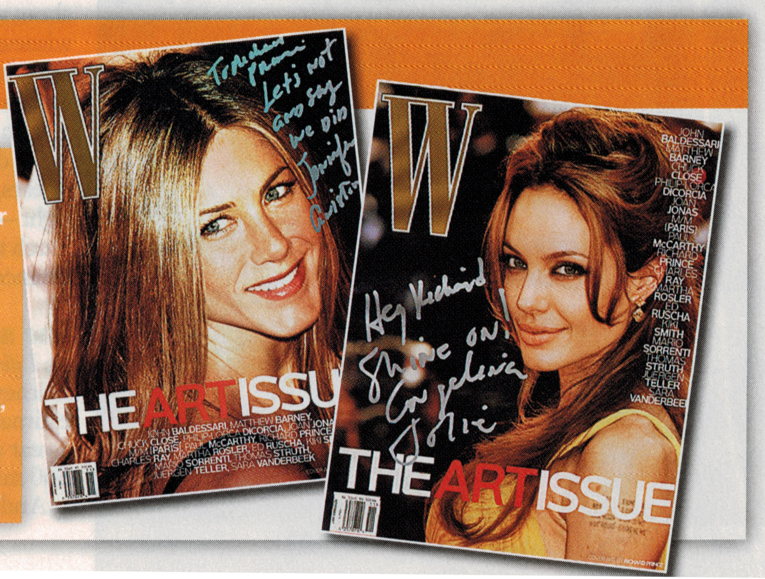
During their stay in Texas, says an insider, the family is renting this Cedar Creek ranch, owned by pro wrestler the Undertaker!

other in interviews

Jen and I
still main-
ain a deep
riendship
ind have a
ot of life
ogether
hat isn't
erased in
any way,"
Brad
old *V* in
September
2007.

V
THE BIGGEST V EVER!
WHERE THE ESTABLISHMENT MEETS THE UNDERGROUND
BRAD TO THE BONE
49

W released nine versions of its November 2007 cover — including one with Jen and one with Angelina. Asked about it, Angie snapped, "Why would I comment on that? That matters because?"


W
To Richard Prince
Let's not ever say we did
Jennifer Aniston
THE ART ISSUE
JOHN BALDESSARI, MATTHEW BARNEY, JOAN JONAS, CHUCK CLOSE, PHILIP-LORCA DICORCIA, RICHARD PRINCE, KIKI SMITH, M/M (PARIS), PAUL McCARTHY, ED RUSCHA, CHARLES RAY, MARTHA ROSLER, THOMAS STRUTH, MARIO SORRENTI, JUERGEN TELLER, SARA VANDERBEEK
W
Hey Richard
Shine on!
Angelina Jolie
THE ART ISSUE

NewCrisis

THE SPEARS FAMILY IS GOING

Not ready to work yet
As she did in 2004, Britney may need more knee surgery, says an insider. While she recuperates (like here four years ago), she won't be able to dance — or make money from dancing.

While running errands in her hometown of Kentwood, La., on Feb. 18, Lynne Spears made a startling pit stop. With daughter Jamie Lynn, 16, by her side, Lynne walked into Connie's Jewelry and Gifts — but she wasn't there to buy.

After being greeted by a female employee, Lynne "took a diamond tennis bracelet and showed it to her," says a witness. "They talked about it for a while. Then Lynne showed the lady a diamond ring with a gold band that was on her right hand. The woman took Lynne's hand and looked at it from several angles."

Though no sale was made at the time, "they talked about meeting again," the witness says. "Lynne headed out with her jewelry, and she and Jamie Lynn took off."

Considering that Lynne's other daughter is Britney Spears, it was a shocking sight — and it indicated how much trouble the family's finances may be in.

The sole breadwinner

As *Life & Style* has reported, Britney, 26, was worth an estimated $100 million about a year ago — but has lost $60 million of it.

And at the rate she's been spending on her lavish lifestyle, a new report from a British newspaper predicts the troubled pop star could be flat broke by the time she's 30 years old.

Not helping matters: Britney's also the only member of her immediate family bringing in any substantial income. Before quitting his job to take charge of Britney's conservatorship, dad Jamie was working as a full-time cook, says an insider, who adds that while he was making a decent salary (about $1,700 a week), he was also in severe debt.

It's not a new situation for Jamie, who, says a neighbor, filed for bankruptcy and had his car repossessed when Britney was growing up. Now he lives off a $2,500-a-week payment he receives from Britney's estate. That's $1,000 more than Britney herself gets, since a judge ruled on March 10 that Britney is allowed a debit/credit card with a $1,500-a-week spending limit.

Meanwhile, mom Lynne still lives in the million-dollar mansion Britney bought her in Kentwood, a neighbor says, but hasn't made her own money in decades. "She did teach a while back," the neighbor explains, "but she couldn't

> "I think most of us can remember when they had to file for bankruptcy and were struggling."
>
> —a hometown neighbor

BROKE!

Britney Spears' parents and siblings are cash-strapped

have been earning more than $20,000 a year."

Brother Bryan is trying to make it as a Hollywood talent manager, says a friend, but his primary clients seem to be Britney and Jamie Lynn. And while Jamie Lynn had been making $350,000 a season for her Nickelodeon show, *Zoey 101*, the series recently ended, says the insider, who adds, "Most of it is in a trust, which she can't touch until she's 18. She gets a $200-a-week allowance from it." And with her first baby due in the spring, it doesn't look like she'll be back to work any time soon.

Taking care of business

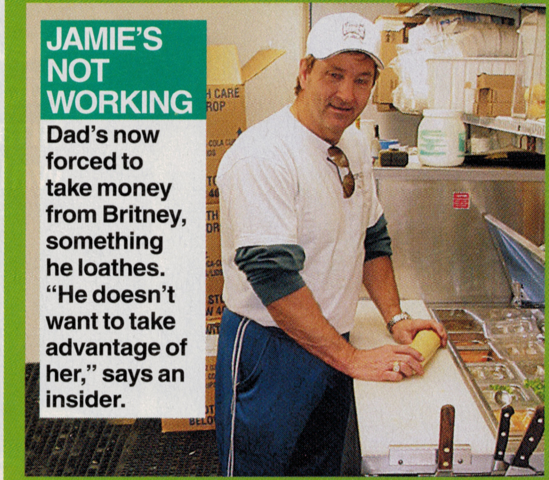
That leaves the financial burden of the entire clan on Britney, who, says the insider, has been working for free lately, teaching dance to local children at the Millennium Dance Complex near her LA home. "All she wants to do now, besides see her sons, is dance," the insider says.

With the bills piling up, however, she can't really afford to. As of press time, the judge in her custody battle was deciding if Britney should be responsible for her own legal fees and those of ex-hubby Kevin Federline. If she is, the bill could total well in excess of $1 million.

But while Britney continues to recover mentally, small jobs are all she seems equipped to handle: It was recently announced she'll be making a guest appearance on the hit CBS sitcom *How I Met Your Mother*.

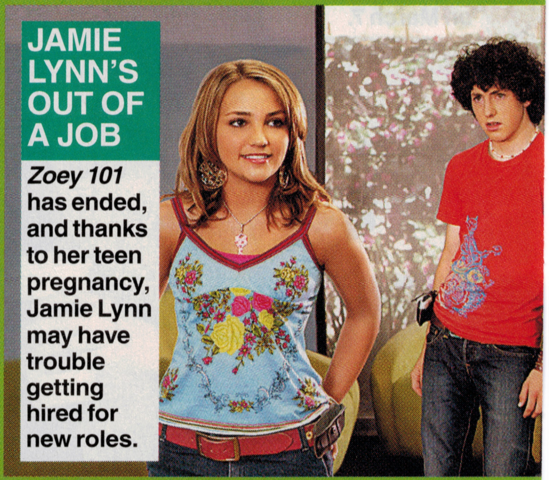
Financially, her family continues to struggle. Still, for now, says the neighbor, "they're managing to make it."

They've hit tough times



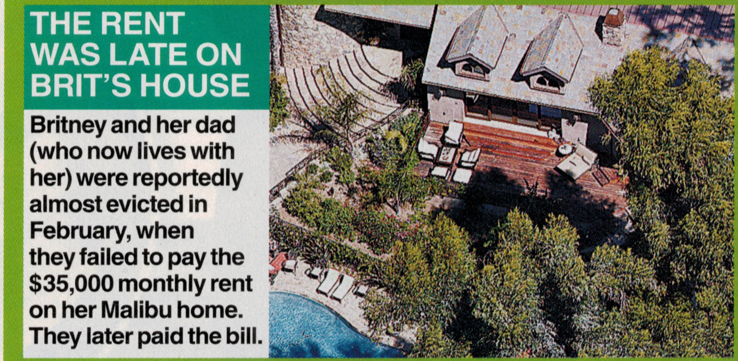
JAMIE'S NOT WORKING

Dad's now forced to take money from Britney, something he loathes. "He doesn't want to take advantage of her," says an insider.



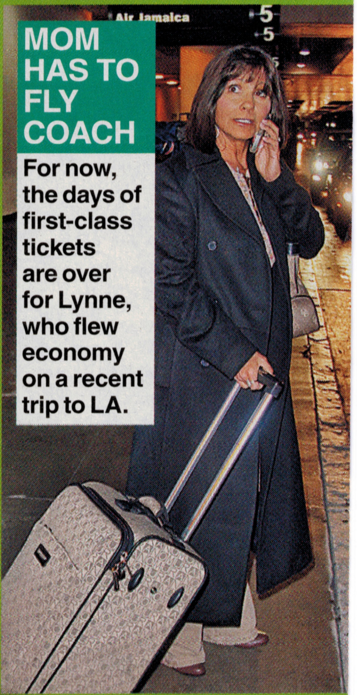
JAMIE LYNN'S OUT OF A JOB

Zoey 101 has ended, and thanks to her teen pregnancy, Jamie Lynn may have trouble getting hired for new roles.



THE RENT WAS LATE ON BRIT'S HOUSE

Britney and her dad (who now lives with her) were reportedly almost evicted in February, when they failed to pay the $35,000 monthly rent on her Malibu home. They later paid the bill.



MOM HAS TO FLY COACH

For now, the days of first-class tickets are over for Lynne, who flew economy on a recent trip to LA.

LYNNE VISITED A PAWN SHOP

Lynne spent 20 minutes at a pawn shop on Feb. 18. "It was the last place you expected to see her," says a witness.

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DOES SHE NEED HEALTH CARE?

Jamie Lynn was recently spotted at a nearby pregnancy center, where services are free.

LEFT PAGE: X17; RIGHT PAGE CLOCKWISE FROM TOP LEFT: ZUMA, DISNEY, BAUER-GRIFFIN,

Nicole Richie

New parents Nicole Richie and Joel Madde finally seem ready to walk down the aisle

THEY'RE SO HAPPY! "They looked so in love — hugging and acting lovey-dovey," says a witness who saw the prospective Mr. and Mrs. in an LA park on March 7.

Linzi and Billy are Nic's inspiration

Hair stylist Linzi Williamson and Good Charlotte guitarist Billy Martin confirmed their love at an outdoor ceremony at the Stone Manor in Malibu. "The ceremony was gorgeous — and everyone wore black," says an insider. "Nicole and Joel were there for Billy, who's like a brother to them, and Linzi, whom Nicole has grown very close to."

CLOCKWISE FROM LEFT: X17, FILMMAGIC, GETTY, X17

HERE COMES THE BRIDE

Love was in the air as Nicole Richie and Joel Madden arrived at the afternoon nuptials of Good Charlotte guitarist Billy Martin and his high school sweetheart, Linzi Williamson, on March 1. But it was an emotional day for more than the bride and groom — the ceremony also hit home for new parents Nicole, 26, and Joel, 29, who sat with the couple's wedding party at the reception.

Their feelings were even more evident when Joel stood behind Nicole and made a special toast to Billy, his bandmate, and the bride. "Nicole and I love hanging out with you two — you're the ideal couple," Joel said, according to an insider. "We're so happy for you. You beat us on the marriage, but we got you beat on the baby!"

As Nicole — dressed in a long, fitted black V-neck dress — listened to Joel's speech, she was visibly moved, says the insider. "Nicole and Joel kept telling people that the wedding was beautiful and that they were having a great time," continues the insider. "Who knows. Maybe they'll be next!"

A plan in motion

It's a good bet. The couple have already hired a wedding planner, a Nicole insider tells *Life & Style*. Nicole's preference is to get married at dad Lionel Richie's LA mansion, says a longtime friend of Nicole's. And since planning a wedding for more than 200 guests *and* raising Harlow would be tough for Nicole, the wedding planner will probably end up doing most of the work, the pal says.

Family matters

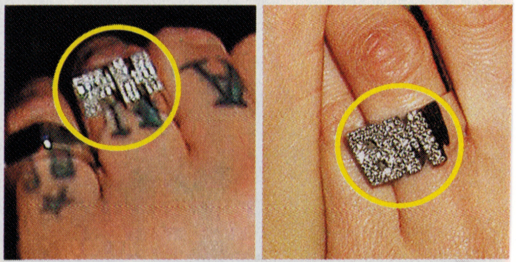
Of course, Joel is just as eager as his girlfriend to tie the knot. "He totally wants to do it the right way," says the Nicole insider. "He wants Harlow right there with them when it happens."

The wedding planner suggested one sweet way Harlow, 2 months old, could be a part of the ceremony. "They might hold her at the altar while the officiant recites a verse or poem about family," says the first Nicole insider. And the two feel family is so important, Lionel has agreed to sing at the wedding even if his mansion proves too small for him to host the affair, says Nicole's pal.

And while the couple are busy with parenthood, they feel there's no better time than now to plan their nuptials. "They're more in love now than ever," says a second Nicole insider. "They're blissfully happy."

Paris and Benji are heating up, too!

No, new couple Paris Hilton, 27, and Benji Madden, 29, didn't tie the knot during their trip to Las Vegas — but they did spend the early morning hours of March 9 celebrating Benji's (and twin Joel's!) March 11 birthday. The duo held court on the Main VIP Stage of club LAX, where Paris tried to keep Benji's attention by dancing to Nelly Furtado's "Promiscuous." They ended the night at the Luxor hotel's Noir Bar.



Matching ring bling
Benji and Paris made their relationship official — with his-and-hers initial rings. His? PH. Hers? BM.

Paris' sweet surprise
Benji took a break from drinking Belvedere vodka and Red Bull to blow out his birthday candles.

Lindsay: MY

Laying off the liquor

Lindsay stuck to Snapple antioxidant iced tea while hosting a March 6 party that featured the work of photographer Gus Freedman, among others.

Arriving with an entourage to a bash at her own apartment in the Atelier building in NYC on March 6, Lindsay Lohan — sipping iced tea and showing off new darker tresses — clearly looked ready for her comeback.

But in an exclusive interview with *Life & Style*, she confided that she won't be making it on *Living Lohan*, the new E! reality series starring her mom, Dina Lohan, and her 14-year-old sister, Ali.

"Uh-uh, no," Lindsay said when *Life & Style* asked her if

The next generation

"I've already been asked for my autograph," says Ali, here with mom Dina. "It's a really good feeling."

I'm not doing MOM'S SHOW

Lindsay Lohan gives her mom and sister some room to shine

she'd be making a much-buzzed-about appearance on the show. In fact, she added, "I don't know much about it."

Instead of a slap in the face, however, her family views Lindsay's nonparticipation as a well-intentioned gesture of support. "The show isn't about her," says a family insider. "She totally supports her mom and her sister, but she's on her own career path — Ali is just starting out."

> "She'll always be a wild child, but...she's growing up."
>
> —a Lindsay insider

Still, the insider adds, "Lindsay does want to help in any way she can. She won't be on the show, but that doesn't mean she won't come to the premiere or help publicize it."

Dad Michael Lohan agrees with Lindsay's choice. "If she does decide to make an appearance on the show, then hey, I'm behind her," he tells *Life & Style*. "But she needs to decide if she's a serious actress or a reality-TV personality."

Her next move

Lindsay says she's got several new projects in the works, including a movie due out in 2009, *Ye Olde Times*, co-starring Jack Black. She's also working on her upcoming album, which she says will have a dance vibe. "She wants a sound like Rihanna's 'Don't Stop the Music,'" Jeremy Greene, one of her producers, tells *Life & Style*.

And she has her heart set on snagging some A-list collaborators to help her. "Hopefully Ne-Yo, Akon and Timbaland," Lindsay tells *Life & Style*. "I'm recording now. It's going really well."

Lindsay even plans to go on tour when the album's finished. But will life on the road prove too stressful for the recently rehabbed star?

The family insider doesn't think so. "The temptations of Hollywood will chase her forever — but she's learning to live with them," the insider says. "She's trying harder."

As a result, after a dry spell, job offers are starting to come back in. "She'll always be a wild child, but she's gotten to the point where she's very tame," the insider explains. "She's growing up."

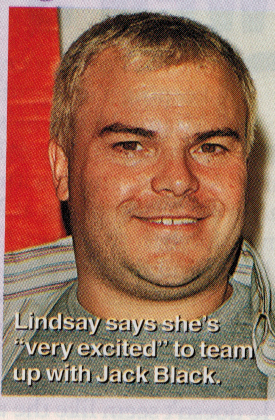
CLOCKWISE FROM LEFT: STARTRAKS; PACIFIC COAST NEWS; BUZZ; FAME; VISUAL PRESS; GAMMA

Lindsay's starting her own line of leggings!

Lindsay tells *Life & Style* she's turning her obsession with leggings into a business — by starting her own line! "It's a secret," she says. (Not anymore!) "It will be a while before it comes out, but I'm going to do it. Some of them will have prints and some will have patterns. I love leggings."

Her new leading man: Jack Black

Lindsay's set to show off her funny bone in a soon-to-be-shot comedy, *Ye Olde Times*, which will co-star Jack Black. In the flick, two rival Renaissance fairs battle for business. It also stars Ann-Margret, one of Lindsay's screen idols. "I just really respect her," Lindsay tells *Life & Style*.



Lindsay says she's "very excited" to team up with Jack Black.

Owen "seems like he's on a real downer," says an eyewitness who has seen the actor drinking on several occasions in Miami when Owen thought no one was watching him.

OWEN'S PARTYING AGAIN

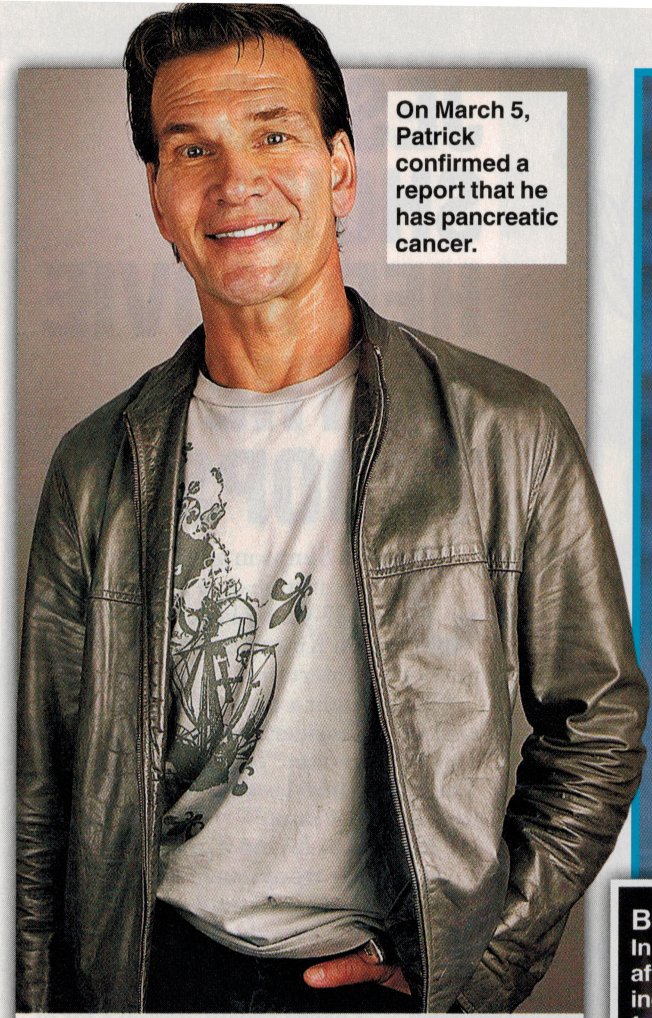
Owen Wilson isn't exactly keeping a low profile in Miami. When he's not filming *Marley & Me* with Jennifer Aniston, an eyewitness says the actor is club-hopping at Mynt Lounge, Skybar, the Shore Club penthouse and the Florida Room at the Delano hotel. Moreover, the eyewitness says the 39-year-old actor, who attempted suicide in August, is drinking on the sly.

"He doesn't seem like the type of guy who ought to be crawling through this town late at night and boozing," says the eyewitness, who has seen Owen sneaking drinks on several occasions.

"He doesn't order drinks when his friends are around or when the waitress comes by or from the main bar; he goes off to a side bar to order and drink discreetly, usually shots," and downs them quickly.

Owen's rep denies the actor has a drinking problem or is drinking in secret. And if there is a problem, Owen's younger brother, Luke, isn't aware of it either. "He's just hanging out," Luke, 36, told *Life & Style* at the Pangaea nightclub in Austin, Texas, on March 7. "He told me the weather sucks there."

Still, the eyewitness thinks Owen could use less party time and more sleep, adding, "He's tragic at this point. He's out until at least 3 a.m. I wonder what a guy who has to be at work so early is doing out so late partying."



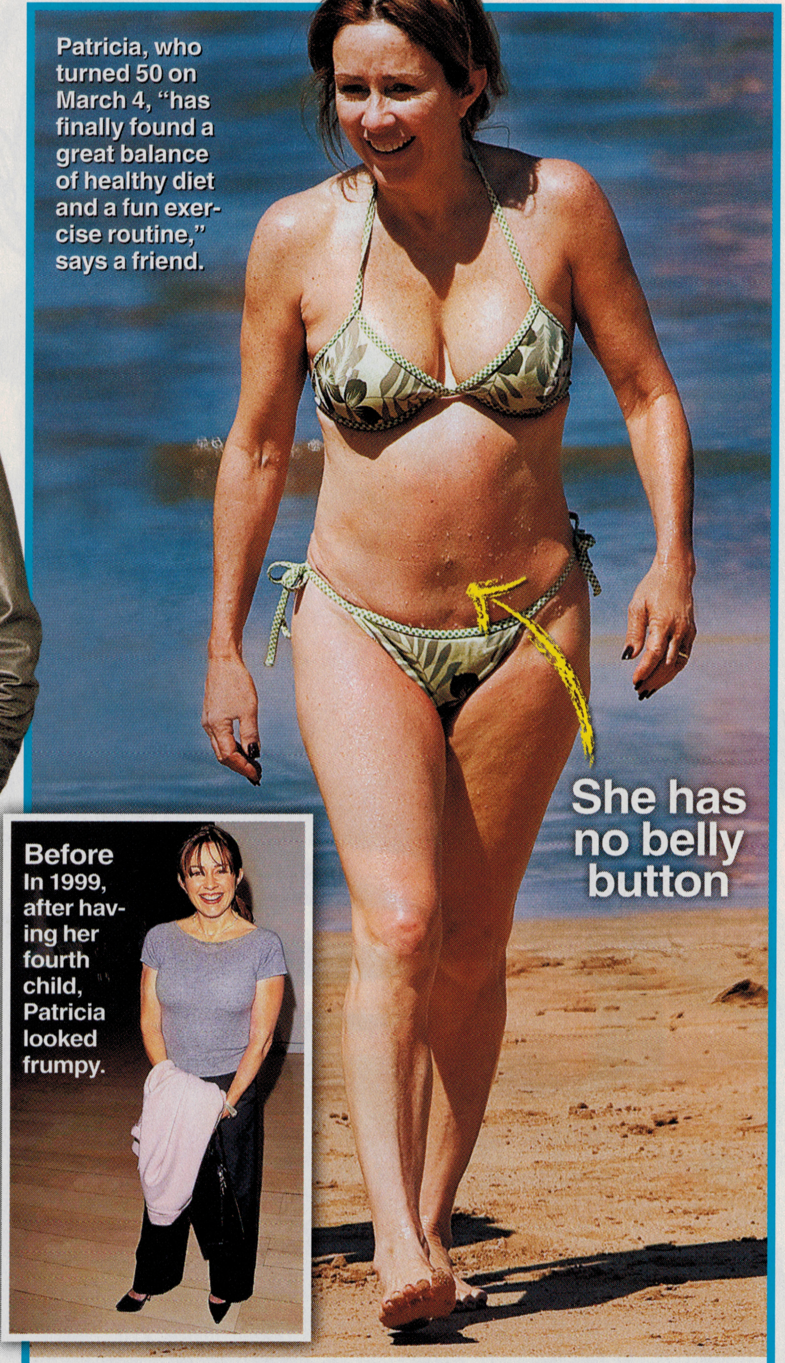
On March 5, Patrick confirmed a report that he has pancreatic cancer.

Patrick's haunting tie to late co-star

Three days before the news broke that Patrick Swayze is battling pancreatic cancer, fellow *Road House* star and legendary musician Jeff Healey, 41, died of cancer. The blind blues-rock guitarist, who had suffered from cancer since childhood, played the house musician at the Double Deuce bar in the 1989 film about a take-no-prisoners bouncer. Is there a *Road House* curse? "It's certainly a bizarre twist that a movie made 20 years ago would get such notorious buzz, randomly," says a source close to Patrick, 55. "It's eerie."

Meanwhile, Susan Sarandon is among the many stars who remain optimistic about Patrick's recovery. "I hear he's doing very well," she told *Life & Style* at the Do Something Annual Gala in NYC on March 6. "A lot of people have cancer, and a lot of people pull through. Let's hope that happens."

Healey shared the big screen with Patrick.



Patricia, who turned 50 on March 4, "has finally found a great balance of healthy diet and a fun exercise routine," says a friend.

She has no belly button

Before In 1999, after having her fourth child, Patricia looked frumpy.

Patricia flaunts her figure

Judging from her bikini-clad bod, *Back to You* star Patricia Heaton sure had fun celebrating her 50th birthday in Hawaii recently. "Strutting around in a bikini was her way of proving that 50 isn't the end of the world for women," says a friend of the star. "Patricia felt like a million bucks in Hawaii. She's content with her life." The mother of four freely credits a tummy tuck and a breast lift for helping her regain her body confidence and figure. "I'm all for plastic surgery," she has said. Not that her body is flawless. Where did her belly button go? "Having the belly button disappear after a tummy tuck is a rare problem," says Dr. Stephen Greenberg, a plastic surgeon in New York City.

CLOCKWISE FROM LEFT: INF PHOTO; GETTY; SPLASH; GLOBE; ADMEDIA

Leave it to Jessica to wear her Daisy Dukes in Kuwait!

JESSICA SHOWS HER MOVIE TO THE TROOPS

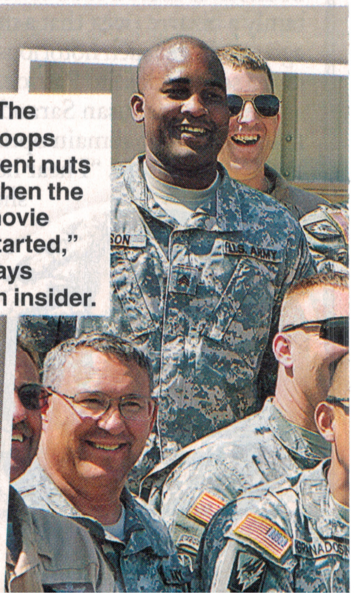
Jessica Simpson sure knows how to put a smile on a guy's face. The sexy 27-year-old actress-singer was in Kuwait on March 10 for a mission to entertain U.S. soldiers.

"She brought a copy of her new movie," explains an insider, referring to Jess' film *Major Movie Star.* "It was a packed house. The troops loved seeing Jessica go through boot camp!"

Jessica was loving it, too. "I'm enjoying all the troops and having a blast — signing autographs and just meeting everybody and trying to show my support as much as I can," she said from Kuwait. "But I haven't really gotten a lot of sleep, I've got to tell you."

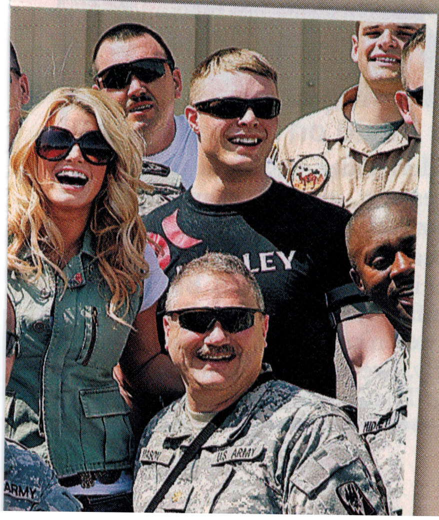
Jessica was accompanied by the Pussycat Dolls and other performers as part of Operation MySpace, an event organized by the Web site to boost troop morale.

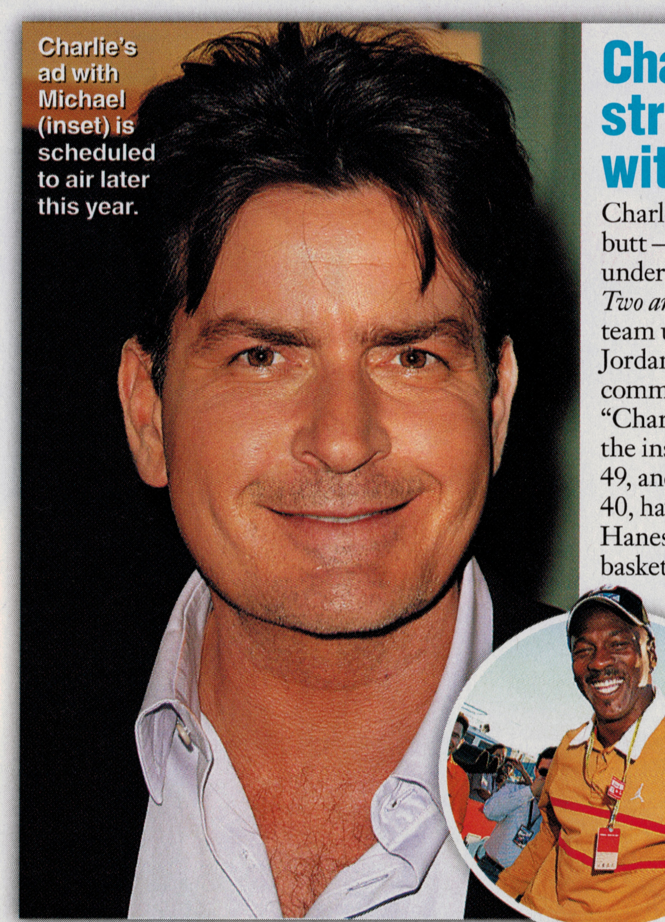
"If the troops could get more visits like that from celebrities," says the insider, "it would do a whole lot for morale."



"The troops went nuts when the movie started," says an insider.

For her role in *Major Movie Star*, Jessica went through her own boot camp in Louisiana, toiling in 103-degree heat, says an insider.

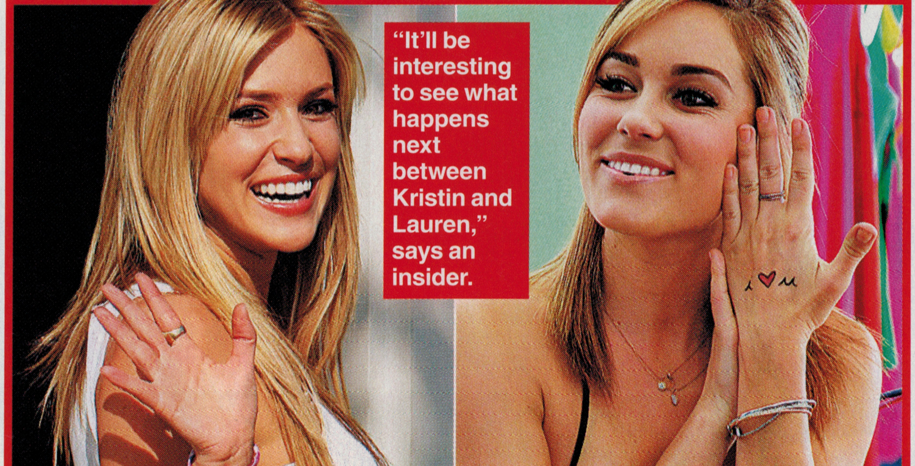




Charlie's ad with Michael (inset) is scheduled to air later this year.

Charlie strips down with Michael!

Charlie Sheen is the new butt — um, face — of Hanes underwear. The 42-year-old *Two and a Half Men* star will team up with Michael Jordan, 45, for an underwear commercial, says an insider. "Charlie is pumped," says the insider. Kevin Bacon, 49, and Cuba Gooding Jr., 40, have also appeared in Hanes ads with the former basketball star. "It's an easy get for all these guys," says the insider. "They all want to be in a commercial with Michael. Who wouldn't?"



"It'll be interesting to see what happens next between Kristin and Lauren," says an insider.

Kristin and Lauren bury the hatchet

The Hills' Lauren Conrad, 22, has extended an olive branch to former *Laguna Beach* rival Kristin Cavallari, 21. "Lauren invited Kristin to her recent fashion show," says an insider. "And Kristin accepted!" The girls' feud began three years ago over their *Laguna* co-star Stephen Colletti, 22, whom Kristin dated and Lauren liked. Could this mean Kristin will appear on *The Hills* after all? Nope. Adds the insider, "Kristin has said she doesn't need to do *The Hills* or any reality TV anymore."

CLOCKWISE FROM LEFT: GETTY (2); GLOBE; ZUMA; STARTRAKS; X17; GETTY

"Javier was a real Casanova," says an insider. "He'll try anything once."

JAVIER'S SEXY PAST

Javier Bardem is hotter than ever, and it's not just because he won the Oscar for his role in *No Country for Old Men*! The hunky 39-year-old actor, who's a former stripper, posed for some very revealing photos years ago when he was in his native Spain.

"He used to be wild," says an insider. "When he stripped, he would introduce himself as 'Javier, stripper stud.' But his boss wanted him to perform nude, so he quit. His friends and family and Penélope [Cruz, his current girlfriend] don't let him live it down!"

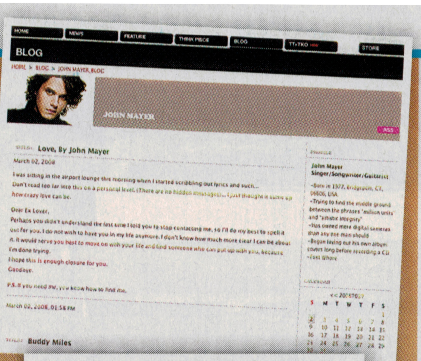
As for the photos, "No one thought much about them at first," says a second insider. "But now he's a major star."

He's not the only one who's stripped

Idol's David on his racy past

David Hernandez, one of the final 12 contestants, sparked yet another *American Idol* scandal when the news broke that he once stripped at Dick's Cabaret in Phoenix (above). But David, 24, is unfazed, telling *Life & Style*, "They weren't even bad photos. Honestly, I've just been focusing on singing. That's what I came here to do."

FROM LEFT: INF; WENN



BLOG

HOME > BLOG > JOHN MAYER BLOG

JOHN MAYER

Love, By John Mayer

March 02, 2008

I was sitting in the airport lounge this morning when I started scribbling out lyrics and such... Don't read too far into this on a personal level. (There are no hidden messages)... I just thought it sums up how crazy love can be.

Dear Ex Lover,

Perhaps you didn't understand the last time I told you to stop contacting me, so I'll do my best to spell it out for you. I do not wish to have you in my life anymore. I don't know how much more clear I can be about it. It would serve you best to move on with your life and find someone who can put up with you, because I'm done trying.

I hope this is enough closure for you.

Goodbye.

P.S. If you need me, you know how to find me.

March 02, 2008, 01:58 PM

Buddy Miles

John Mayer
Singer/Songwriter/Guitarist

-Born in 1977, Bridgeport, CT, 06606, USA
-Trying to find the middle ground between the phrases "million units" and "artistic integrity"
-Has owned more digital cameras than any one man should
-Began laying out his own album covers long before recording a CD
-Font Whore

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"It would serve you best to move on with your life and find someone who could put up with you," John blogged, apparently to an ex-lover.

John sends a brush-off to an ex

John Mayer seemed to be blogging about one of his exes on March 2, sparking a hot debate over the woman's identity. "Perhaps you didn't understand the last time I told you to stop contacting me, so I'll do my best to spell it out for you: I do not wish to have you in my life anymore," John, 30, wrote, adding a cryptic P.S.: "If you need me, you know how to find me." Shortly thereafter, the singer blogged again, explaining he'd meant no harm and that the post had simply been "copied from my lyric-idea journal" and was creative writing. "He wasn't looking to hurt anyone, but he should've known better," says an insider. "But he didn't. Oh well, that's John."

Who's the mystery woman?

Readers are stumped, too!

32% say Jessica Simpson

35% say Cameron Diaz

33% say Minka Kelly

Butch and Pink met when he wrote songs for her *I'm Not Dead* album, says an insider.

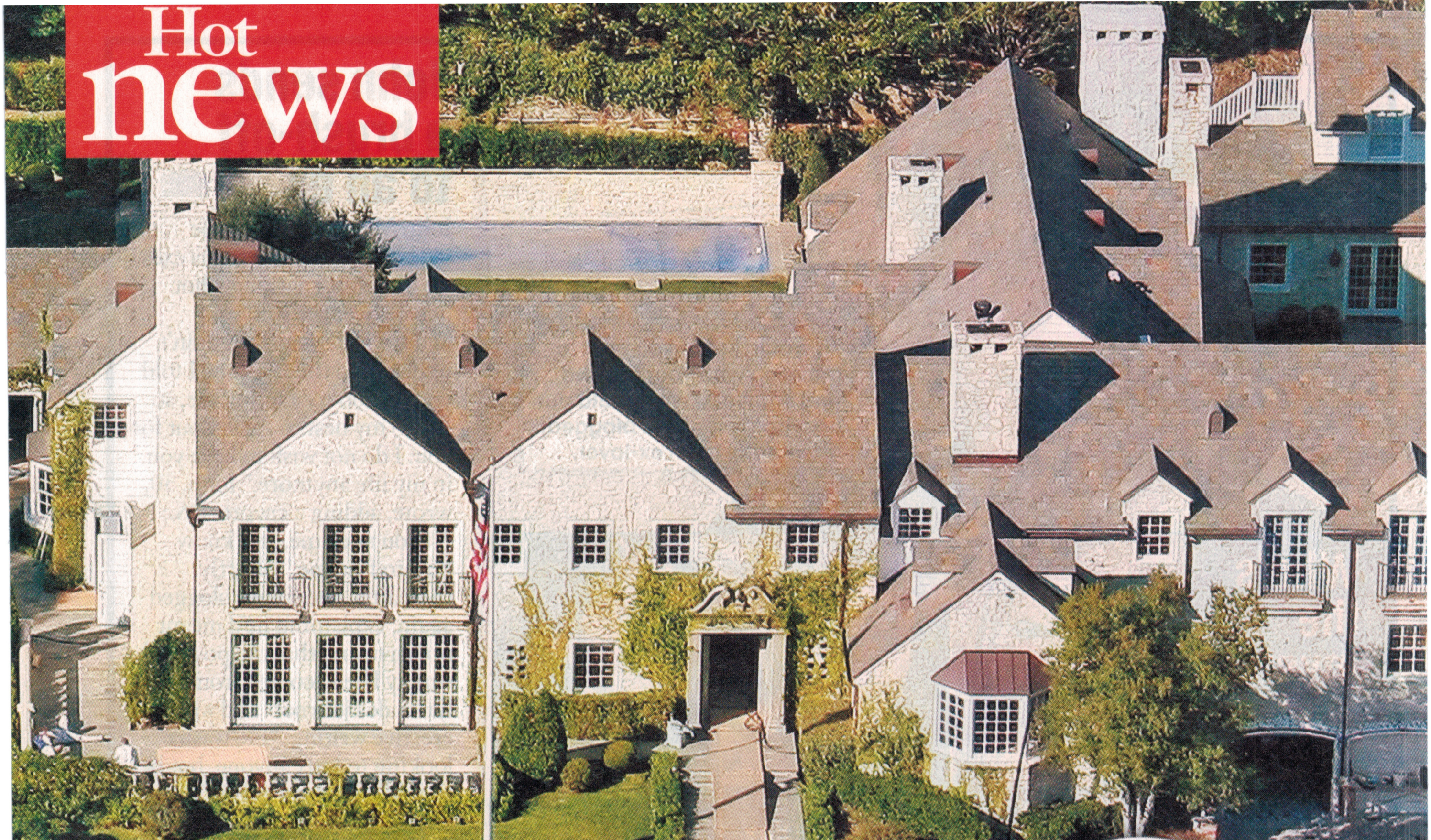
"They couldn't stop kissing," says an onlooker.

Pink's got a new man!

Pink wasted no time finding a new guy. Barely two weeks after announcing her separation from her hubby of two years, motocross star Carey Hart, 32, she was spotted canoodling with rocker Butch Walker, 38, at LA hot spot the Key Club on March 3. "She's been seeing Butch for a while," an insider says. "But this was the first time they'd been affectionate in public."

Wearing a revealing electric-blue halter-dress, the 28-year-old singer drank and rocked out to the '80s tribute band Metal Skool. "She was sitting on Butch's lap like they were newlyweds," adds an onlooker. "She spoke right into his ear and even nibbled on it!"

CLOCKWISE FROM TOP LEFT: WIREIMAGE (4); ABILITY FILMS (2)



Tom and Katie bought the house in 2007, but $15 million worth of renovations has pushed back the move-in date.

TOM AND KATIE'S NEW HOME IS *SO* CONVENIENT!

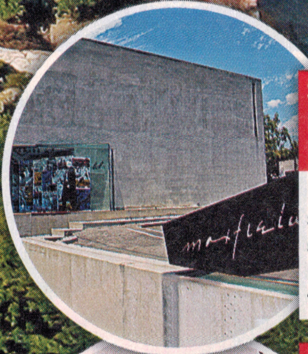
Tom Cruise and wife Katie Holmes can't wait to move into their new $35 million Hollywood Hills home, and it's no wonder: It's just minutes from all their favorite places, including Cut steak house, Maxfield boutique and the Scientology Celebrity Centre.

"They love Cut because it's Wolfgang Puck's restaurant; he's been friends with Tom for a long time," notes an insider close to the couple. "I don't think it's any coincidence their home is near everything they enjoy. Tom's a successful man — he likes to have things a certain way."

For now, as renovations on the new mansion get wrapped up, the family is camped out in an apartment in the Scientology Celebrity Centre.

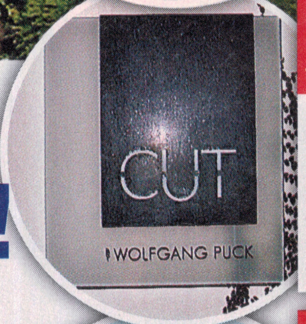
"They are so excited to get into the house," says the insider. "It really is a dream home."

The only drawback? It's a 46-minute drive to their close pals Will Smith and Jada Pinkett Smith's house!



Seven minutes to Maxfield

Katie loves to shop — and she doesn't have to go far to do it.



Eight minutes to Cut

Katie ate filet mignon and chocolate-mousse cake while dining with Tom on March 5.

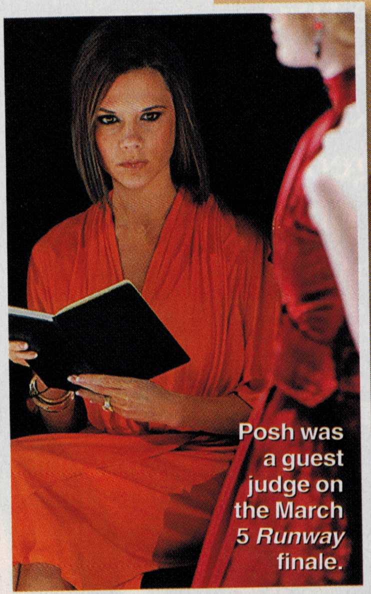
Nineteen minutes to the Centre

"Tom can live anywhere he wants. Why not choose a place near his favorite things?" says an insider.

Posh wants Christian's entire collection!

Designer Christian Siriano won $100,000 on *Project Runway* — and he also won over fashion queen Victoria Beckham, 33. "She hasn't purchased anything from Christian's line yet, but they're in talks," Bravo rep Tory Brody tells *Life & Style*. "She likes the entire collection."

And the lovefest goes both ways. "Victoria was great," Christian, 21, tells *Life & Style*. "She's so flawless. She's the nicest person ever, and she's not a diva." Really? "I mean, she's a diva, but she's not, like, diva-ish," he clarifies (sort of). "She's fantastic. She's really fun!"



Posh was a guest judge on the March 5 *Runway* finale.

Posh was clearly talking about Christian (here with Heidi Klum) when she said after the final runway show, "There was one person who really, really stood out. Every single piece…I'd wear myself."

CLOCKWISE FROM TOP LEFT: AP; BRAVO; SIPA; FLYNET

SIDE DISH!

WITH WENDY WILLIAMS

Is Kate Hudson nuts for seeing Owen Wilson again?

Yes! He's too much to manage for a young working mother in Hollywood. She has Ryder and his well-being to worry about, and she's got to maintain a civil relationship with his father, Chris Robinson. Owen is damaged goods. Even if he gets well, she'll always have to watch after him. Move on. Besides, she's already had him. What does she want to go back to that for?

TUNE IN! **Talk diva Wendy Williams hosts the nationally syndicated radio show *The Wendy Williams Experience* (107.5 FM WBLS in New York, 93.5 FM KDAY in LA). Log on to the wendywilliamsexperience.com, and check out her current novel, *Is the Bitch Dead or What?***

ON THE SCENE

- **Eva Longoria Parker** sneaking in the back door at Tao in NYC on March 1 and placing a take-out order for steamed veggies.
- Rapper **Lil Jon** sending over a bottle of Hennessy to a group of New York Giants players at Room Service in NYC on March 1.
- **Ashley** and **Mary-Kate Olsen** celebrating the opening of the new flagship Fendi store on Avenue Montaigne in Paris recently.
- **Josh Kelley** at Marquee Room 3 in NYC on Feb. 29, confiding that he and his new bride, **Katherine Heigl**, are "definitely" thinking about starting a family.
- **John Mayer** giving an impromptu performance at Hennessy's jazz night at Teddy's in LA on March 6.

Mary-Kate and Ashley also attended Fendi's Paris Fashion Week bash.

- *Gossip Girl*'s **Blake Lively** shopping with friends and family at the Armani Exchange store on Fifth Avenue in NYC on Feb. 29.
- **Lucy Liu** chatting and dancing with fashionista Joanna Preiss at the Rock & Republic party at Hôtel de Crillion in Paris on March 1.

Stars gossip too!

"I don't know if my pride could've handled it if he hadn't at least tried to flirt with me."

—Ivanka Trump on Kiss rocker and *Celebrity Apprentice* contestant Gene Simmons

"They're so talented, those two. Have kids quick! Gorgeous kids, oh my God!"

—*Gossip Girl*'s Kelly Rutherford on co-star Chace Crawford and his rumored girlfriend, Carrie Underwood

"Yeah, it's really beautiful on her!"

—Reese Witherspoon on the pig nose Christina Ricci's character wears in *Penelope*

"I couldn't ever live a life like Britney Spears'; [she's] under the spotlight every day. I need my privacy.... Otherwise, I'd just go loopy."

—Victoria Beckham

"I love British men. I had a crush on Hugh Grant for ages, then I had a Colin Farrell thing that turned into a Daniel Craig phase."

—*Lost*'s Yunjin Kim on her love of U.K. movie hunks

CLOCKWISE FROM TOP LEFT: STARTRAKS (2); SPLASH; WIREIMAGE; CELEBRITY PHOTO; WIREIMAGE; ZUMA; LANDOV; SPLASH; LANDOV; IFC FILMS; VISUAL PRESS; STARTRAKS

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by janelle

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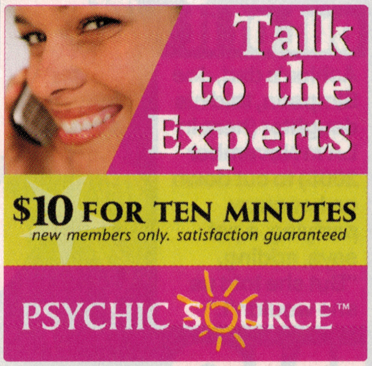
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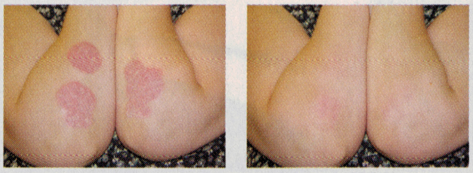

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Always thirsty?

Ashlee relaxed with a drink before performing at a Wal-Mart in Farmingdale, N.Y., on Feb. 25.

Drinking with pals

While partying in New York's Hamptons last summer, Ashlee switched between rum and champagne cocktails.

Looking out of it

Ashlee's dad, Joe Simpson, told his daughter (here in LA in November 2006) to cut down on her crazy partying, a pal says, adding, "But she told us she wouldn't."

IS ASHLEE PARTYING TOO MUCH?

Troubled pop star Ashlee Simpson faces yet another scandal

If Ashlee Simpson was exhausted by the time she arrived at Miami hot spot Mansion for her live performance at 12:45 a.m. on March 8, it's hardly surprising. According to a witness who saw Ashlee and her entourage hanging out by the pool of the Shore Club earlier that day, the pop star had been partying since 3 in the afternoon.

"She had been drinking all day and was even talking about how hard she'd partied the night before," says the witness. "She was loud and seemed drunk. She was drinking both Russian Standard vodka and Johnny Walker Black."

Before arriving at Mansion, Ashlee had dinner with 12 pals (including beau Pete Wentz) at Social, where they polished off a whopping three bottles of Imperia vodka, says an onlooker. Ashlee, 23, was "totally trashed," says a witness.

While performing, "she seemed to forget the lyrics a few times," the witness says. "She tried to cover for it by hiding her mouth and doing tricks like cartwheels and a backflip." Before leaving the club, she had one last glass of champagne.

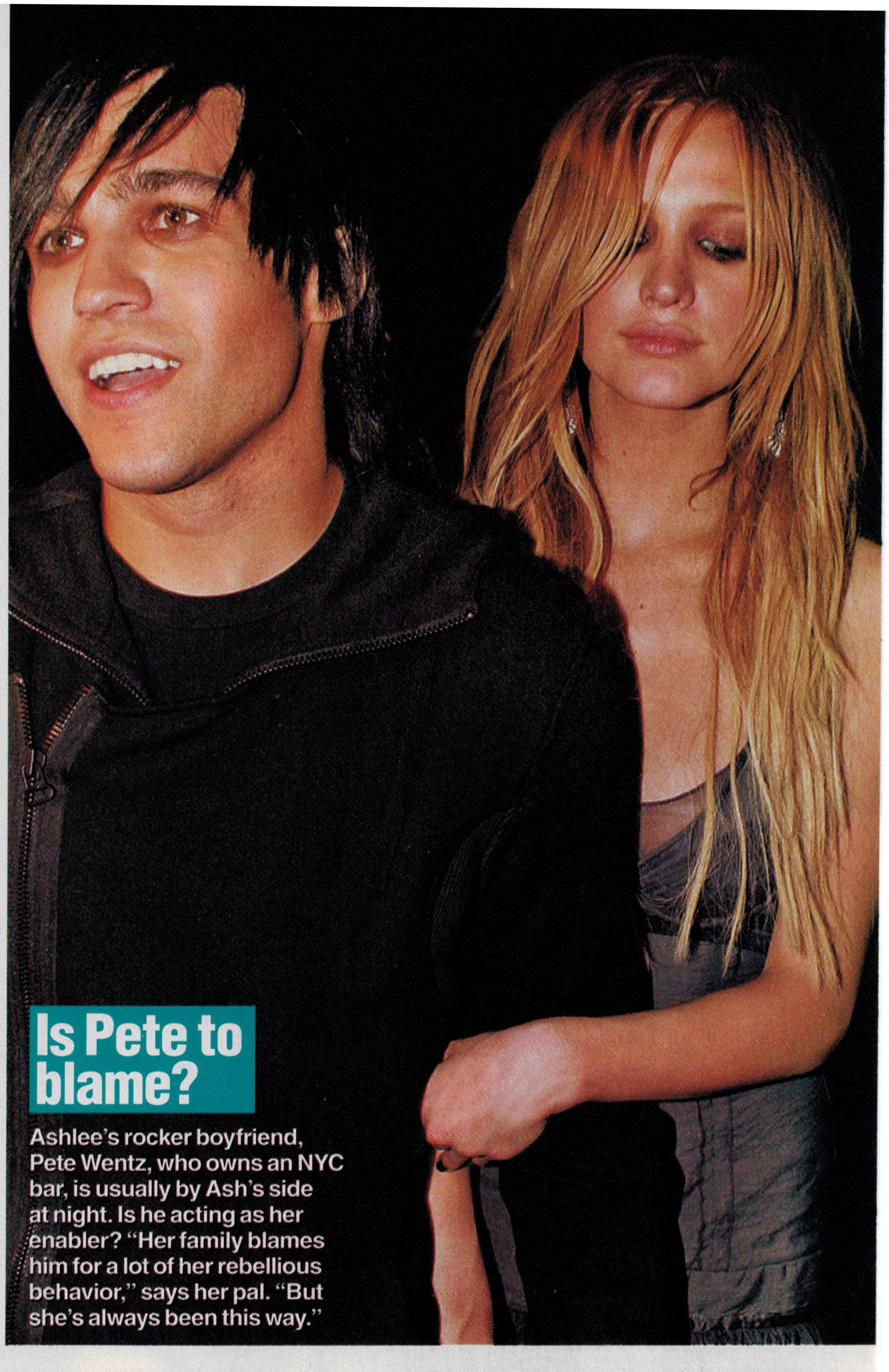
The controversial interview

It was troubling behavior, especially in light of the scandal Ashlee had faced just days before: After a March 4 radio interview with Washington, D.C., radio station Hot 99.5, rumors began circulating that she was drunk on the air. Tripping over her words and forgetting the lyrics to her song at one point, the seemingly disoriented singer stumbled through an awkward exchange with DJ Kane. Asked if she had been out the night before, she insisted she'd stayed in her room.

But her out-of-it behavior seemed to

Falling over?

During a performance at NYC's Marquee on Feb. 26, it looked like Ashlee had to hold on to a railing for support.



Is Pete to blame?

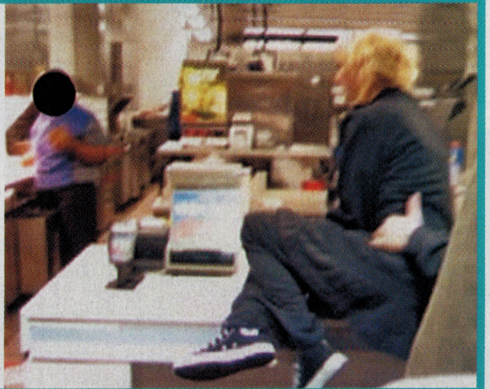
Ashlee's rocker boyfriend, Pete Wentz, who owns an NYC bar, is usually by Ash's side at night. Is he acting as her enabler? "Her family blames him for a lot of her rebellious behavior," says her pal. "But she's always been this way."

tell a different story. Ashlee's rep claims the singer hadn't been drunk, just tired. But Ashlee had a different excuse. "I was asked…personal questions," she wrote on her MySpace page. "I giggle when people ask me uncomfortable questions, not knowing what to say."

But now that she has a new album to promote, there could be reason for concern. After all, notes a pal, "She says her favorite part of touring is partying with her bandmates."

Adding fuel to the fire: Ash admitted she got a tattoo the night before her D.C. radio interview.

SHE'S BEEN DOWN THIS ROAD BEFORE



Ashlee said her tipsiness caused her to make a late-night scene at a Toronto McDonald's while on tour in 2005. Ashlee asked a fan to kiss her feet before jumping on the counter and berating an employee. "I was being a little, you know, silly and crazy that day," Ashlee said of the incident.

Kate Bosworth's shockingly thin frame has some worried that the actress is wasting away

DAN

Kate Bosworth created a buzz when she was spotted looking emaciated outside Bite Me Burger restaurant on Sydney's Bondi Beach on March 7. It was apparent to onlookers that the bony star, who last year seemed to have bounced back from a skeletal period, was once again dealing with her old body demons.

"When friends ask Kate why she's so skinny, she gives them excuses about

Scary skinny
Kate, who was in Australia for a friend's wedding, visited Bondi Beach's Bite Me Burger on March 7. She ordered a foot-long hot dog with onions, cheese, mustard and ketchup, an insider at the restaurant says, but it didn't seem to add much meat to her bones.

Fuller and fabulous
Last June, a healthier-looking Kate appeared to be about 13 pounds heavier.

Is James a bad influence?
Kate seems to be revamping her bod to match her pin-thin beau, James. Despite her excuses, "there's no indication from her that she wants to weigh more," says an insider.

Is Kate in
GER AGAIN?

how she's always on these long flights and can't eat properly," an insider says about the 5-foot-5 star, who's about 107 pounds. "She promises to put on weight when she gets around to it."

But Kate, who's set to promote the drama *21*, doesn't seem to want to fill out her figure. Adds the insider, "She's at the point where she consciously picks clothes that distract from how thin she is." Dr. Craig Title of NY Specialists in Medical Weight Control tells *Life & Style* that kind of deception is common among people with body issues. "People with weight problems often think it's possible to hide beneath baggy clothing," says Dr. Title, who doesn't treat the star.

Is love hurting Kate?

The last time Kate, 25, lost a frightening amount of weight, she was distraught over her breakup from then-beau Orlando Bloom in 2005. Now the stress of another relationship — her long-distance romance with pin-thin model James Rousseau, 27 — could be compromising her health, the insider fears.

Dividing her time between James' apartment in Paris and her home in LA is stressful on Kate and manifests itself physically, says the insider, who adds, "Kate's eating like she's a runway model, not a busy actress who needs to look healthy during appearances."

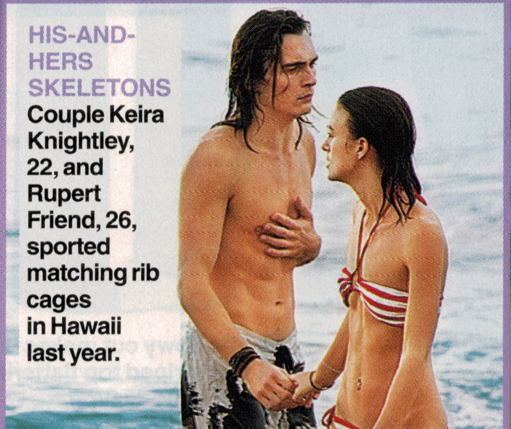
The pressure of a relationship can be detrimental for anyone with weight issues, says nutrition expert and therapist Elena Michaels, especially when the significant other, like James, is super skinny. "Being with a thin boyfriend, the pressure is on," Michaels, who doesn't treat Kate, explains to *Life & Style* about the stress of comparing oneself to a partner.

The skinny on the situation

Whatever's going on in her life, it's time for Kate to put her health first. "She's in the danger zone," says Dr. Title. "She looks very unhealthy." Adds the insider, "Kate needs a wake-up call; she needs to put on 10 or 15 pounds. It's scary to see just how skinny she really is."

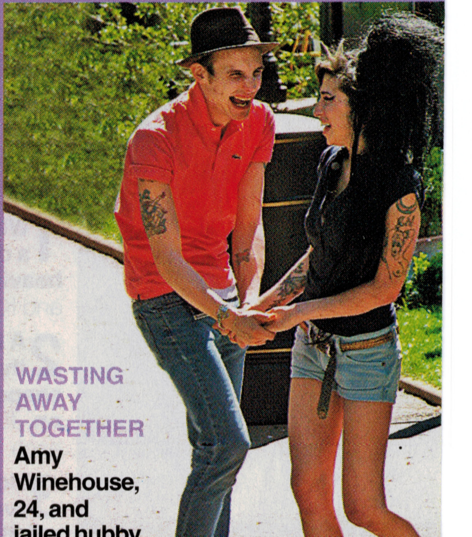
Is skinny contagious?

These fat-free duos look like they're encouraging each other to think thin



HIS-AND-HERS SKELETONS Couple Keira Knightley, 22, and Rupert Friend, 26, sported matching rib cages in Hawaii last year.

LANKY-LEGS ALERT! Sienna Miller, 26, and Rhys Ifans, 39, both need to bulk up their legs, says nutrition expert Elena Michaels.



WASTING AWAY TOGETHER Amy Winehouse, 24, and jailed hubby Blake Fielder-Civil, 25, appear to have zero muscle mass.

The experts consulted for this story submitted their opinions after reviewing the featured pictures. They haven't personally treated the celebrities.

THE STYLE LIST

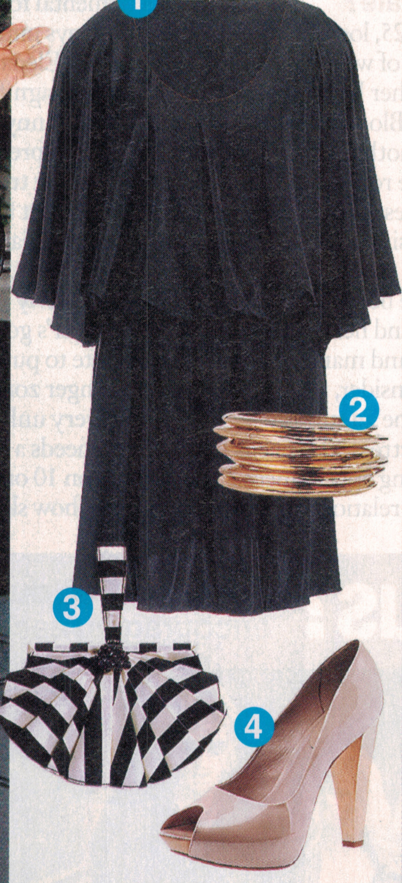
How far should go with the

Fashion designer Rebecca Taylor gives her advice on wearing stripes

"Jessica Simpson gave this simple black mini some excitement by adding a fabulous $850 Valentino satin clutch," notes Taylor.

Just a touch

"Striped accessories are so easy to wear," says Taylor. "Just be sure to pair them with neutrals."



1 With bat-wing sleeves and a draped cut, this masks heavier arms and thighs. Kate and Kass $110, luxelabel.com

2 A hidden elastic inside makes these round- and square-shaped bangles *so* easy to slide on. JLo by Jennifer Lopez $25 each, select Macy's

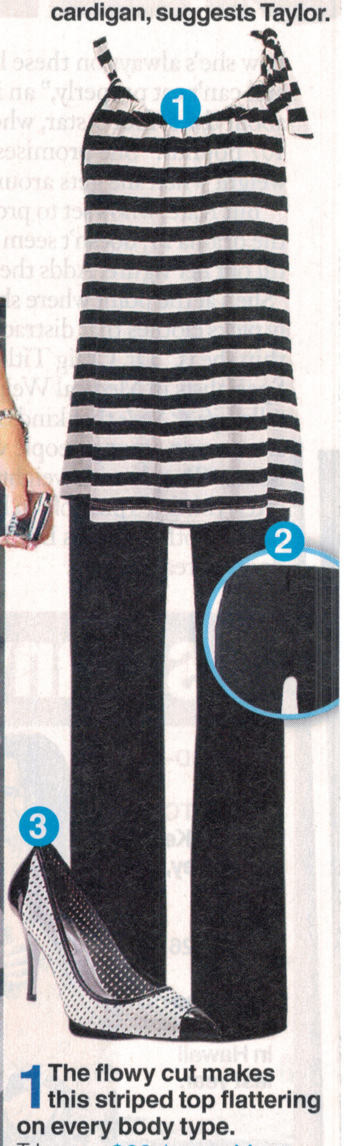
3 More striking than a solid evening bag, this striped wristlet is equally versatile. Lulu Guinness $315, 212-367-2120

4 Thanks to hidden 1" platforms, these 5" heels are totally manageable! Aldo $100, aldoshoes.com

Nicky Hilton's variegated tank from her Chick by Nicky Hilton line "is a great twist on a classic," Taylor says. The heiress wisely kept the rest of her outfit understated.

A little more

Anyone can try mixing a stripe tee with jeans and a cozy cardigan, suggests Taylor.



1 The flowy cut makes this striped top flattering on every body type. T Luxury $66, Loopy Mango, 718-858-5930

2 We love how these straight-leg knit jeans feel as comfy as leggings. Express $50, expressfashion.com

3 Mesh-leather heels add a rocker vibe to a preppy outfit. Via Spiga $198, Bloomingdale's

stars
trend?

eave it to Paris Hilton to go all
ut with a striped dress. Her
ick? Sticking to matching black
nd white accessories — like her
nod shades and patent pumps.

All the way

Vintage-inspired accessories will give a striped mini a chic, grown-up feel, says the designer.

1

2

3

4

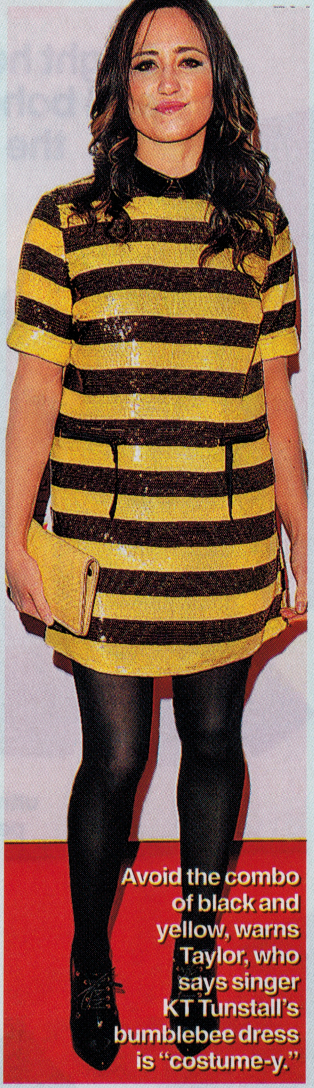
1 Round frames flatter every face shape — square, diamond, even oval. Fantas-Eyes $20, fantas-eyes.com

2 Stripes after dark? Absolutely! A sequined skirt makes this cotton dress totally fancy. Rebecca Taylor $389, Neiman Marcus Cusp, 202-625-0893

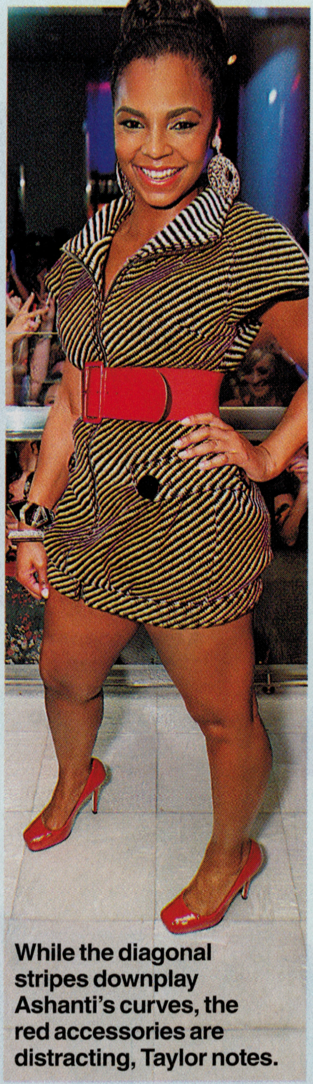
3 An oversize gemstone ring is the only jewelry required! Claire's $10, claires.com

4 These creamy platform peep-toes will go with *everything*. BCBGirls $110, bcbg.com for stores

Oops! Mixing in color can complicate things



Avoid the combo of black and yellow, warns Taylor, who says singer KT Tunstall's bumblebee dress is "costume-y."



While the diagonal stripes downplay Ashanti's curves, the red accessories are distracting, Taylor notes.

FROM LEFT: SPLASH; RAMEY; WIREIMAGE; SPLASH; WIREIMAGE; STILL LIFE: HBB

Rainbow brights

The key to pulling off colorful stripes is to keep the rest of the outfit neutral

When worn under a brown cardigan, this halter turns office-appropriate. Victoria's Secret Catalogue $58, victoriassecret.com

Stacked bangles are a fun way to test-drive the trend. R.J. Graziano $25 each, 212-685-1248

These T-straps would add a nautical feel to white jeans. Mia Shoes $59, miashoes.com

COLORFUL

Bright hues, bold patterns and boho details dress up the newest knits

A low scoopneck enhances a small bust. MNG by Mango $59, MNG by Mango stores

Cropped styles are ultrasleek with high-waisted pencil skirts. Express $45, expressfashion.com for stores

Palm Beach goes glam with giant beads. Banana Republic $89, bananarepublic.com

WHAT A BARGAIN!

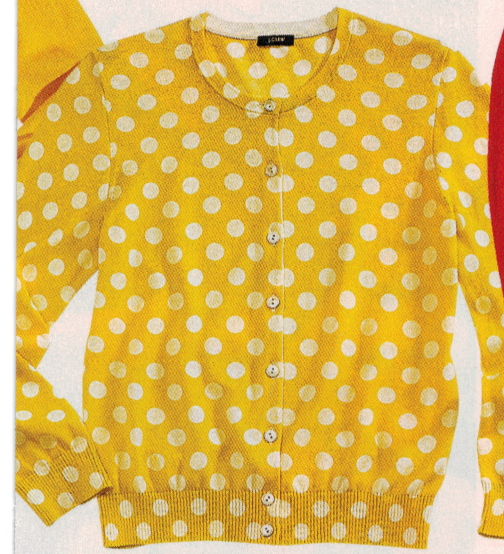
This would add a boho vibe to faded jeans. Charlotte Russe $20, select Charlotte Russe stores

A prim tie neck makes this sweater office-ready. Milly $244, polkadotsandmoonbeams.com

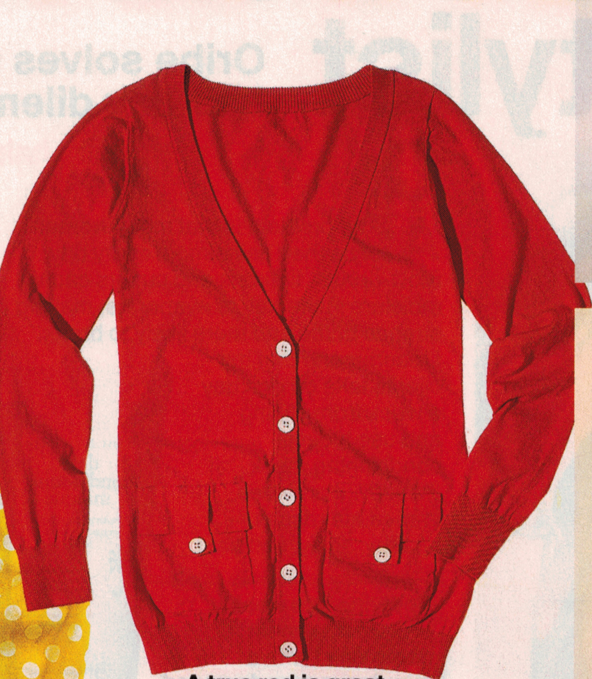
This beach print would be fab as a bikini cover-up. Charlotte Tarantola $138, 800-396-1296

CARDIGANS

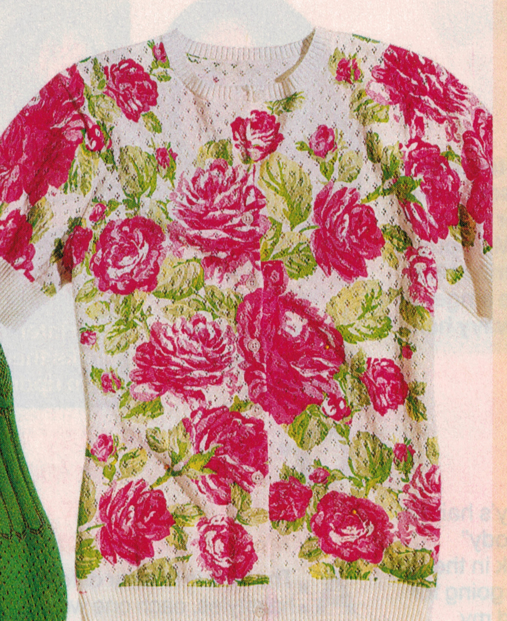
Buttoning a cardi at the waist, like Kristin Cavallari, is slimming.



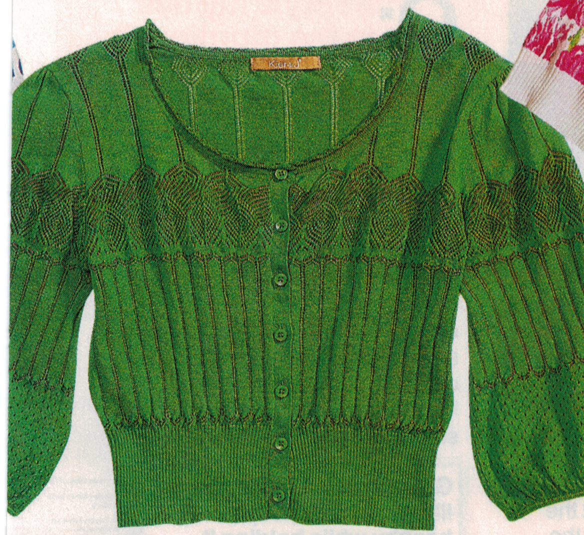
We'll be layering this over a crisp white tee.
J.Crew $95, jcrew.com



A true red is great with *any* skin tone.
Lauren Moffatt
$237, CoatTails, 601-853-1313



So preppy! Pink and green are super girlie.
Isaac Mizrahi for Target
$30, target.com



Intricate stitch work and bell sleeves give this a home-spun feel.
Kier + J $178, bagshop.com

Expert Q&A

Knitwear designer Charlotte Tarantola shares her insider tips

Q: I like fancy details like beading and crochet, but I don't want to spend a lot of money. Any suggestions?

A: Buttons! They may seem unimportant, but they can make a simple sweater stunning. Scout out inexpensive cardigans that have a great pattern or cut. Then go to a flea market (eBay works, too!) and look for vintage glass or crystal buttons to replace the ones you have. Just make sure they fit through the buttonholes. Otherwise, you'll have to sew the holes shut and pull the cardigan over your head!

Q: My knits always get snags and pulls, and I'm not so good with a needle. Can you recommend a quick fix?

A: Take a crochet hook or even a dull pencil and push the yarn through the inside of the sweater. No one will notice the extra yarn inside. If it really bothers you, use a sewing needle with a big eye (it's fool-proof) to secure the thread.

Q: What styles are best for camouflaging a large bust?

A: It's all about the yarn: Wool and cashmere blends rarely cling. Also, try leaving the cardigan open and layering a dark tee underneath. The eye will glide over the dark shade and rest on the lighter color instead, downplaying the bustline.

INF. STILL LIFE: HBB

Secrets from Mariah's hairstylist

Oribe solves bad hair day dilemmas

To create Mariah Carey's seductive style for her new "Touch My Body" video, Oribe blew out the singer's naturally wavy hair.

Q: Help! How can I get rid of a stubborn cowlick?

A: I just did Mariah Carey's hair for her new "Touch My Body" video, and she has a cowlick in the front that curls up. We were going for a smooth look, so I just used my fingers to pull that section of hair taut and straight while blow-drying the area until there was no bend left — which anyone can do at home. Also, getting a haircut with longer layers wherever the cowlick is can help weigh down a problem curl.

CLOCKWISE FROM LEFT: LDP; STARTRAKS; FILMMAGIC; WIREIMAGE

Q: How can I get my dry hair to look and feel silky?

A: The problem is that many women style their hair almost every day. Blow-dryers, flatirons and curlers cause moisture in the hair to evaporate, making strands brittle and more likely to break. I recommend that my clients take off one day a week from styling and use a deep-conditioning mask that day. It provides immediate results — healthy, shiny, soft hair!

olive & avocado
deep conditioning masque
traitement capillaire masque revitalisant intense
repairs, strengthens and nourishes hair inside and out
répare, fortifie et nourrit les cheveux en profondeur
earthscience
6 oz / 170 g

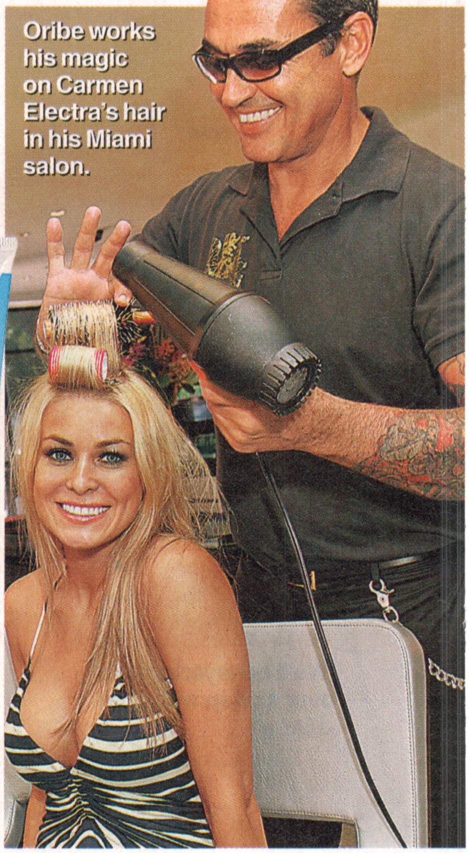
Applying this weekly protein treatment to damp hair for five minutes makes damaged tresses strong and silky! Earth Science Olive & Avocado Deep Conditioning Masque $9, earthessentials.com

Jennifer Lopez sports a wavy blow-out.

J.Lo later works the wave in an updo.

Q: What's an easy way to keep my hair looking fabulous days after getting a blow-out at the salon?

A: The trick is to wear different hairstyles, each one working with the texture of the hair as it changes from day to day. My client Jennifer Lopez is the master of this! On the first day, rock the blow-out. On the second, embrace the natural wave that forms and pull hair into a loose ponytail. On the third, take advantage of the scalp's natural oils by pulling locks back into a sleek tight bun.



Oribe works his magic on Carmen Electra's hair in his Miami salon.

Q: If I style my hair in the morning, it gets frizzy by midday. What gives?

A: Frizz happens when moisture (from humidity or wind) penetrates the strands, causing them to swell. To combat this, apply gel to damp hair before blow-drying. The gel will help seal cuticles (keeping extra moisture out) and holds hair in place so locks will stay smooth all day.

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HOLD
8.5 fl. oz./250ml

Gel with natural ingredients like cranberry keeps hair healthy while holding it firmly in place. KMS California HairStay Styling Gel $12, kmscalifornia.com

Bird crazy

Cute feathered friends are nesting everywhere from the bedroom to the home office

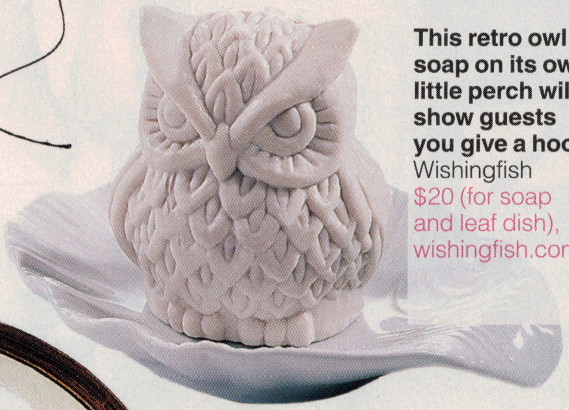
This jewelry box is the perfect place to store diamond and pearl studs. Z Gallerie $29, zgallerie.com

No need to splurge on an expensive piece of art — this 27"-by-20" canvas print instantly brightens a bare wall. Urban Outfitters $15 (was $40), urbn.com

Perched birds add a whimsical touch to a wrought iron lamp. Pottery Barn $120 (shade not included), select Pottery Barn

Looking for a housewarming gift? Giving bird-shaped bells is a Japanese tradition. Red Envelope $35 for set of four, redenvelope.com

We love the sophisticated Asian-inspired print on this linen pillow. DwellStudio $110, dwellstudio.com



This retro owl soap on its own little perch will show guests you give a hoot! Wishingfish $20 (for soap and leaf dish), wishingfish.com

Layers of paper placed over the glass give this candle holder its vibrant colors. Geraldine Gonzalez $30, johnderian.com

An elegant porcelain platter can be passed down for generations. ABC Carpet & Home $175, abchome.com

Even getting organized for tax season can be stylish. Fred Flare $18 for set of 12 folders, fredflare.com

The comfort

Vanessa goes crazy for chocolate

"I just love chocolate, and I can't give it up," Vanessa Hudgens says about her favorite splurge. "I find myself eating it all the time."

Carrie limits her treats

"It's important not to have a whole lot of junk food lying around," crooner Carrie Underwood says about her stay-slim secret. Still, she can't resist a bite of pizza or pumpkin pie!

Sophia indulges at meals

"I don't *love* salad," svelte star Sophia Bush admits to *Life & Style*. "I'd rather have a steak. My family is Italian — I want to drink a bottle of wine and eat bread and oil."

food diet

Splurging doesn't have to ruin a waistline. Here's how to snack smart!

Just because they need to strut their stuff on the red carpet doesn't mean stars don't indulge from time to time. In fact, Katie Holmes has admitted she's so obsessed with cupcakes, she's had to limit herself to one a week. And *High School Musical* star Vanessa Hudgens? She's a self-proclaimed chocoholic.

"We all crave comfort food at some time or another, usually when our emotions need attention," explains Deborah Stern, an LA-based personal trainer and nutrition coach (thepamperedpantry.com). "Whether we feel anxious, joyful, depressed, angry or fearful, food can be a form of self-medication or a way to celebrate."

A short-lived comfort

But there's a problem with digging in: Comfort foods are usually full of ingredients like fat and sugar, which provide a happy sugar high. That's part of the reason they make people feel better. "The body and mind get a surge of insulin, which has a calming effect," says Stern. But it can backfire when insulin levels drop again, leading to a sugar low. "The crash can be worse than the original feeling that made you eat," says Stern. The consequence? An urge to dig in to that pint of ice cream again.

Thinking thin

While going cold turkey *sounds* smart, Stern advises against it because when hunger eventually strikes, only off-limits yummy treats will satisfy. And that leads to bingeing.

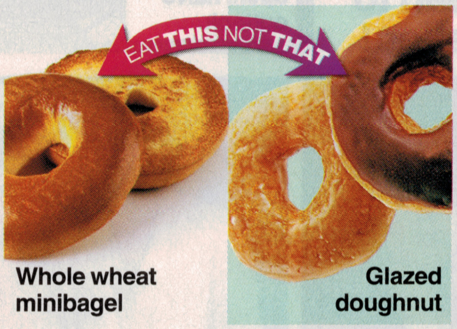
Instead, it's a matter of mind over mouth. "Part of what you crave with comfort food is a specific texture or taste," she says. So if people usually pig out on mashed potatoes, they can swap for mashed sweet potatoes, a side that's just as creamy but has less fat and fewer calories.

Stern insists that choosing from a healthier set of comfort foods (and limiting the bad-for-you goodies to just one day a week) can trick the brain *and* aid weight loss. In fact, following a daily plan of 1,300 to 1,700 calories that's filled with satisfying unprocessed foods instead of junk (combined with moderate exercise) can result in a loss of 1 to 2 pounds per week!

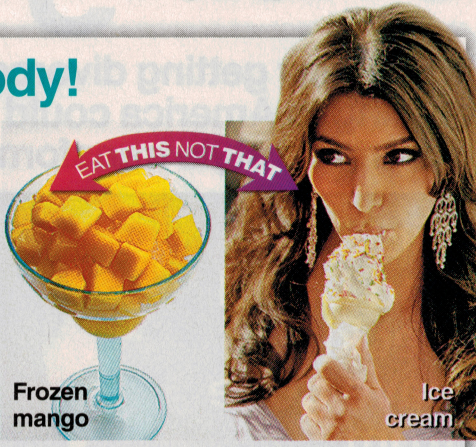
Food swaps that satisfy the mind *and* body!

EAT THIS NOT THAT
Pita with toppings
Cheese pizza

DIY PIZZA CUTS MAJOR CALORIES
Shave about 100 calories off a slice by opting for half a whole wheat pita baked with tomato sauce, nonfat cheese and veggies.



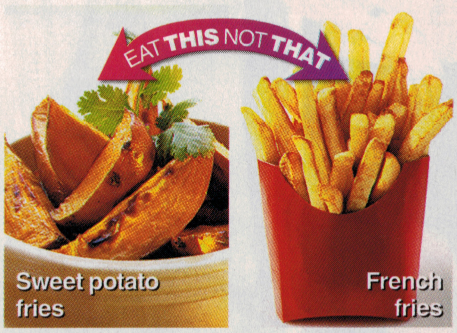
A HEALTHIER BREAKFAST OPTION
A nutritious whole wheat mini bagel topped with 1 tbsp. peanut butter and raisins is roughly 300 calories, compared to a 350-calorie doughnut.



MAKE A SWEET TREAT ALL NATURAL
Kim Kardashian could've avoided that 300-calorie ice cream splurge by making a cup of sorbet (about 100 calories) from frozen mango slices.

EAT THIS NOT THAT
Pasta primavera
Macaroni and cheese

A PASTA PLATE — WITH LESS FAT!
A cup of whole wheat pasta with veggies and a sprinkling of Parmesan (about 300 calories) is more filling than around a cup of mac and cheese (roughly 550 calories).



REAL SWEET POTATOES SATISFY
Bake sweet potato wedges with a dab of olive oil and sea salt for a 200-calorie treat. They sure beat the 600-calorie fried kind!

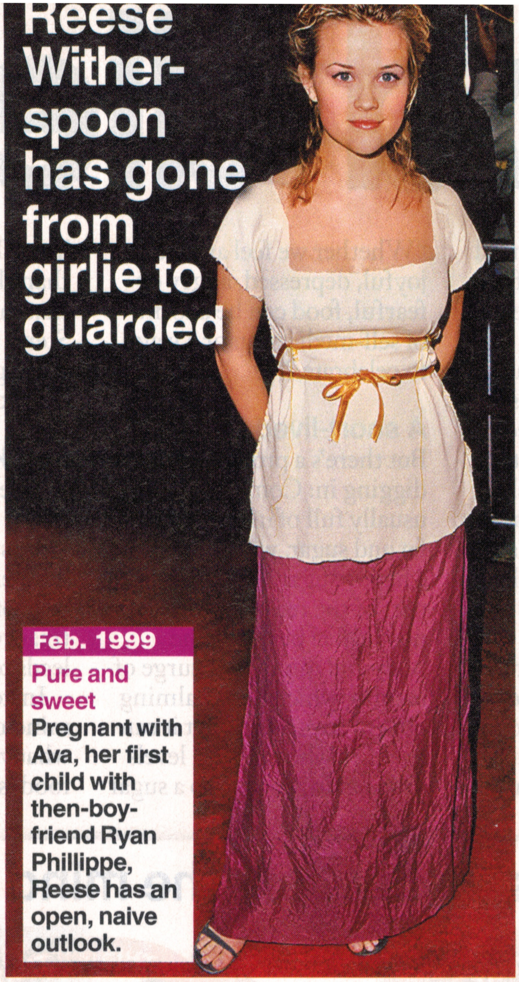
EAT THIS NOT THAT
Brown rice cakes
Potato chips

SNACK SMARTER WITH RICE CAKES
Have an urge to crunch? Opt for two 70-calorie whole-grain rice cakes instead of a 150-calorie serving of salty chips.

Why these stars' looks changed

Who knew getting divorced or coming to America could lead to a dramatic style transformation!

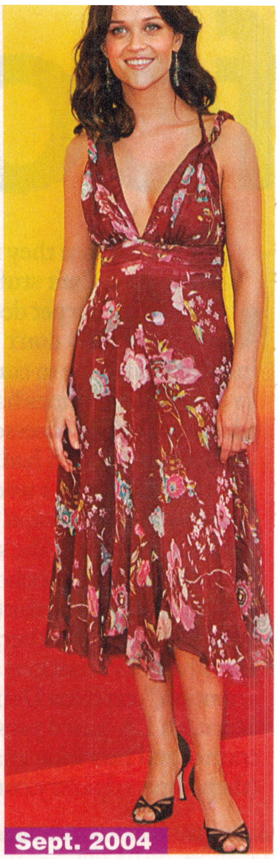
Reese Witherspoon has gone from girlie to guarded



Feb. 1999

Pure and sweet

Pregnant with Ava, her first child with then-boyfriend Ryan Phillippe, Reese has an open, naive outlook.

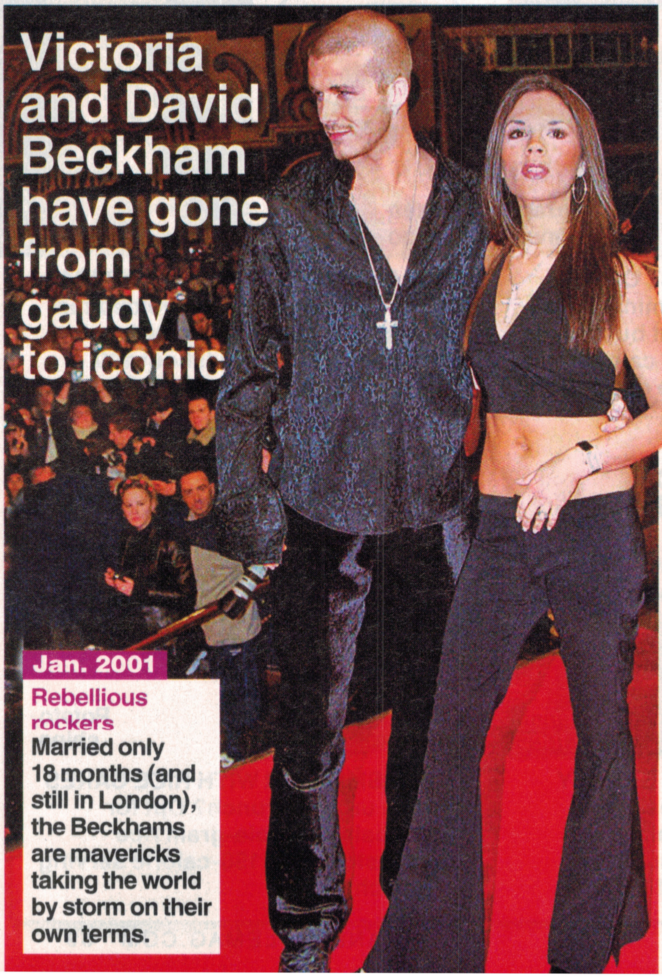


Sept. 2004

Mellow mom

Right after Deacon's birth, the married mom of two goes brunette.

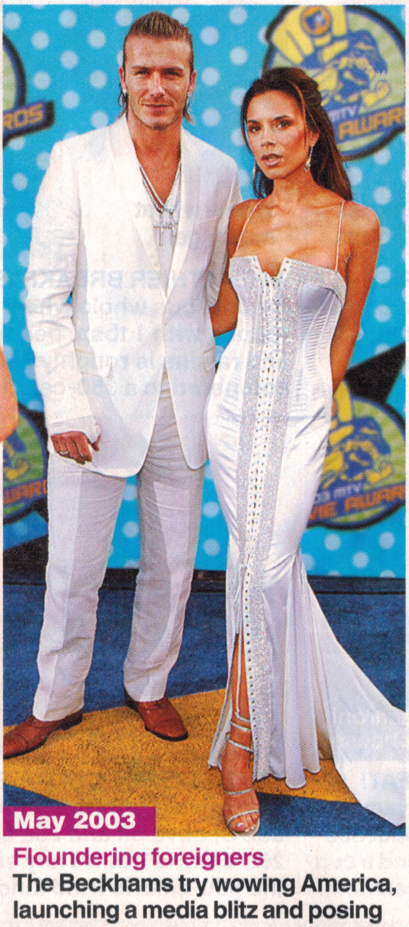
Victoria and David Beckham have gone from gaudy to iconic



Jan. 2001

Rebellious rockers

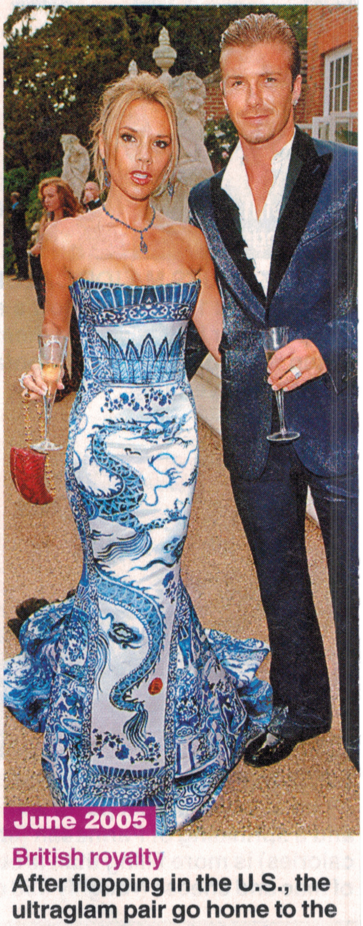
Married only 18 months (and still in London), the Beckhams are mavericks taking the world by storm on their own terms.



May 2003

Floundering foreigners

The Beckhams try wowing America, launching a media blitz and posing for the cameras in edgy white outfits.

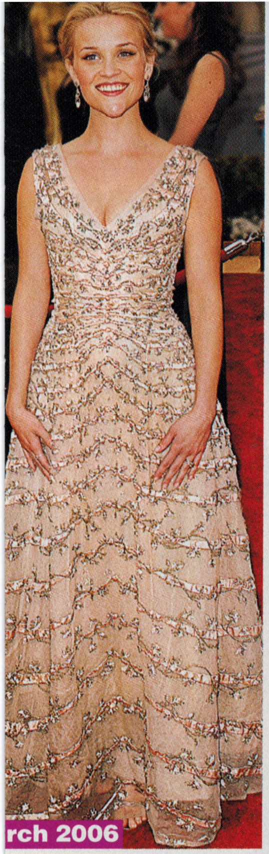


June 2005

British royalty

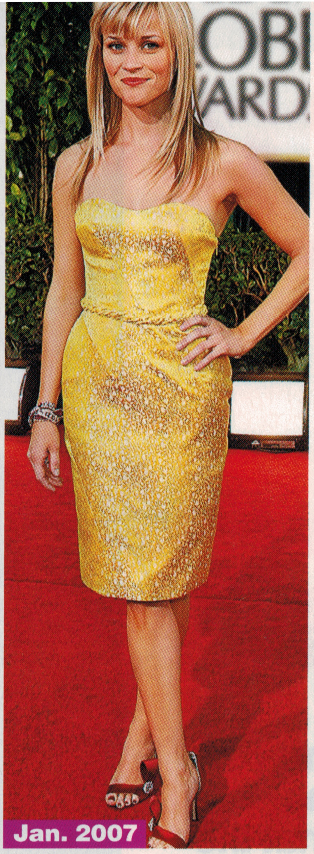
After flopping in the U.S., the ultraglam pair go home to the U.K. and their adoring fans.

CLOCKWISE FROM BOTTOM LEFT: GETTY; WIREIMAGE (2); BAUER-GRIFFIN; LANDOW; WIREIMAGE; BUZZ; SPLASH; INF PHOTO; REX; WIREIMAGE; SPLASH



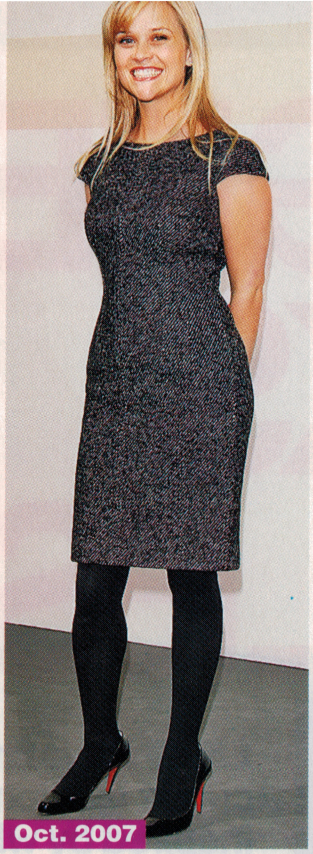
rch 2006

ademy Award goddess
ese glams up to show
lywood she's a serious
car-winning actress.



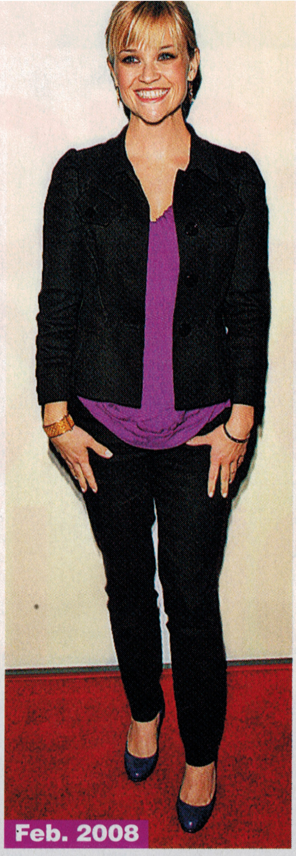
Jan. 2007

Sexy divorcée
Ryan who? Post-divorce, Reese sizzles in strapless Nina Ricci and bangs.



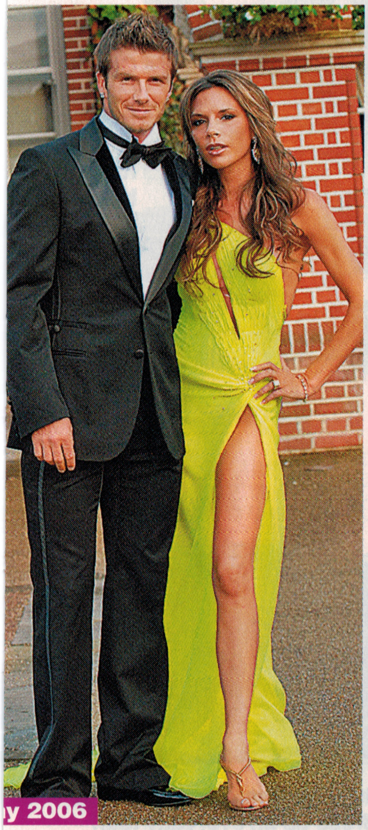
Oct. 2007

Dating and demure
After meeting Jake Gyllenhaal, she looks more schoolteacher than starlet.



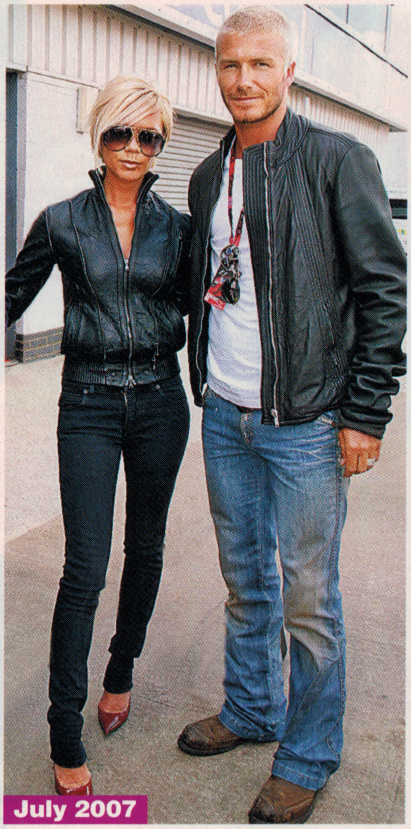
Feb. 2008

Prim producer
The conservative hair and suit say she wants to be taken seriously.



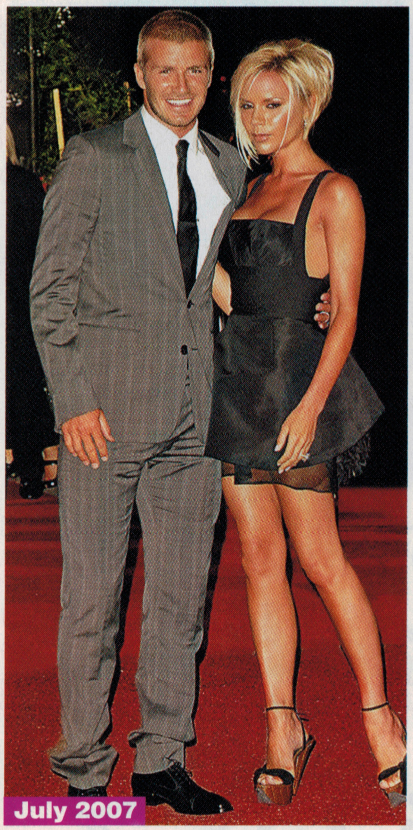
y 2006

per stylish
er having their third child, the
uple prove they're still sexy
raffic-stopping eveningwear.



July 2007

Casual and confident
Even in jeans, their matching platinum locks and leather jackets scream power couple.



July 2007

American icons
After settling in LA, Posh and Becks lose the rock-star image, adopting a toned-down Hollywood lifestyle.

THE STYLE SHRINK'S ANALYSIS

Dr. Carole Lieberman

Reese is afraid of getting hurt again

"Reese started out looking young and feminine," says psychiatrist Dr. Carole Lieberman. "Then after she got divorced, she overcompensated for her sadness at first with sexy clothes. Now she's buttoned-up. She's holding back in order to protect herself from being hurt again in her personal life and her career."

The Beckhams crave respect and adulation

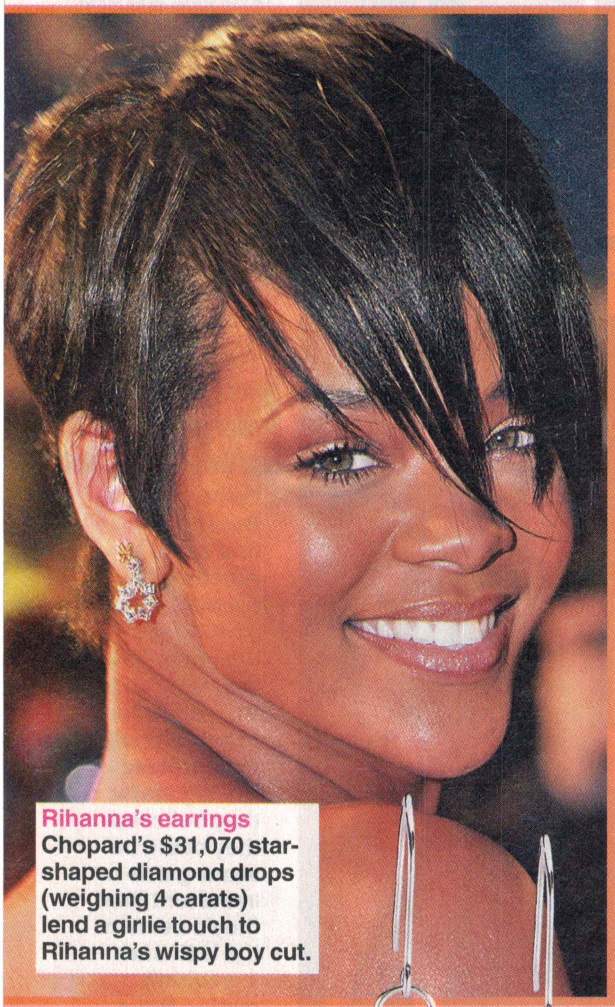
"When the Beckhams first came to America, they seemed disappointed with the reception they got," says Dr. Lieberman. "They expected to be treated like big stars; they believed they could be avant-garde or irreverent like they'd been in the U.K. and it wouldn't matter. But it did. This time, they've developed a more subdued look to persuade Americans to treat them like royalty."

DESIGNER LOOKS FOR LESS

Life & Style finds the cutest fashions — inspired by what the stars are wearing

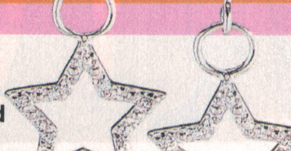
The splurge

Eva's bag
Leave it to Eva Longoria Parker to match a $1,200 Coach Miranda Python satchel to her chic blue shift.

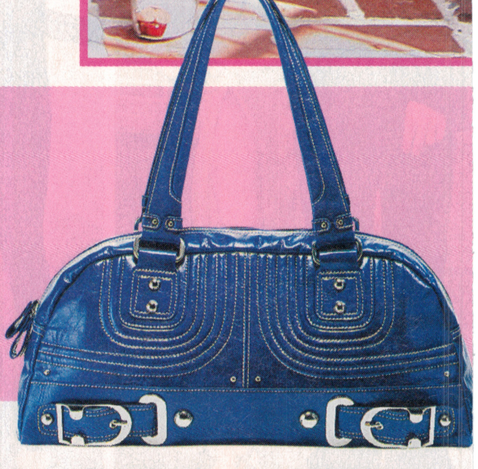


Rihanna's earrings
Chopard's $31,070 star-shaped diamond drops (weighing 4 carats) lend a girlie touch to Rihanna's wispy boy cut.

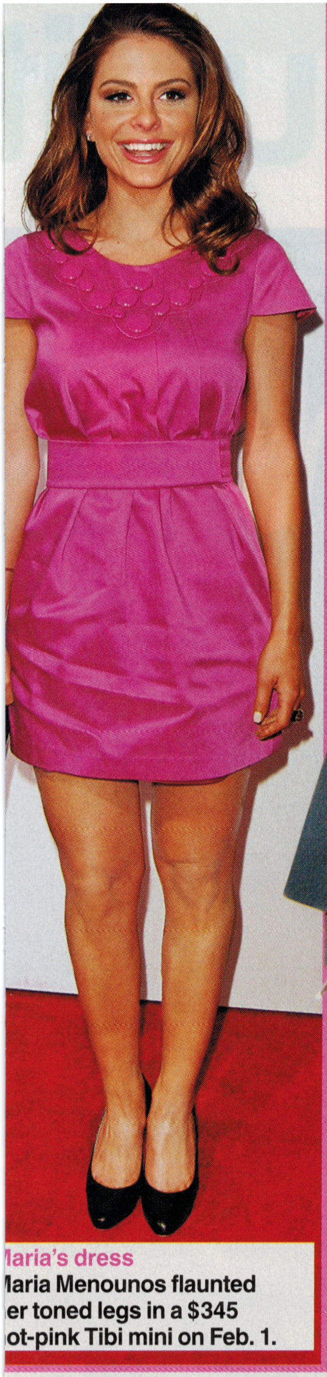
The steal



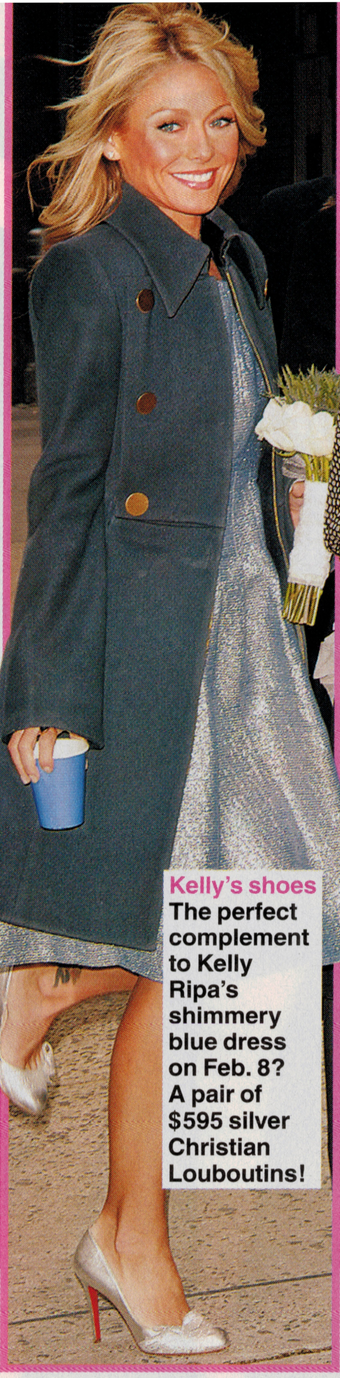
These stars would add a fun kick to a little black dress. Cz Fantasy
$26, czfantasy.com



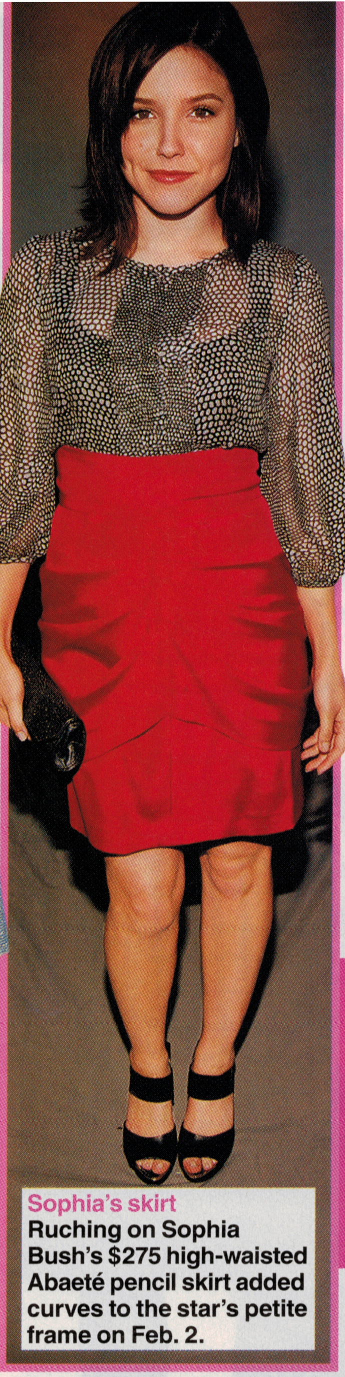
Silver hardware and stitching dress up an everyday tote.
Chinese Laundry Bags
$93, chineselaundrybags.com



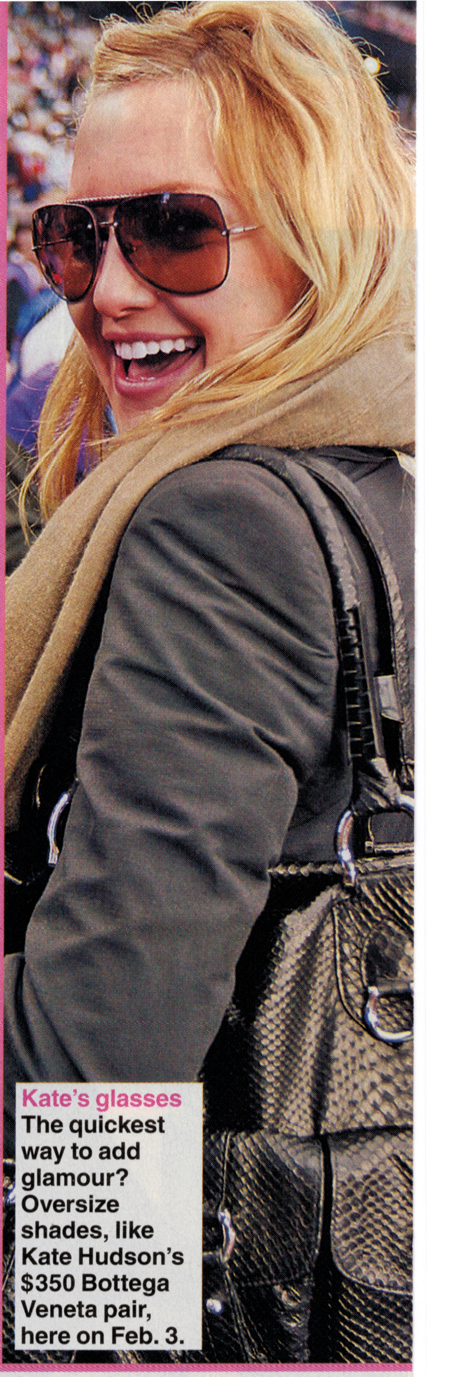
aria's dress
aria Menounos flaunted
er toned legs in a $345
ot-pink Tibi mini on Feb. 1.



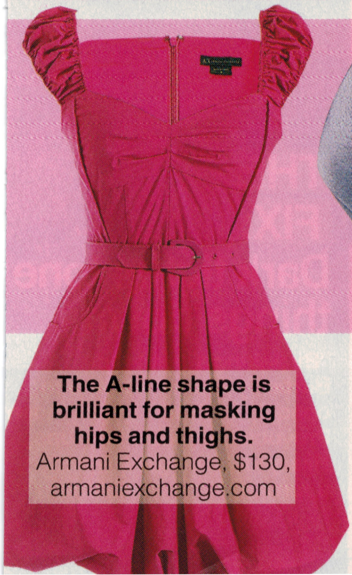
Kelly's shoes
The perfect complement to Kelly Ripa's shimmery blue dress on Feb. 8? A pair of $595 silver Christian Louboutins!



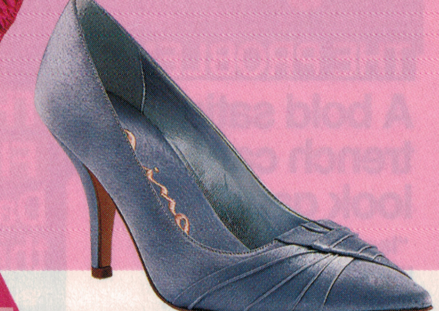
Sophia's skirt
Ruching on Sophia Bush's $275 high-waisted Abaeté pencil skirt added curves to the star's petite frame on Feb. 2.



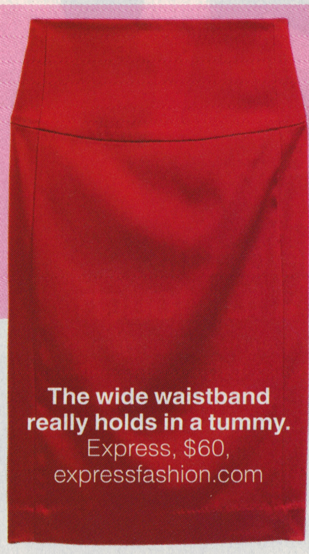
Kate's glasses
The quickest way to add glamour? Oversize shades, like Kate Hudson's $350 Bottega Veneta pair, here on Feb. 3.



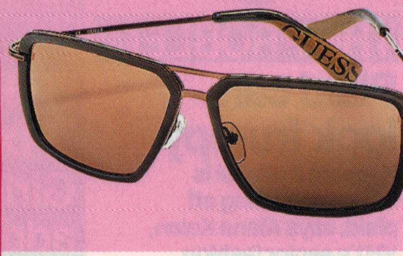
The A-line shape is brilliant for masking hips and thighs. Armani Exchange, $130, armaniexchange.com



Padded foot beds make these pleated pumps with 3¼" heels ultracomfy. Nina $79, endless.com

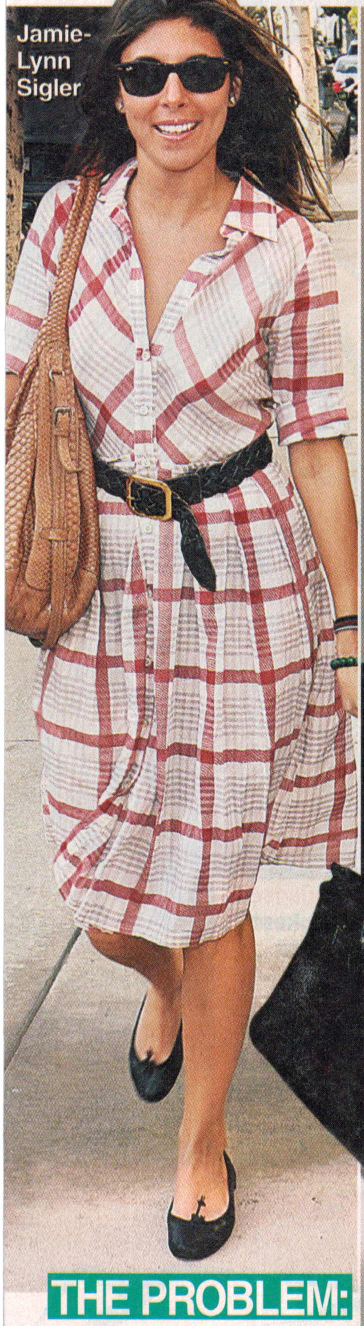


The wide waistband really holds in a tummy. Express, $60, expressfashion.com

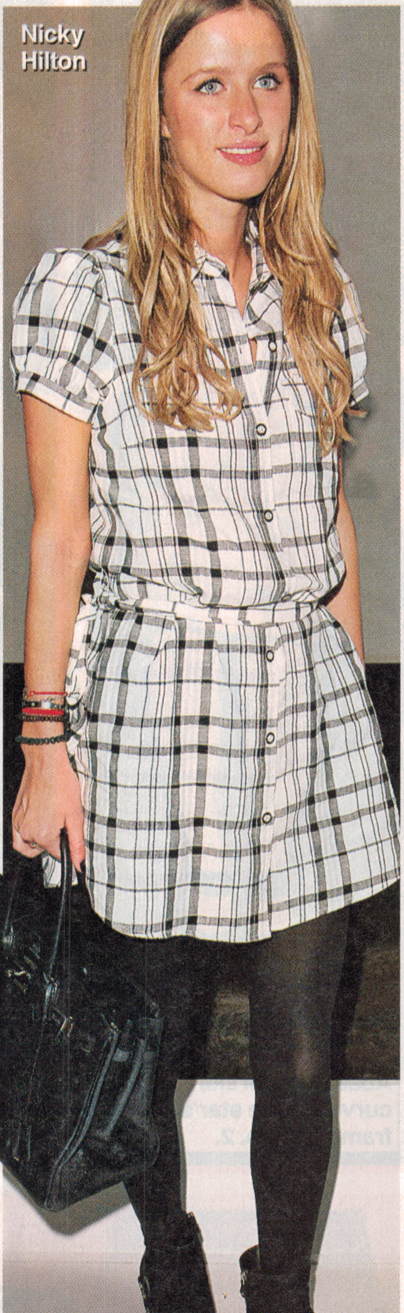


Straight-top aviators add width to a small forehead. Guess by Marciano Eyewear $75, guess.com

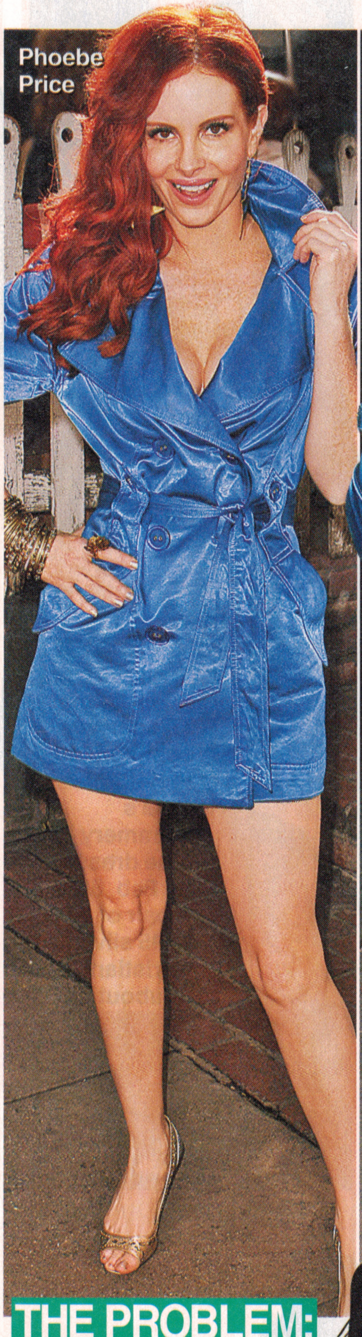
Can this outfit



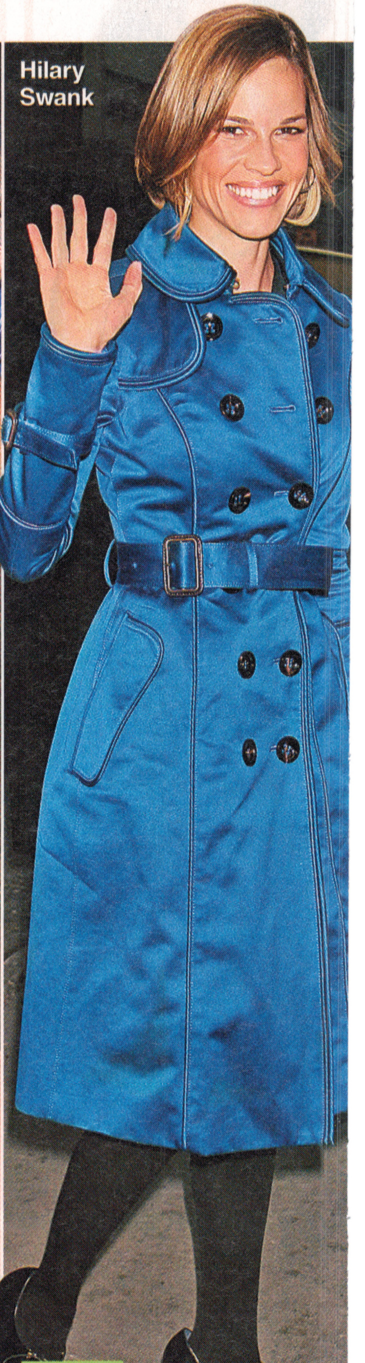
Jamie-Lynn Sigler



Nicky Hilton



Phoebe Price



Hilary Swank

THE PROBLEM:

Plaid can look frumpy

Keeping it playful is the key to pulling off plaid, says Alana Kelen, VH1's senior fashion stylist. But here, the too-long sleeves and hemline make Jamie-Lynn's shapeless shirtdress appear "very '60s housewife," Kelen says.

THE FIX:

Girlie details add a fun touch

Feminine elements, like pin-tucked sleeves and a shorter hemline, add a young and flirty spin to Nicky's Alice + Olivia dress. Opaque tights and ankle booties also add a modern touch, says Kelen.

THE PROBLEM:

A bold satin trench can look gaudy

"Is she wearing *anything* underneath?" Kelen wonders about Phoebe, whose trench is too revealing. "By adding a tank top and jeans, she'd still look sexy — and leave more to the imagination."

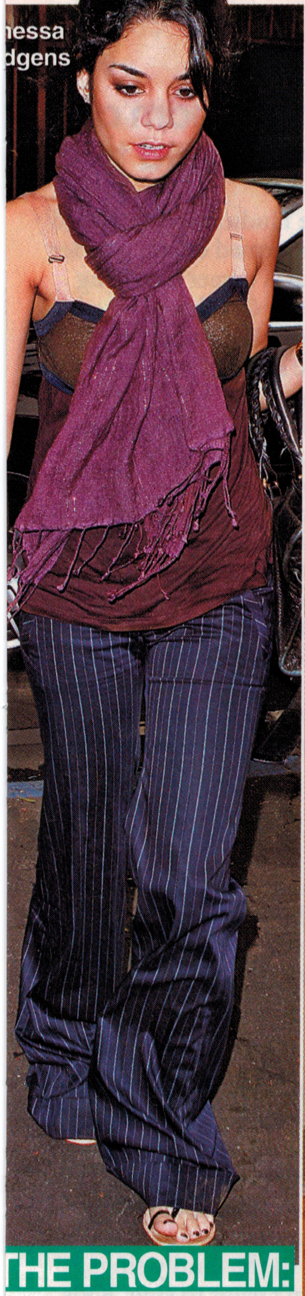
THE FIX:

Dark tights tone things down

"By pairing a jewel-tone Burberry Prorsum coat with opaque tights and glossy Agen Provocateur patent lace-ups, Hilary looks elegant — and appropriate," says Kelen.

be saved?

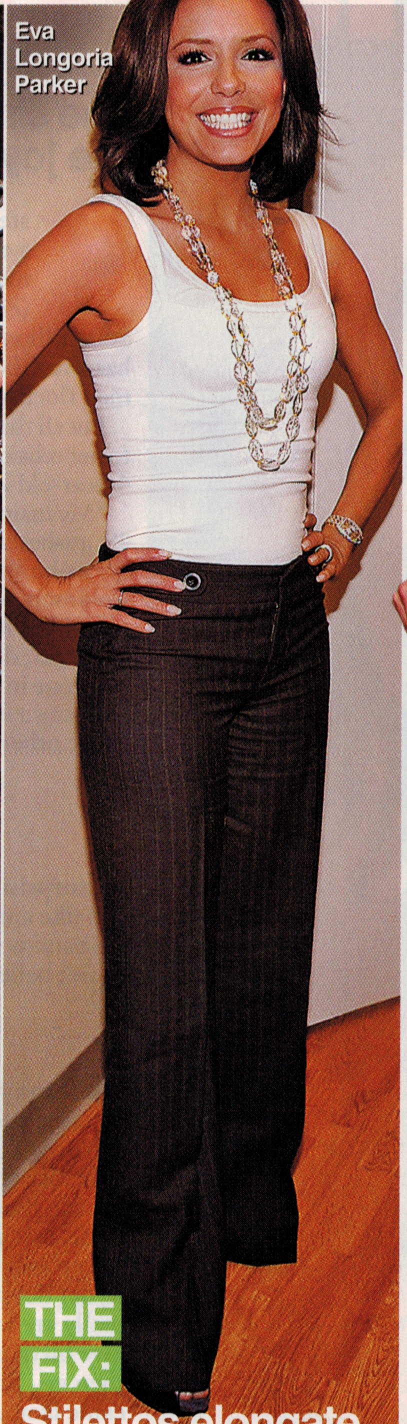
***Life & Style* puts four celeb looks to the test**



THE PROBLEM:

Vide-leg pants need heel height

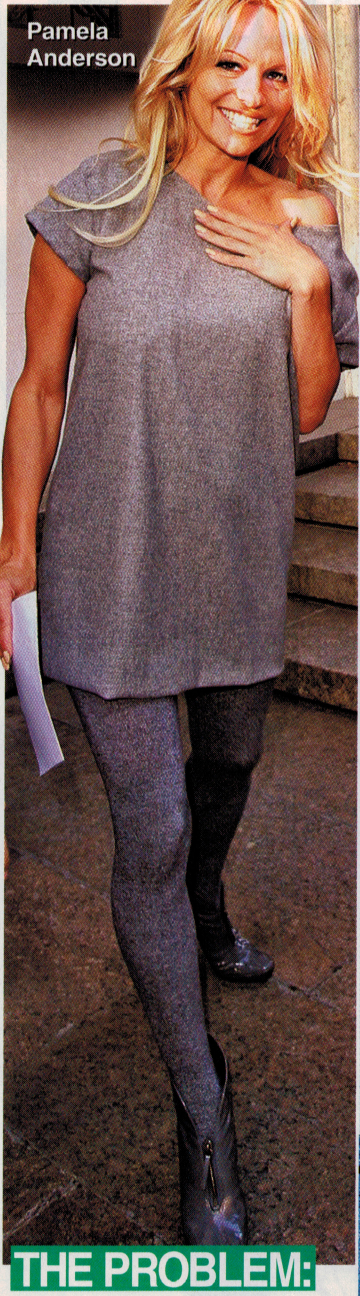
Heels are a must vith fuller trouser legs," elen says about *High chool Musical* star anessa's sloppy look. At e very least, Kelen adds, em the pants so they on't drag on the ground.



THE FIX:

Stilettos elongate the torso

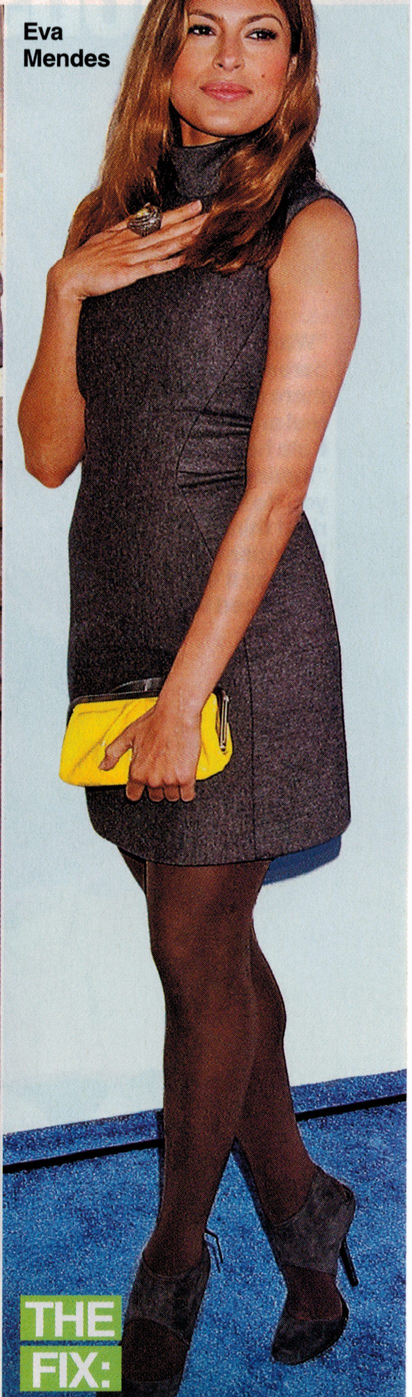
At 5-foot-2, Eva's an inch shorter than Vanessa, but she looks so much taller thanks to her Casadei peeptoes. "They allow her pants to fall straight, creating a longer, leaner look," notes Kelen.



THE PROBLEM:

Monotone gray can look drab

"Sticking to all gray — even if different textures and shades — creates a dull, flat look," Kelen says about Pam's matchy-matchy ensemble. "Pam could liven up things just by swapping her charcoal tights for a black or fuchsia pair," Kelen suggests.



THE FIX:

Bright extras lift any look

"The unexpected splashes of color — the yellow clutch and chocolate tights — make Eva's outfit interesting to look at," Kelen says about the star's Calvin Klein ensemble.

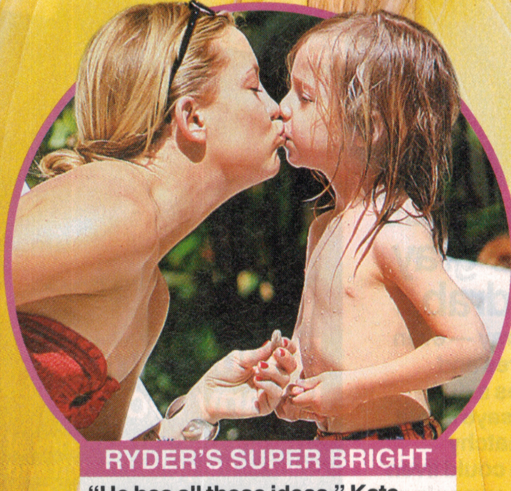
Getting Personal

KATE HUDSON: I haven't

The single mom candi
the joys — and trials -

TOUGH JOB

"With parenting, there are no real answers," Kate has said. "Instinctually, you do the right thing; it happens the way it's supposed to."



RYDER'S SUPER BRIGHT

"He has all these ideas," Kate, puckering up with Ryder on March 3, has said about her son. "I'm writing everything down — the things he says are amazing."

Kate Hudson seems to lead a charmed existence: Her movie career is soaring (*Fool's Gold* has grossed $60 million and counting), she has a terrific sense of style and men flock to her.

But all that pales in comparison to her relationship with her 4-year-old son, Ryder.

"My main focus is Ryder," Kate, 28, gushes about her only child with her ex-husband, rocker Chris Robinson, 41. "I'm in a really nice place. We have the best boy."

In fact, despite all the glitz and glamour in her life, when it comes to being a mom, Kate's just like every other mother — exhausted!

How does it feel to be a single mom now that you're divorced from Chris?

It's surprisingly wonderful. I *don't* feel like a single mom — my ex-husband is still around so much. I can't believe I got so lucky.

What does Ryder do that surprises you?

You think you know your child, but now and then you realize he's nothing like what you expect him to be. Ryder doesn't sing. He doesn't like to sing. You think, Well, I sing. Chris sings. Everybody in the family sings. Ryder doesn't want to sing. Kids really are who they are. You can give birth to a math brainiac and then go, "I don't know where you came from."

What do you miss about life before you had a child?

Sleep! When you become a parent, you don't get to sleep anymore. I don't think I've slept in four years. You do that thing where you negotiate with the kid. I'm like,

slept in FOUR YEARS!

pens up about
motherhood

"Please, Ryder. I'll put on *Curious George* if you just let Mommy sleep for another hour. Please!" Even if you're sleeping, though, you always have one eye open and one ear listening.

When dealing with Ryder, do you end up sounding like your own mom, Goldie Hawn?
You can't escape it. My favorite one is, "Because I said so." That's a big one. You say that more than you'd like.

Have you come up with any original lines?
One morning, I got so exasperated because Ryder was so grumpy. He's a grumpy boy in the morning, but it was like the first time, and I didn't know how to handle it. He didn't like anything I was making him for breakfast. He was having a moment that was so unlike him and so unlike my family, and I just got so mad. My line was, "We are happy people. Do you understand me? We are happy people." That was the only thing I could come up with!

What advice do you have for other moms?
Do the best you can. Everybody goes through difficulties with parenting. We all go through the joys of it and we go through the difficulties of it. It's the greatest journey.

At the end of the day, you just hope your child is happy. When you see your kid happy, you realize there's nothing else on the planet you'd rather be doing at that moment. *That's* the greatest reward.

Which style works on Kate?

The fashion-forward A-lister gets it right (most of the time)

LA hipster Kate's fedora-meets-lacy-lingerie combo (plus patches on her jeans) is a bit of a hodgepodge.

Casual cool Her cropped white jacket and high boots give a fresh, modern look to everyday jeans and a shirt.

Boho chic "I'm an earth mama," Kate has said of her laid-back bohemian style. The flowy top and fitted jeans work!

Glamour girl Kate cleans up well! The sequined stunner hugs her body in all the right places, and the color complements her blond hair.

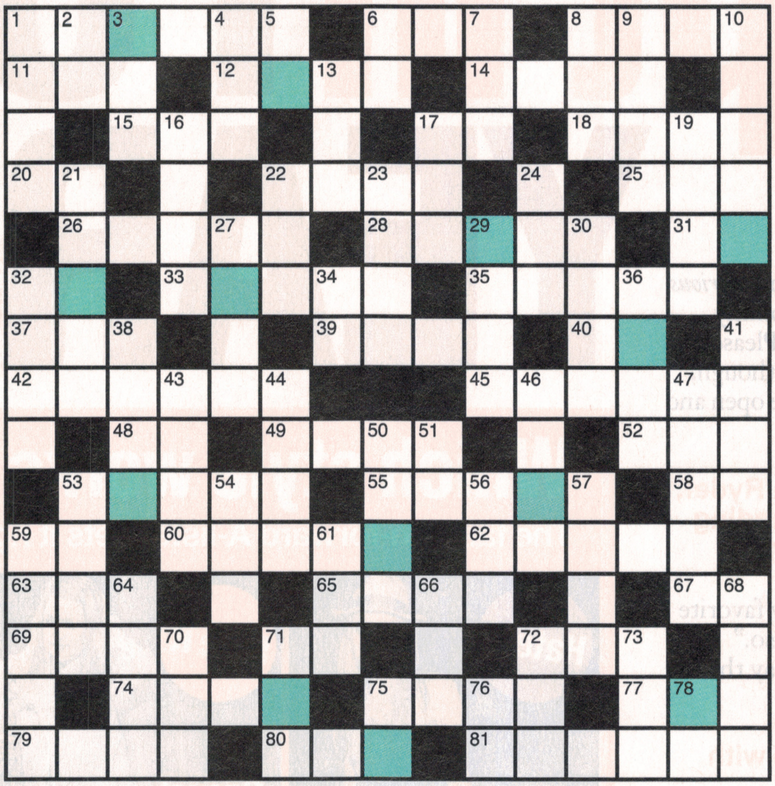
Love it
Winner!

Sexy starlet This sparkly mini, with an edgy plunging neckline, showcases Kate's gorgeous gams.

'20s flapper flair The color and the beaded detail are so pretty, but the neckline on this dress plunges just too far to be flattering.

CROSSWORD PUZZLE

Unscramble the shaded letters to spell out the name of this week's featured celebrity!



ACROSS

1 *Gigi* star Caron
6 Broadway hit *Mama ___!*
8 Jazz queen Fitzgerald
11 Actress Lupino
12 Actress Sheedy
14 Elvis flick ___ *Las Vegas*
15 Renée Zellweger movie *Cinderella ___*
17 Musical note
18 Actress Paquin
20 Partner for Pa
22 Russell Crowe hit *3:10 to ___*
25 Diamond, ruby or sapphire
26 *Gossip Girl* star Lively
28 Actor Alan
31 Bout abbreviation
32 Partner for fro
33 Singer Elliott
35 Actress Dunne
37 Springsteen smash "Born to ___"
39 Sunrise
40 Goes with behold
42 *Smallville* star Annette
45 Actress Hawn
48 Clinton's state: abbr.
49 Barbara Walters show *The ___*
52 Actress Arden
53 Actress Maureen
55 *Shopgirl* star Claire
58 TV commercial
59 Compass heading
60 Cyclist Armstrong
62 Comedian DeGeneres
63 Mal de ___ (seasickness)
65 Actress Heche
67 ___ *the World Turns*
69 Privy to
71 Actor Pacino
72 Turner or Kennedy
74 Comedian-actor Jay
75 Actor Gyllenhaal
77 Lawyer group: abbr.
79 Actor Lukas
80 Funnyman Caesar
81 Actress Dyan

DOWN

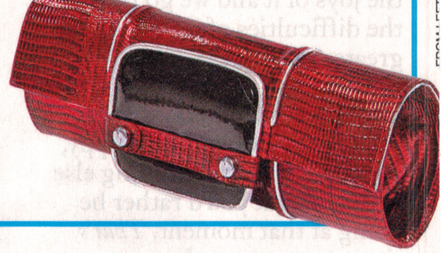
1 *Kinsey* star Neeson
2 *Pollock* actor Harris
3 Sean Penn hit *I Am ___*
4 *Deadwood* actor McShane
5 Chicago train
6 Marisa Tomei hit ___ *Cousin Vinny*
7 Screen great Gardner
8 Actress Longoria Parker
9 Singer K.D.
10 Amy of *Enchanted*
13 Actress Lucy
16 Comedian Sandler
17 Julianne Moore film ___ *From Heaven*
19 Actress Campbell
21 Cameron Diaz hit *There's Something ___ Mary*
22 Positive reply
23 Poet Angelou
24 Title for Mr. McCartney
27 Uma Thurman hit ___ *Bill*
29 Talk host Larry
30 Jodie Foster flick
32 Brad Pitt movie
34 Pierre is here: abbr.
36 Lump
38 Actor Wyle
41 Actress Donna
43 Type of exam
44 Actress ___ Rachel Wood
46 Pitcher Hershiser
47 Former Mrs. Trump
50 Actress Barbara
51 Seattle's state: abbr.
53 *Sin City* star Clive
54 Cooking host Rachael
56 Maiden name word
57 Kind of gin
59 *I Am Legend* star Will
61 Baseball's Ripken
64 Actress Downey
66 Peeples or Long
68 *Will & Grace* star Hayes
70 Refusals
71 ___ Gratia Artis (MGM slogan)
72 Actress Leoni
73 Actor Aykroyd
75 Monogram for Ms. Dench
76 Disco hit makers ___ and the Sunshine Band
78 Actress Derek

WIN IT

Live like a star! Visit lifeandstylemag.com to win this and other amazing prizes from *Life & Style.*

FAB BAG!

One lucky winner will receive a stylish red Gracienne clutch, a favorite of Hollywood's A-list fashionistas. ($248, gracienne.com)



FOR THE ANSWERS TO THIS WEEK'S CROSSWORD, SEE PAGE 79

SUDOKU

HOW TO PLAY:

It's as easy as 1, 2, 3! Don't be afraid of the numbers — math skills have nothing to do with it! Sudoku consists of a large grid separated into nine 3-by-3 minigrids. To complete the puzzle, fill in the missing numbers. Every minigrid and every row (horizontal and vertical) must contain the numbers 1 through 9, without any repeats. The numbers can appear in any order. Don't get frustrated! It may take a little while to figure out the technique that works best for you. And use a pencil — you'll definitely need the eraser!

		6			5			
	7	5	1	2		6		4
2				3		9	5	
6	4	2		9			1	
1			2					
	9	3	6				8	2
5				1	3	8		
	2							
3				6		5	4	

SUDOKU GAME ①

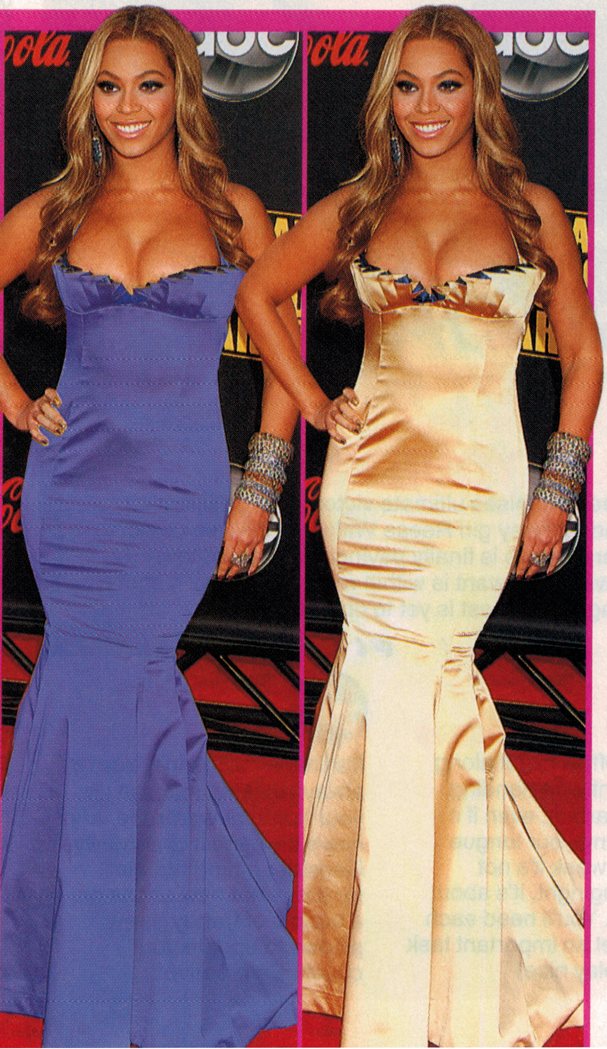
	8		9	7				1
6				3	1	2		8
1	5	7	8	6		4		
	6						1	9
					8			4
7			6				5	
		6						
						3		
3	4		2	5	7		8	6

SUDOKU GAME ②

FOR THE ANSWERS TO THIS WEEK'S SUDOKU, SEE PAGE 79

NEW Photo puzzle

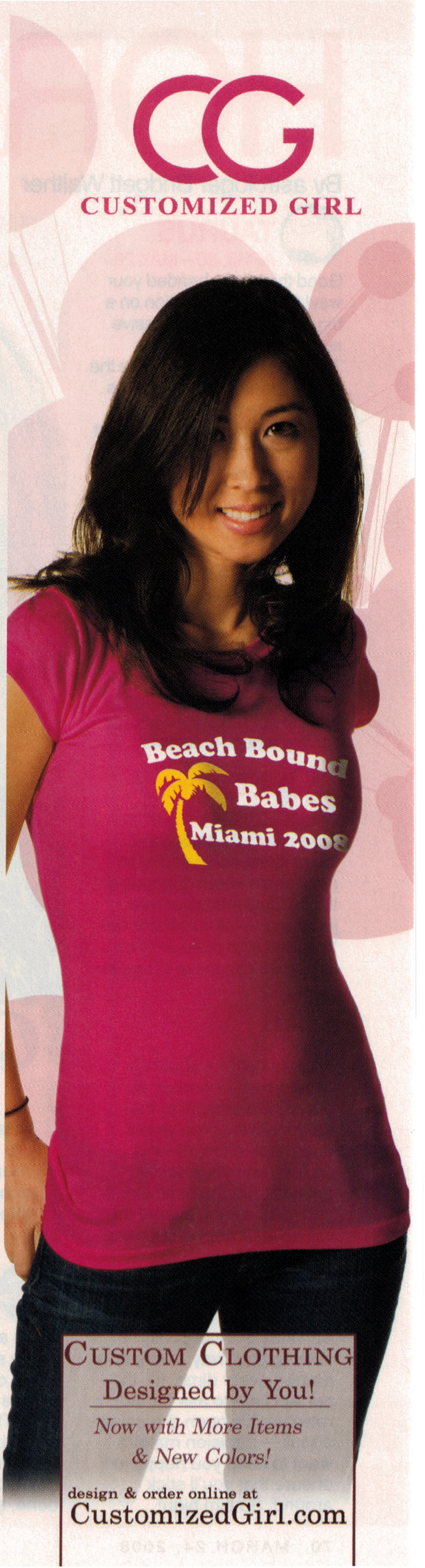
Which dress did Beyoncé wear?



FASHION FUN

Try to spot the star's actual style! Did Beyoncé wear a violet or gold dress? Check the answer below!

Answer: Gold



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HOROSCOPES

By astrologer Bridgett Walther

For the week of March 17 – March 23

TAURUS
APRIL 20 – MAY 20

Good things are headed your way! Careful preparation on a big project brings impressive results for you (and fellow Taurus Jessica Alba) before the end of the week. Just be sure not to share the details with outsiders until everything is set in stone. But don't sweat it — everything will go your way!

GEMINI
MAY 21 – JUNE 20

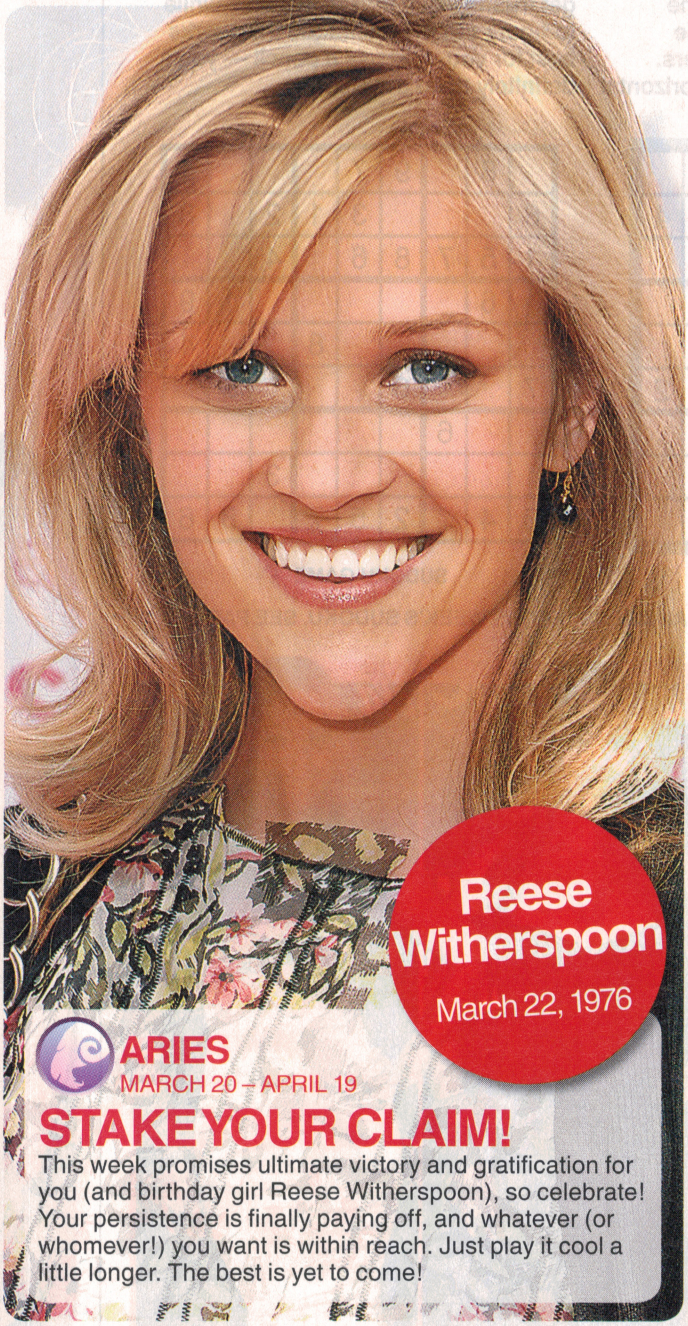
You have a knack for seeing all sides of a situation, but when friends ask you to play peacemaker this week, think twice. This weekend is all about flirting and fun! Rest up and get ready to party. You don't want to spend all your energy solving others' problems!

CANCER
JUNE 21 – JULY 22

Take charge! Landing that job or relationship you're so passionate about depends on timing. Just trust your own judgment — other people do! You (and sign mate Jessica Simpson) can make it happen.

LEO
JULY 23 – AUG. 22

Have questions about an assignment at work or at home? Go straight to the top for advice. You've put enormous effort into this project, and you deserve to get tips from the best. Once you gain insight, everything will be an amazing success!



Reese Witherspoon

March 22, 1976

ARIES
MARCH 20 – APRIL 19

STAKE YOUR CLAIM!

This week promises ultimate victory and gratification for you (and birthday girl Reese Witherspoon), so celebrate! Your persistence is finally paying off, and whatever (or whomever!) you want is within reach. Just play it cool a little longer. The best is yet to come!

VIRGO
AUG. 23 – SEPT. 22

An influx of cash could be coming your way, and you've earned every dime. It's the perfect time to ask for the raise you've been dreaming about — decision makers want to keep you happy to ensure that you'll stick around. So aim high!

LIBRA
SEPT. 23 – OCT. 23

Make an effort to get along with a slightly demanding friend or partner, even if it means biting your tongue a bit. This week it's not about being right, it's about teamwork. You'll need each other to get an important task done, so play nice!

SCORPIO
OCT. 24 – NOV. 22

It's time for a change! You're always looking to spice up your home or wardrobe, and now's the perfect opportunity. Consider hitting the mall for some hot new shoes or a couple of trendy throw pillows to update your couch. Be creative!

SAGITTARIUS
NOV. 23 – DEC. 20

You're almost too hot to handle this week! Your positive energy is contagious, and you're funnier than ever, putting a smile on everyone's face. To take advantage, consider flirting with a stranger or entering a contest. Now is the time to take chances, because you can count on at least one big victory coming your way.

CAPRICORN
DEC. 21 – JAN. 19

You're the heart and soul of a relationship or social group, and you'll finally get the acknowledgement you've been waiting for. Be confident about how essential and irreplaceable you are! Others might not always know how to say it, but they truly depend on you.

AQUARIUS
JAN. 20 – FEB. 18

You (and sign mate Paris Hilton) are making an impression this week, and it seems there's nothing you can't do! Reveal a hidden talent you're passionate about and you'll gain admiration for your brilliant ideas and performance. The icing on the cake? A romance is on the way!

PISCES
FEB. 19 – MARCH 19

Take advantage of an opportunity to attract more money this week. And smile — you (and Pisces Ellen Page) are on a roll! Figure out what you want. A new car? A more meaningful relationship? It doesn't matter. Whatever it is, aim high and stand strong for the things you believe in the most. You've got loads of power, so channel it toward something positive!

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Who has a CUTE
Who DOESN'T

Not every star looks as good from behind!

More than stars' faces need to be camera-ready at all times. A-listers these days have to worry that every inch of their bodies looks hot — including their backsides. "Stars strive to have flawless bodies, and that means having a perfect butt," says lifestyle expert Tracey Mallett, author of *Sexy in 6.* "They may not act like it, but they work really hard, through diet and exercise, to look that good." We believe it!

CUTEBUTT

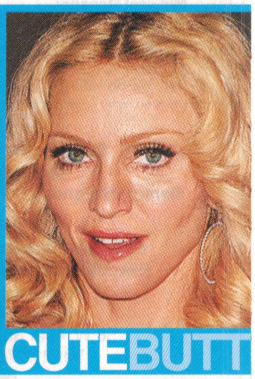
SHE'S 100 PERCENT NATURAL

Kim Kardashian's derriere is so ample, rumors have swirled that she has butt implants. The reality star swears her booty's totally real.

NOTCUTEBUTT

SHE HAS CELLULITE!

Even Mischa Barton isn't immune to female-body troubles. While on a recent trip, the actress showed a few dimples.



CUTEBUTT

HER TUSH IS ALMOST 50!

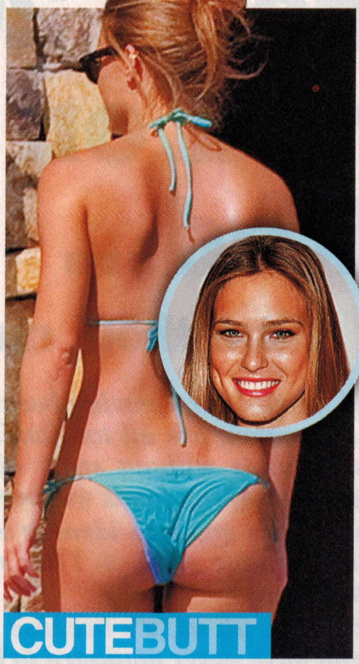
As Madonna approac the half-century mark (on Aug. 16), her body looks better than ever! Mallett says Madge's is "chiseled and define but not too bulky."

BUTT and

NOTCUTEBUTT

WAY TOO MUCH

Ice-T's wife, Coco — not exactly known for subtlety — showed off her ample assets at a bash in New York City.



CUTEBUTT

IT'S LEO'S FAVORITE!

No wonder Leonardo DiCaprio is smitten with steady gal pal Bar Refaeli. The *Sports Illustrated* swimsuit model has the tightest, perkiest tush in Tinseltown!

CLOCKWISE FROM LEFT: INF PHOTO; STORMS MEDIA GROUP; POLARIS; FILMMAGIC; SPLASH (2); INF PHOTO (2); IPHOTO; SPLASH; JPI; STARTRAKS; INF PHOTO

CUTEBUTT

HER HEINIE IS POSITIVELY HEROIC

It doesn't come much cuter than Hayden Panettiere's rear view. "She has a petite frame," Mallett says of the 5-foot-1 star. "It looks like she does a lot of Pilates or yoga because her glutes have great definition."

NOTCUTEBUTT

WHAT A BUM-MER!

It looks like Teri Hatcher (here on a Mexican vacation in 2007) doesn't have *enough* junk in her trunk. In fact, her butt is as flat as a pancake!

CUTEBUTT

BROOKE'S GOT BACK!

Brooke Hogan showed off a newly toned physique while sunning in Miami Beach recently.

Hot tush-toning tips!

- Tighten glutes with a series of small side leg lifts while waiting in line.
- Do lunges across the room during television commercials.
- Squat while shifting weight side to side to strengthen muscles.

ADVERTISEMENT

Patricia Kerr tells

How I managed to lose 37 pounds in 20 days and carried on eating what I liked...

...without any effort and without medications*

The story below of this 35 year old woman is so moving because it describes a problem that we, as women, are all too familiar with: How can we lose our excess pounds without strict diets, medications or having to deprive ourselves of the foods we love?

By reading her story, so many women are going to identify with Patricia Kerr. Luckily for her, she was able to find THE new product that everyone is talking about now.

If today, she decided to share her story with us, it's because she wants to encourage all the women who have never managed to lose weight – or who regained the pounds they had lost – not to lose hope. Here's why, as you are soon going to see, her experience is truly a success story.

Special Correspondent: Laura Verdi

All the women in my family are overweight

When I was 31, my boyfriend and I decided to get married. I only suspected that I may be developing a weight problem when I was being fitted for a wedding dress. It wasn't that I didn't have a weight problem before then – after all, I was teased as a child because I was chubby. However, during my teens, I was slim and kept my figure, but only because I always carefully watched what I ate.

Since all the women in my family have a tendency to be rather "robust", I always tried to keep my weight under control. My mother weighs more than 175 pounds, my older sister weighs about 160 pounds and they're no taller than 5'3".

On my wedding day, I was at about 120 pounds…125 at the most. I wasn't exactly "supermodel thin" but I was "well-proportioned." But this all changed 11 months later with the birth of my son Paul. No matter how hard I tried, it was impossible for me to lose the 40 pounds I'd put on during my pregnancy!

I began to worry about what other people thought of me

I was becoming increasingly depressed about my excess weight. So, before it got out of control, I decided to see a doctor. But all he could tell me was, "You need to lose weight", as though I didn't know that already! He recommended an intensive diet and exercise plan which took up several hours per week over several weeks. What he suggested wasn't realistic for me. Everyone at home depends on me, especially my 2 year-old son. Basically, this doctor couldn't do anything for me. I was putting on more and more weight. What really upset me was what my family and friends must have thought of me, especially my husband. He wasn't supportive at all. He would make me feel bad about myself by making such comments as "better yourself", "do something about it!" or "react".

As I realized that our relationship was in jeopardy, I decided to do something…

I tried absolutely everything

Discouraged, I started experimenting with various methods – appetite suppressants, creams, diets, medications… It was all in vain. I spent a fortune and had nothing to show for it.

Sometimes, I managed to lose a few pounds, but as soon as I stopped the treatment, I quickly regained the pounds I lost and sometimes, even more. It was driving me nuts.

That's how I reached an impressive 174 pounds at a height of just 5'3". I looked like a "blimp". I was desperately looking for a way to lose all this weight which was making my life so miserable.

I wanted to try this new product that everyone was talking about

I heard about this new treatment on TV and read about it in some health magazines. This treatment had really helped women who were unable to lose weight on their own, to finally lose their excess pounds. I read about a young woman whose story sounded very similar to mine. Like me, she gained a lot of weight during and after her pregnancy. But thanks to this treatment, she managed to lose 35 pounds in only 4 weeks…

Because I'd been so disappointed by all the weight-loss products that I tried before and which didn't work, I was skeptical that this one would be any different. But, this one had a full money-back guarantee if it didn't work for me, so I had nothing to lose by trying it. I called and placed an order and

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AFTER
BEFORE

Since I lost nearly 54 pounds, my life has changed. My husband has fallen in love with me all over again.

I had tried absolutely everything. I became upset about the way I looked and discouraged about not being able to lose weight.

UNRETOUCHED AMATEUR PHOTOGRAPHS

received it a few days later. I was really surprised. It said that the treatment had been specifically designed for women like me. I could lose weight and still eat normally. It was great! I didn't have to go on any strict diet and I was able to carry on cooking for my family. I just couldn't believe it. It seemed too good to be true!

I finally discovered a product that helped me become a slim woman!*

The day after I received my package, I began my *REMovyl Advanced Formula* treatment (that's the name of the product that changed my life). It was the day that my husband and I had planned to take our son Paul to the amusement park. Surrounded by all the delicious fast foods and sweets I've always liked, dieting was the last thing on my mind. So, I had a bit of everything, French fries, pizza, ice cream, candy – and to finish off the day in style, we treated ourselves to a meal in a lovely restaurant by the lake. And when I stepped on the scale the following morning, I had still managed to lose 2 pounds!* It was unbelievable. And truly motivating....

11 pounds in less than a week*

I was surprised to see how fast I was losing the first few pounds. So, I followed the instructions for my treatment precisely... It was really simple: I only had to let one tablet dissolve under my tongue on an empty stomach every morning. ...and to watch my weight drop.* Then, I carried on eating as normal and followed my daily routine.* I literally "melted away". I had lost 11 pounds in less than a week without changing my eating habits and without any strict diet*. Strangely enough; the progress of my weight loss was very similar to that of the young woman I had read about.* She said that she had lost an average of between 9 and 11 pounds per week, and it was the same for me*!

My husband was baffled when he saw how fast I was losing weight!

After that, everything happened so fast. I checked my weight every other day and each time, my weight had dropped again! My clothes were starting to feel loose. Imagine how I felt when I managed to fit into my old jeans again... and they're back in style! I'd lost 20 pounds in 10 days.* My husband couldn't believe his eyes. He watched me eating as usual and yet the pounds kept dropping off. So, one day, I shared my "little secret" with him and he was really impressed!

When some of my friends who I hadn't seen for a couple of weeks saw me, I was already 20 pounds slimmer. They, too, couldn't believe it. Some of them thought that I must have gone to a weight-loss clinic. Actually, I lost 37 pounds in just 20 days and a total of 54 pounds in record time – something which had never happened to me before!*

It seemed like a miracle to me*

It was my husband who was the most excited about the results. It's as though he has fallen in love with me all over again. He often takes me in his arms and shows me how much he loves my new body! I'm sure he's as proud of my success as I am.

As far as I'm concerned, I feel like a new woman with lots of vitality and a new zest for life. The other day, I found myself singing as I was doing the housework, something I hadn't done in a long time! And the most fascinating thing is that I haven't put on a single pound since I finished the treatment.* My weight has stabilized at 120 pounds, which is my ideal weight.* And I can eat anything I like without gaining any weight.*

Now that I've reached my ideal weight, it's not difficult for me to keep it.* Once a month, I dissolve one *REMovyl Advanced Formula* under my tongue, in the morning, for 3 straight days and that's it!* No weight gain or loss.* And if one day I wanted to lose another few extra pounds, now I know how I can easily do it.* All I'd have to do is to take one *REMovyl Advanced Formula* tablet per day for a week.* But I think that my husband wouldn't be very pleased, though; he loves me the way I am now.

Patricia Kerr

You too can lose one pound in the first 8 hours!*

If you follow the simple instructions as I did, without changing your normal routine, you are going to start losing weight immediately.* You can easily lose 8 to 10 pounds per week until you have reached your ideal weight.* After that, you will not regain the pounds you have lost, as your weight will have stabilized.* You will keep your figure and no one will ever suspect that you were once heavier.* You will be proud of your slim figure and feel like a new person. You will feel more attractive and more confident. And you will no longer have those cravings – Enemy Number One of so many women who have become downright obsessed with losing weight.* Once you are slim, a new life begins. Now, you have the chance to try, risk-free, the product that everyone is talking about.

Choose here the *REMovyl Advanced Formula* treatment which best matches your requirements.

Regular: to lose up to 10 lbs.* Only $29

Intensive: to lose between 11 and 20 lbs.* Only $49

Super Intensive: to lose between 21 and 30 lbs.* Only $69

Extra-Strength: to lose between 31 and 45 pounds.* Only $89

A $6 handling and first-class delivery fee will be added to your order.

For a risk-free trial of *REMovyl Advanced Formula*, order right now by calling 1-800-586-0155 toll-free (24/7) and ask for the treatment that best suits your needs.
Or visit:
www.REMovylAdvancedFormula.com/RA004

(please, turn over for more details...)

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These are the essential oils that are going to make you slim*

"Some women have already lost up to 22 pounds in one week".*

Question: How can taking a few plants and essential oils help you lose weight if you continue to eat as you usually do?

Answer: *REMovyl Advanced Formula* is the leader of a new generation of weight-loss products. Recent studies have shown that the combination of 13 known essential oils prevents fat from building in the body by stimulating the body to break it down and to eliminate it on a daily basis.* This combination of essential oils has become what may be the fastest and most efficient way to lose weight that has ever been observed with an entirely natural product!*

Question: Who should use this combination of plants and essential oils?

Answer: Any woman (or man) who suffers from serious weight problems and would like to lose 10 pounds or more, who have tried, unsuccessfully, going on diets and have never achieved any long-term results using other methods or medicines.*

It is a treatment that is suitable for anyone who is not able to cut down on calories the normal way, or suffers from a lack of willpower.*

Question: Does the weight come off quickly?

Answer: At the beginning – yes. In fact, it drops very quickly. It is possible to lose up to 2 pounds per day in the first three weeks, without any effort.*

Question: How does it work?

Answer: The treatment includes a bottle containing 15 tablets, offered for free, as well as 2, 4, or more, bottles of 15 *REMovyl Advanced Formula* tablets each. All you need to do is to dissolve one tablet under your tongue every morning on an empty stomach. Start using the tablets in the free sample box and carry on eating as normal. You are going to notice that your weight will have dropped by almost one pound in as little as 8 hours.* Look at yourself in the mirror and watch your body becoming slimmer and more beautiful each and every day. No false promises – with *REMovyl Advanced Formula*, the results are visible, measurable and noticeable! All this can be achieved:

WITHOUT willpower
WITHOUT any strict diet
WITHOUT strenuous exercises

Question: What kind of essential oils are in the *REMovyl Advanced Formula*?

Answer: The treatment consists of 13 essential oils: Wild Rosemary, Sage, Caraway, Juniper, Coriander, Sweet Basil, Fennel, Cinnamon Rose, Red Clover, Star Anise, Sweet Orange, Tasmanian Blue Eucalyptus and Black Peppermint. Each one has its own special function and works in a specific way on the body. These medicinal herbs, from which the concentrated oils are extracted, have been used for centuries as natural remedies for various disorders. Some have diuretic properties; while others affect digestion, or reduce the build-up of gas in the intestines.*

Question: What guarantee do I have that I can keep my ideal weight once I have lost the extra pounds?

Answer: As you have probably noticed, it is very easy to gain back all the weight you may have lost through strict dieting or medications. This tablet weight-loss plan, however, is not only going to help you lose weight but it is going to ramp up your entire metabolism in a very gentle way.* You don't need to worry about gaining back the weight because the process of burning and converting calories in your body is going to function in the same way as in those who can eat what they want without ever gaining weight.*

Whether you would like to lose 10, 20, 30 or even 40 pounds or more with this revolutionary weight-loss plan, you are going to definitely achieve your ideal weight, a figure you can be proud of and a new zest for life.*

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As soon as you receive your *REMovyl Advanced Formula* tablets, start by taking the free-trial sample of 15 tablets that is going to be added to your package at absolutely no extra cost (one tablet every morning before you eat). If you do not achieve amazing results, simply send the remaining bottles back and we will refund you for the total purchase price, including the shipping charges. No questions asked and no conditions.

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Diva or down-to-earth?

down-to-earth

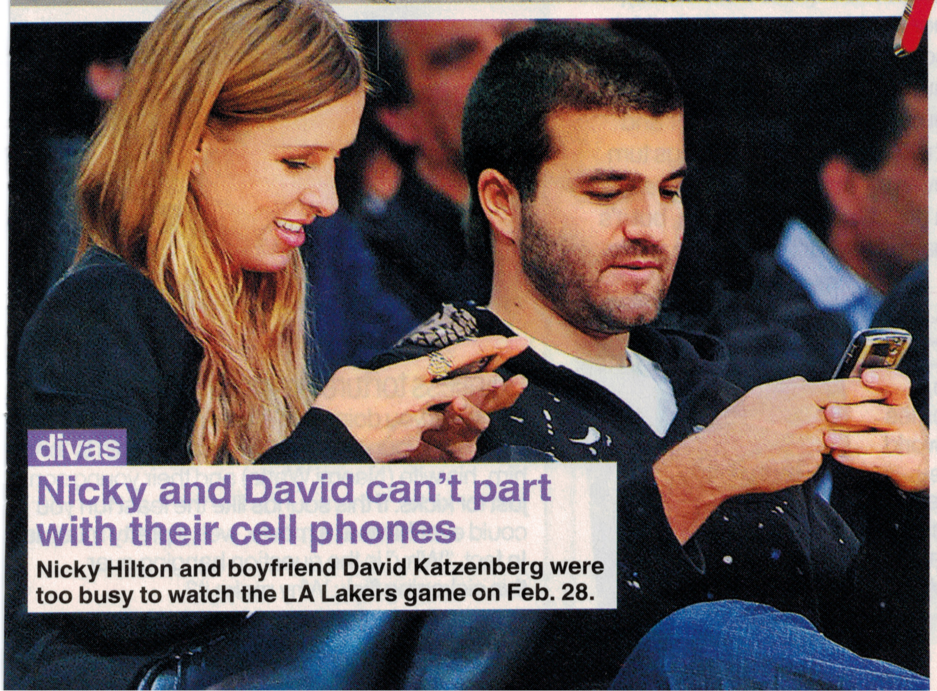
Carmen gets stuck

Carmen Electra, here with beau Rob Patterson in NYC on March 3, is usually so put together, but even she's not immune to the occasional heel-in-the-grating mishap.

diva

Marcia needs extra sun protection

Marcia Cross went to great lengths to protect her fair skin from the sun on the LA set of *Desperate Housewives* on Feb. 29.



divas

Nicky and David can't part with their cell phones

Nicky Hilton and boyfriend David Katzenberg were too busy to watch the LA Lakers game on Feb. 28.

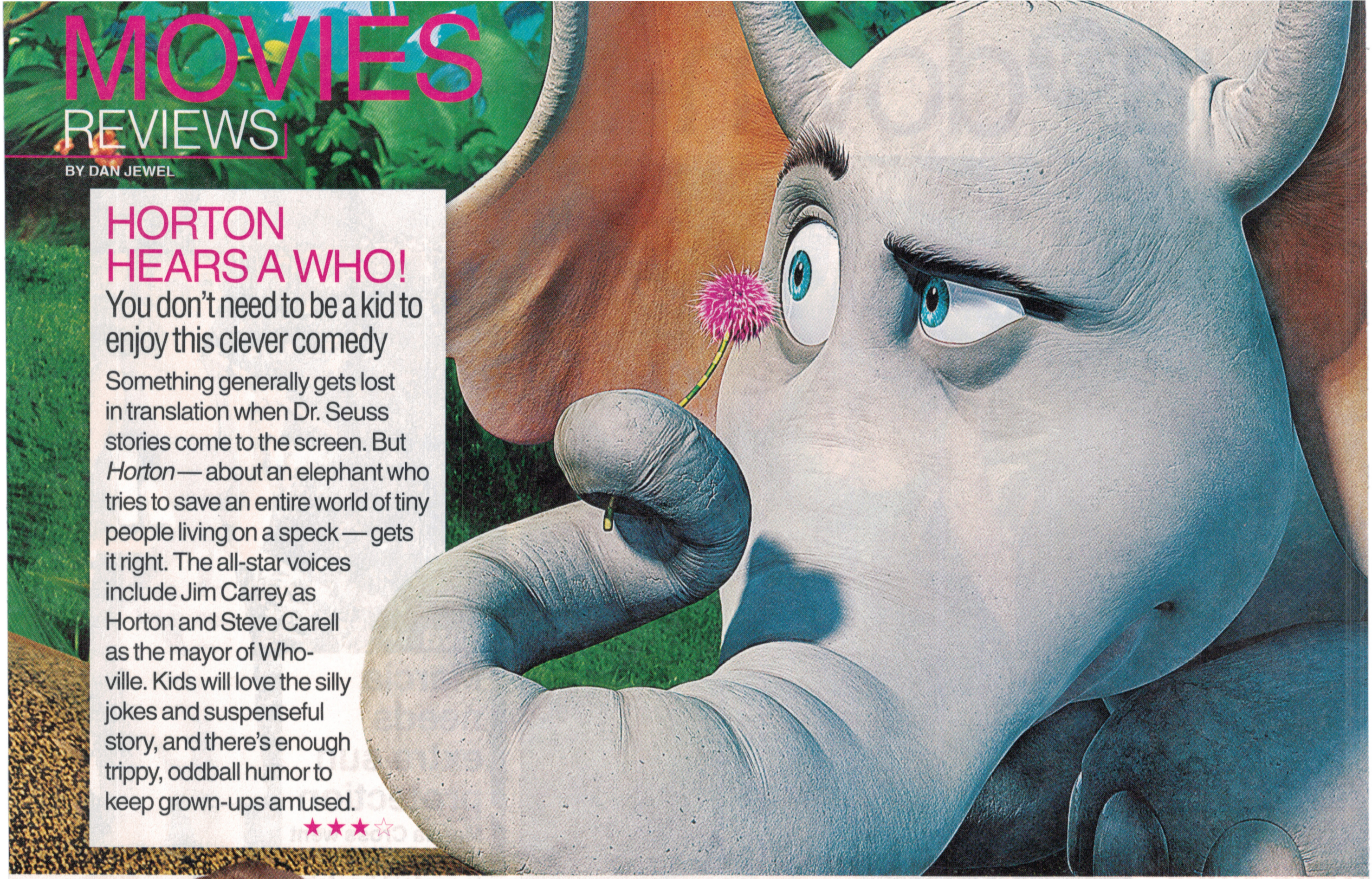
down-to-earth

The Queen stops by an H&M!

H&M got the royal treatment on Feb. 29, when Queen Elizabeth II visited the refurbished King Edward Court Shopping Centre in England.

MOVIES
REVIEWS

BY DAN JEWEL



HORTON HEARS A WHO!

You don't need to be a kid to enjoy this clever comedy

Something generally gets lost in translation when Dr. Seuss stories come to the screen. But *Horton* — about an elephant who tries to save an entire world of tiny people living on a speck — gets it right. The all-star voices include Jim Carrey as Horton and Steve Carell as the mayor of Whoville. Kids will love the silly jokes and suspenseful story, and there's enough trippy, oddball humor to keep grown-ups amused. ★★★☆

SNOW ANGELS

A captivating, tragic drama

Two gunshots ring out. *Snow Angels* traces the weeks leading up to the unseen shooting, focusing on a group of small-town characters, including a single mom (Kate Beckinsale), her troubled ex and a dorky high school boy. For a while it's like a puzzle — we're trying to figure out who will be the shooter and the victim — but then things turn overwhelmingly tragic. *Angels* is a beautifully made drama, but it's painful to watch. ★★★☆

FUNNY GAMES

Pointless torture pretending to be artsy

"Why are you doing this?" asks George (Tim Roth when two young men show up and begin to tortur him, his wife (Naomi Watts) and their young son, just for kicks. If this sounds like the least fun you could ever have at a movie, well, it pretty much is. In fact, "Why" is the question hanging over this sickening flick: Why make it? ★☆☆☆

DVD

ENCHANTED

In this charming film, animated Giselle comes to life after being evicted from her fantasy world and landing in NYC. There, the soon-to-be princess (Amy Adams) finds an unexpected suitor (Patrick Dempsey). A behind-the-scenes look at the lyrical scenes makes the DVD a complete Disney adventure. —*B.K.S.* ★★★☆

Walt Disney Pictures presents
Enchanted
A New Disney Classic With A Twist.

TV REVIEWS

BY BARBARA KIMBERLY SEIGEL AND MARK MCGARRY

MISS/GUIDED

A comedy that proves high school never changes

Becky (*27 Dresses*' Judy Greer) returns to school as a guidance counselor, assuming she's outgrown her awkward high school days — until her popular former nemesis Lisa (Brooke Burns) is hired. Lisa, of course, competes with Becky for the attention of the hot mechanic turned Spanish teacher. Greer is perfect as the quirky, unassuming counselor trying to impart her "wisdom" to her students — but the character's optimism can be overbearing. —*B.K.S.* **Tue., March 18, 10:30 p.m., ABC** ★★⯪☆

Jamie Lynn Spears guest-stars as a troubled student in the second episode, shot before she announced her pregnancy.

Answers to this week's puzzles

L	E	S	L	I	E	■	M	I	A	■	E	L	L	A
I	D	A	■	A	L	L	Y	■	V	I	V	A	■	D
A	■	M	A	N	■	I	■	F	A	■	A	N	N	A
M	A	■	D	■	Y	U	M	A	■	S	■	G	E	M
■	B	L	A	K	E	■	A	R	K	I	N	■	V	S
T	O	■	M	I	S	S	Y	■	I	R	E	N	E	■
R	U	N	■	L	■	D	A	W	N	■	L	O	■	R
O	T	O	O	L	E	■	■	■	G	O	L	D	I	E
Y	■	A	R	■	V	I	E	W	■	R	■	E	V	E
■	O	H	A	R	A	■	D	A	N	E	S	■	A	D
S	W	■	L	A	N	C	E	■	E	L	L	E	N	■
M	E	R	■	Y	■	A	N	N	E	■	O	■	A	S
I	N	O	N	■	A	L	■	I	■	T	E	D	■	E
T	■	M	O	H	R	■	J	A	K	E	■	A	B	A
H	A	A	S	■	S	I	D	■	C	A	N	N	O	N

CROSSWORD

9	3	6	8	4	5	2	7	1
8	7	5	1	2	9	6	3	4
2	1	4	7	3	6	9	5	8
6	4	2	3	9	8	7	1	5
1	5	8	2	7	4	3	9	6
7	9	3	6	5	1	4	8	2
5	6	7	4	1	3	8	2	9
4	2	9	5	8	7	1	6	3
3	8	1	9	6	2	5	4	7

SUDOKU PUZZLE ①

2	8	3	9	7	4	5	6	1
6	9	4	5	3	1	2	7	8
1	5	7	8	6	2	4	9	3
4	6	8	3	2	5	7	1	9
9	2	5	7	1	8	6	3	4
7	3	1	6	4	9	8	5	2
5	1	6	4	8	3	9	2	7
8	7	2	1	9	6	3	4	5
3	4	9	2	5	7	1	8	6

SUDOKU PUZZLE ②

AMERICA'S PROM QUEEN

It's okay to miss this prom

Every girl wants to be prom queen. At least that's what this ghastly new reality series, which pits 10 young ladies against one another as they vie to be crowned the winner, wants the viewer to believe. The first teen sent home (after forking over her tiara!) is so devastated, one shudders to think how she'll react when faced with a *real* tragedy. —*M.M.* **Mon., March 17, 9 p.m., ABC Family** ⯪☆☆☆

SNEAK PEEK

DANCING WITH THE STARS

Twelve high-wattage celebrities take the stage trying for a perfect 10!

The sixth installment of the celebrity dance-fest returns with judges Carrie Ann Inaba, Len Goodman and Bruno Tonioli evaluating the new cast of celebs and their pro partners. Tune in as Shannon Elizabeth, Priscilla Presley, Kristi Yamaguchi and others tear up the dance floor. **Mon., March 17, 8 p.m., ABC**

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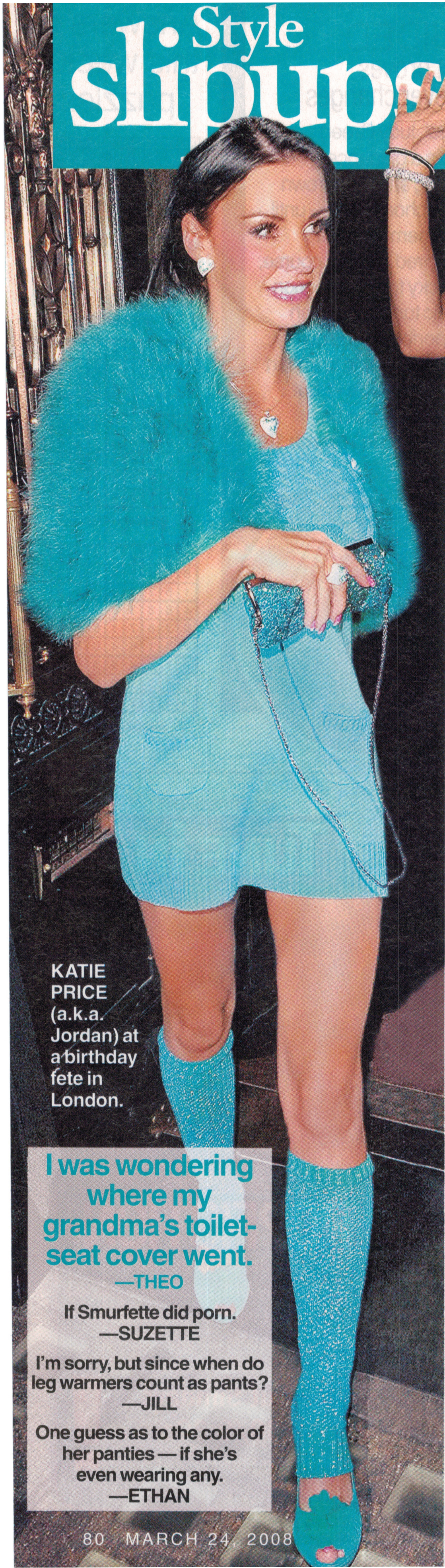
Style slipups



KATIE PRICE (a.k.a. Jordan) at a birthday fete in London.

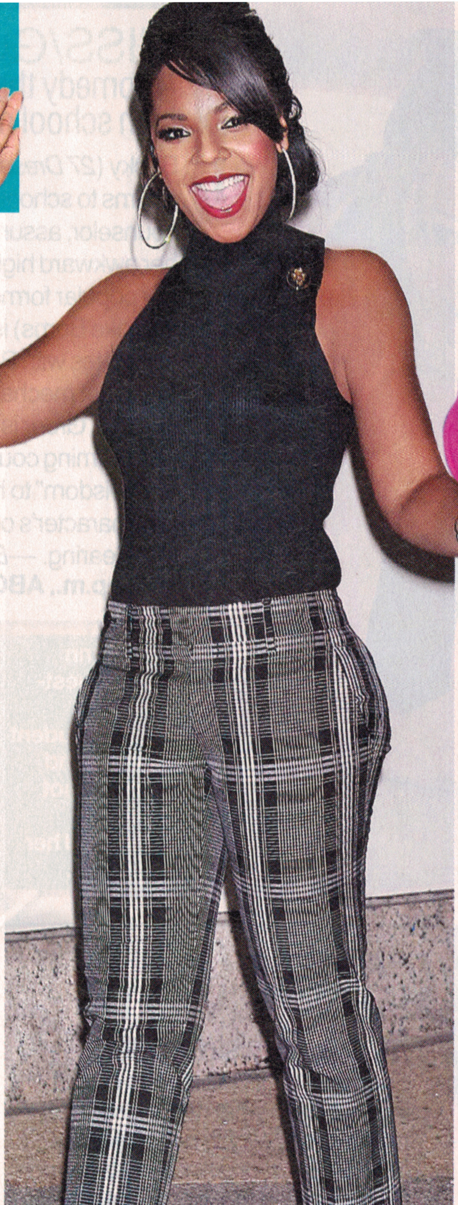
I was wondering where my grandma's toilet-seat cover went.

—THEO

If Smurfette did porn.
—SUZETTE

I'm sorry, but since when do leg warmers count as pants?
—JILL

One guess as to the color of her panties — if she's even wearing any.
—ETHAN



ASHANTI in NYC for a TV appearance.

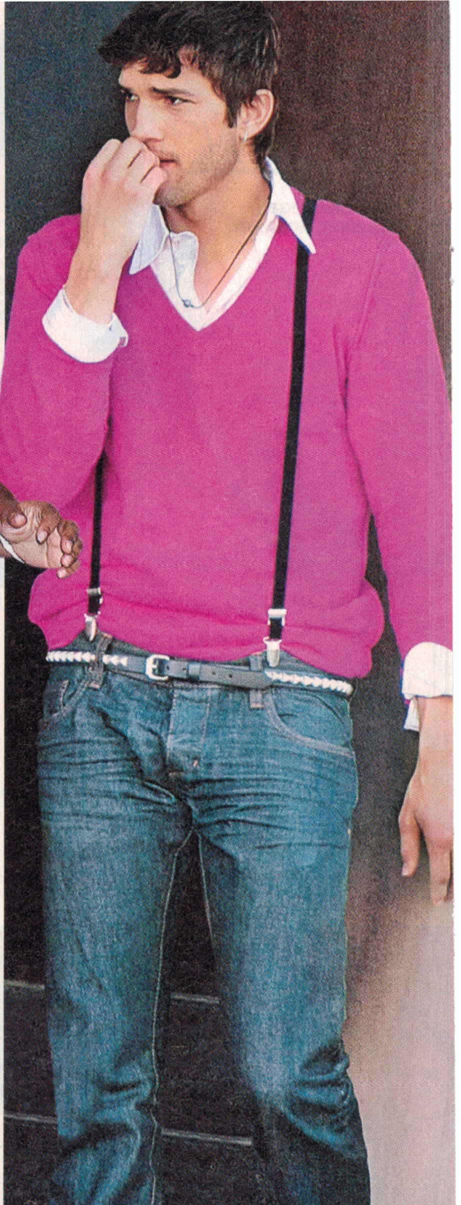
Do you think her pockets dispense Scotch tape?

—BERNIE

Sooner or later, we all need to stop shopping in the juniors department.
—JILL

She just needs a tacky set of golf clubs and she's all set.
—SHELAGH

Those pants are many things — but they're not afraid of heights.
—THEO



ASHTON KUTCHER on a Hollywood movie set.

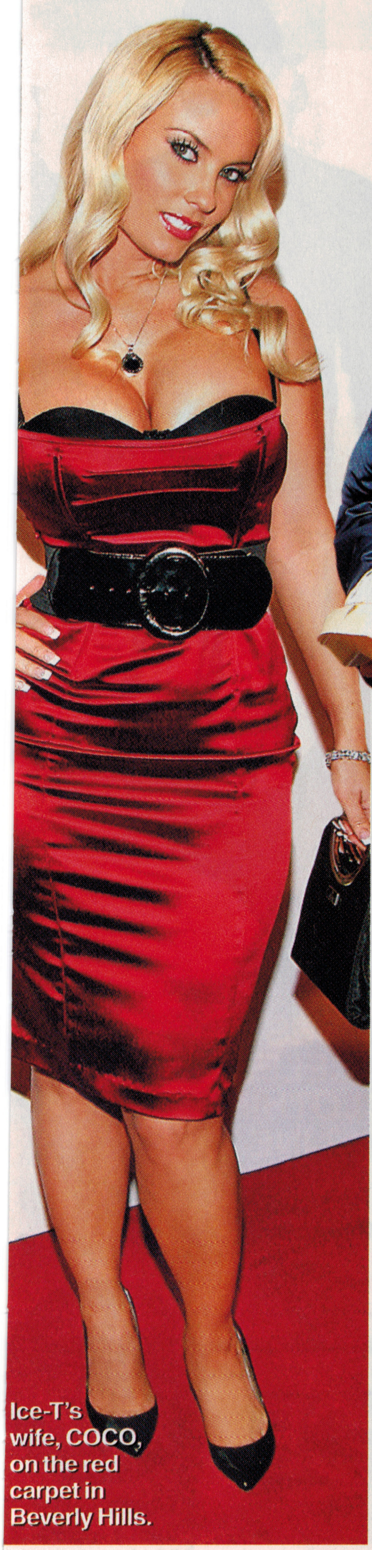
Look who's been raiding his stepdaughters' closets again

—TED

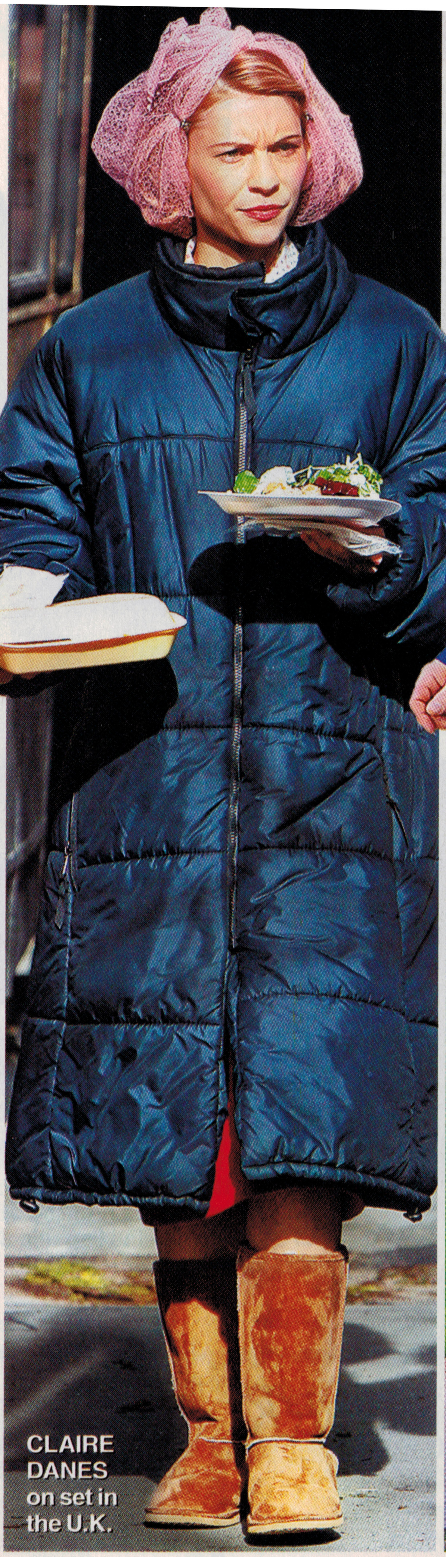
His fashion inspiration: Billy Elliot
—THEO

Yeah, I'd be nervously chewing my fingernails, too, if I left the house wearing something like that.
—AARON

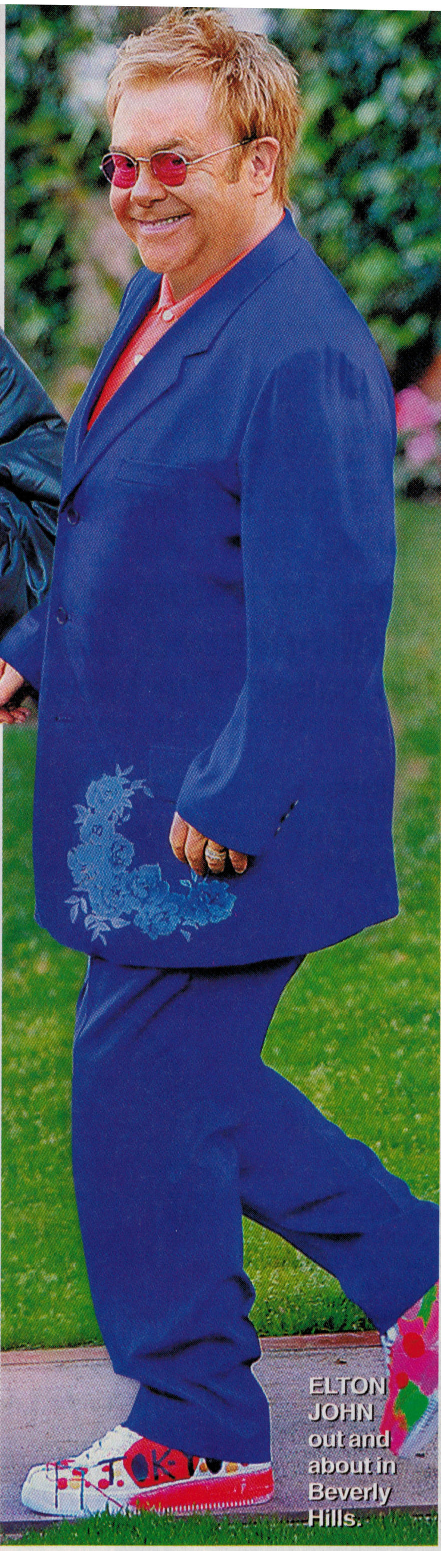
Dude! Where's your taste?
—SUZETTE



Ice-T's wife, COCO, on the red carpet in Beverly Hills.



CLAIRE DANES on set in the U.K.



ELTON JOHN out and about in Beverly Hills.

FROM LEFT: WENN; INF PHOTO; ON LOCATION NEWS; WIREIMAGE; SPLASH; SNAP PIX

How embarrassing, her bra straps are showing.

—AARON

Let's hope she used industrial-strength thread on that dress.
—JILL

t's always nice to see natural beauty celebrated in Hollywood.
—SUZETTE

My God, that dress is pulled tighter than Joan Rivers.
—MICAH

I've heard of bag ladies, but sleeping bag ladies?

—SUZETTE

Gee, I can't imagine why Claire can't find anyone to sit with in the cafeteria.
—TED

Unless she's playing Frenchy in *Grease*, there's no excuse.
—KATINA

Does she sling hash at a diner as her side job?
—BERNIE

Is he starring in the live-action version of Barney?

—SHELAGH

Well, at least he's not wearing a feather boa — that would be overkill.
—TED

Cookie Monster called. He'd really like his favorite suit back.
—MICAH

Is Elton borrowing shoes from Punky Brewster again?
—THEO

THIS WEEK'S JOKES BY:

Aaron Aryanpur
aaronaryanpur.com

Ted Casablanca
eonline.com

Katina Corrao
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Micah McCain
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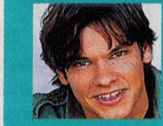

Theo Von
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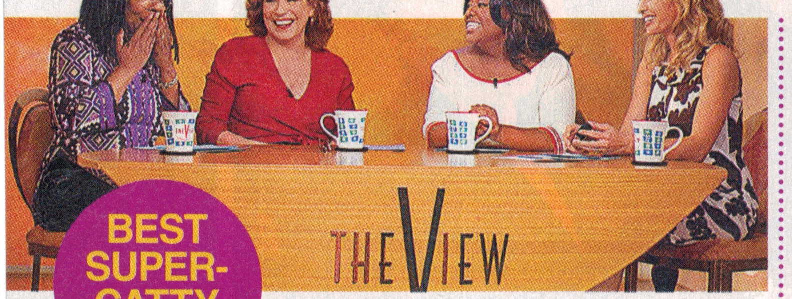
Best of the week



BEST SUPER-CATTY JOKE

"There's a building in NYC that's keeping loiterers away by using a device that plays high-pitched, annoying sounds. It's called *The View*."

—Craig Ferguson on *The Late Late Show With Craig Ferguson*

BEST CELEB CLOTHING LINE

Now that Paris Hilton's sporting clothes by DCMA Collective — co-owned and designed by her Good Charlotte rocker beau, Benji Madden, and his twin brother, Joel — the line will be *the* A-list label of choice when the flagship store opens this month in LA. DCMA Collective women's Eighty-8 T-shirt, $25, dcmacollective.com

BEST COCKTAIL FOR BIG KIDS

This kitschy but deliciously sweet drink, served at Las Vegas hot spot Noir Bar, is a huge hit with *The Hills*' Brody Jenner and other stars.

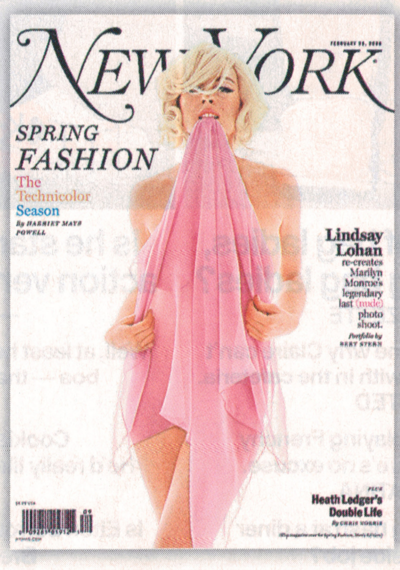
THE PB&J COCKTAIL

- 1½ oz. Belvedere vodka
- ¾ oz. Nocello walnut liqueur
- ¾ oz. Pallini Raspicello
- 1 tbsp. peanut butter
- 1 oz. rock candy syrup
- A few raspberries for garnish

Mix peanut butter, Raspicello, syrup and vodka in a shaker until peanut butter dissolves. Add remaining ingredients and shake. Strain into a chilled cocktail glass rimmed with peanut butter. Garnish with raspberries.

BEST PREVIEW

Judging from a new YouTube trailer, the Anna Nicole Smith biopic (starring *Dancing With the Stars* alum Willa Ford, complete with Anna's baby voice) is even campier than expected!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The Technicolor Season
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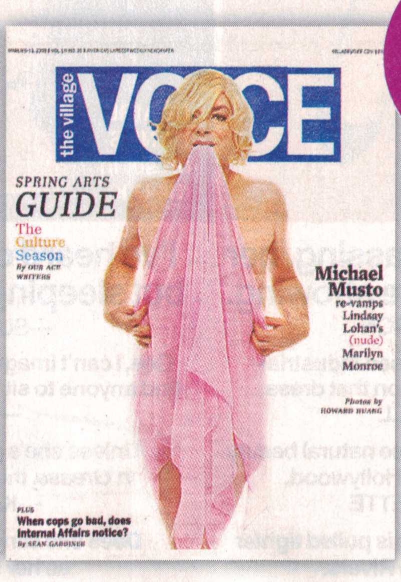
Lindsay Lohan re-creates Marilyn Monroe's legendary last (nude) photo shoot.
Portfolio by BERT STERN
PLUS
Heath Ledger's Double Life
By CHRIS NORRIS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By OUR ACE WRITERS
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Photos by HOWARD HUANG
PLUS
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By SEAN GARDINER

BEST NUDE-COVER SPOOF

What's sexier than a naked Lindsay Lohan channeling Marilyn Monroe on the cover of *New York Magazine*? Male gossip columnist Michael Musto embracing *his* inner *Linds* on the cover of *The Village Voice*!

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